### Torvian Menu Week #4, 2020

**Monday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

- **Bravo**
  - Theme Meal: Eggs
  - Featured Item: BBQ Half Chicken

- **Inspired Eats**
  - Featured Item: Fresh wood-oven pizza, chef-created specials

**Tuesday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

- **Bravo**
  - Theme Meal: Eggs
  - Featured Item: BBQ Half Chicken

- **Inspired Eats**
  - Featured Item: Fresh wood-oven pizza, chef-created specials

**Wednesday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

- **Bravo**
  - Theme Meal: Eggs
  - Featured Item: BBQ Half Chicken

- **Inspired Eats**
  - Featured Item: Fresh wood-oven pizza, chef-created specials

**Thursday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

- **Bravo**
  - Theme Meal: Eggs
  - Featured Item: BBQ Half Chicken

- **Inspired Eats**
  - Featured Item: Fresh wood-oven pizza, chef-created specials

**Friday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

- **Bravo**
  - Theme Meal: Eggs
  - Featured Item: BBQ Half Chicken

- **Inspired Eats**
  - Featured Item: Fresh wood-oven pizza, chef-created specials

**Saturday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

- **Bravo**
  - Theme Meal: Eggs
  - Featured Item: BBQ Half Chicken

- **Inspired Eats**
  - Featured Item: Fresh wood-oven pizza, chef-created specials

**Sunday**

- **Breakfast**
  - Breakfast Meat: Sausage Links
  - Cheese: Muenster
  - Beef: Roast Turkey Breast
  - Ham: Canadian Bacon
  - Sausage: Sausage Links

- **Soup**
  - Chili (GF)

- **Bell Tower Deli**
  - Full Station Feature: Deli
  - Featured Item: Sausage Link

- **The Oven**
  - Theme Meal: Eggs
  - Featured Item: Beef Stroganoff (GF)

- **Parkside Lunch**
  - Theme Meal: Sushi
  - Featured Item: Miso Tuna (GF, D)

- **Parkside Dinner**
  - Theme Meal: Eggs
  - Featured Item: Peri Peri Chicken (GF, D)

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**Symbol Key:**
- V=Vegetarian
- S=Soy
- F=Fish
- P=Peanut
- SH =Shell Fish
- D=Dairy
- GF=Gluten Free
- TN=Tree Nut
- VGN=Vegan

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**Fresh fruits and vegetables available daily:**
- Students/Staff
- Wood-oven pizza
- Craft beers
- Seasonal fruit/vegetables
- Freshly grated salads

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**Flavorful Break: Healthier choice**
- All fresh ingredients, made-to-order cage-free eggs prepared daily any way you'd like them! Whole eggs, scrambled egg mixture, and egg whites, and breakfast potatoes.
- Brunch is served Saturday and Sunday, which includes a Omelet Bar (served on Bravo)

**Kids:**
- All day, every day
- Half price on all Build-Your-Own-Pizza

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**Full Salad Bar featuring 18 toppings and 4 different fresh seasonal fruits**

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**Fresh fruit/yogurt available daily**
- Fresh wood-oven pizza
- Freshly grated salads
- Seasonal fruit/vegetables
- All day, every day
- Half price on all Build-Your-Own-Pizza

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**All day, every day: Alkaline water, tea, coffee**
- Fresh wood-oven pizza
- Freshly grated salads
- Seasonal fruit/vegetables
- All day, every day
- Half price on all Build-Your-Own-Pizza