

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Breakfast	A Variety of made -to-order cage free eggs prepared daily any way you'd like them! Whole eggs, scrambled egg mixture, and egg whites, and breakfast potatoes. Brunch is served Saturday and Sunday, which includes a Omelet Bar (served on Bravo) Fresh fruits and yogurts also available daily on the Salad Bar.							
	Breakfast Meat	Sausage Link	Breakfast Ham	Corn Beef Hash	Bacon/Turkey Bacon	Sausage Link	Breakfast Ham	
Soup	Full Salad Bar featuring 28 toppings and 5 different fresh seasonal fruits							
	Vegetarian Soup	Chicken Noodle	Italian Wedding (D)	Chicken Vegetable (GF,S)	Chicken Wild Rice (GF)	Chicken Dumpling	Chefs Choice	
Bell Tower Deli	Full Station Feature	Delicious Deli	Delicious Deli	Drinks/Sliders	Delicious Deli	Delicious Deli	Delicious Deli	
	Featured Item	Delicious Deli	Delicious Deli	Delicious Deli	Delicious Deli	Delicious Deli	Delicious Deli	
	Full Station Feature	Pasta Bar						
	Featured Item	Meatball Sub (S,D)	BBQ Pulled Chicken	Ham and Cheese on Pretzel Bun	BBQ Ham	Grilled Cheese (D,S)	Chef Choice @ Dinner	
The Oven	Fried Potato Feature	Fries	Fries	Waffle fries	Fries	Steak fries	Curly fries	
	Items available daily: fresh wood-oven pizza, chef-created specials							
Parkside Lunch	Lunch Feature	Pizza	Pizza	Hawaiian Pizza	Pizza	Pizza	Pizza	
	Dinner Feature	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	
Parkside Dinner	Theme Meal					Brunch	Brunch	
	Entrée	Beef Ravioli w/ Marinara (D,S)	Shrimp Bar sac (SH,D)	Bruchetta Chicken (GF)	Chicken Pot Pie w/ Biscuit (D,S)	Fried Pangensis (F)	Chicken Fajita (S)	
	Entrée	Coconut Curry Chicken (GF,TN,SF)	Italian Brisket (GF)	Swedish Meatballs (S,D)	Roast Beef (GF)	Grilled Chicken Strips (GF)	Scrambled Eggs (V,GF)	
	Vegetable	Peas & Corn (VGN,GF)	Asparagus (VGN,GF)	Normandy Blend (VGN,GF)	Green Beans and Peppers (VGN,GF)	Roasted Vegetables (VGN,GF)	Mixed Vegetables (VGN,GF)	
	Vegetable	Asian Blend (VGN,GF)	Spaghetti Squash (VGN,GF,S)	Steamed Zucchini (VGN,GF)	Corn (VGN,GF)	Stewed Tomatoes (VGN,GF)	Hash Browns (VGN)	
	Starch	Brown Rice (VGN,GF)	Basmati Rice (GF,VGN)	Buttered Noodles (V,D)	Creamy Mashed Potatoes (D)	Mac & Cheese (V,D)	French Toast (V,D,E)	
Bravo	Vegetarian or Vegan	Sweet Chili Tofu (VGN,S)	Fruit Crepes (V,D)	Vegan Cream Corn (VGN,TN,S)	Quiche Florentine (V,E,D)	Caprese Stuffed Portobello Mushrooms (V,GF,D)	Mushroom Tofu Scramble (VGN,S)	
	Theme Meal							
	Entrée	Asian Pork Loin (S)	Beef Lasagna (D)	Dorito Chicken Casserole (D)	English Style Cod (F,D)	Fried Clam Strips (SH)	Sweet and Sour Pork (TN)	
	Entrée	Haddock w/ Crab Sauce (GF,F,SH,D)	Baked Chicken (GF)	Sesame Beef Stir Fry (S)	Chicken Tortellini Alfredo (D)	Grilled Chicken w/ Salsa (GF)	Jerk Chicken (GF,S)	
	Vegetable	Oriental Blend (VGN,GF)	Garlic Spinach (VGN,GF)	Grandma's Cauliflower (V,D)	Broccoli (VGN,GF)	Mediterranean Blend (VGN<GF)	Succotash (VGN,GF)	
	Vegetable	Carrots (VGN,GF)	Roasted Vegetables (VGN, GF,S)	Snap Peas (VGN,GF)	PEI Blend (VGN,GF)	Bang Bang Brussels Sprouts (VGN,GF)	Summer Squash Medley (VGN,GF)	
Inspired Eats	Starch	Couscous w/ Chickpeas (V)	Roasted Potatoes (GF,V)	Rice Pilaf (GF)	Risotto (GF,D)	Parslied Potatoes (VGN,GF,S)	White Rice (GF)	
	Vegetarian or Vegan	Vegetable Lo Mein (V,S)	Eggplant Roulade (V,D)	Vegetarian Egg Roll (V,S,D)	Kung Pao Tofu (VGN,S)	Pasta Primavera (V,D)	Quinoa w/ Broccoli and Chickpeas (GF)	
	Lunch Feature	Hot Dog Bar	Taco Salad	Pulled Pork on Onion Roll	Buffalo Chicken Wrap	Open Faced Meatloaf Sandwich	Omelets	
	Dinner Feature	Hot Dog Bar	Taco Salad	Pulled Pork on Onion Roll	Buffalo Chicken Wrap	Breakfast	Closed	
	Chef's Feature							
	Lunch Entrée	Chicken Singapore	Jerk Chicken	Chicken Tenders	Gochujang Pork	Apple Cider Braised Chicken		
Lunch Starch	Dirty Rice	Spanish Rice	Hand Cut Fries	Roasted Cauliflower Pasta	Mashed Potatoes	Chef Choice Breakfast		
Lunch Vegetable	Lemon Broccoli	Roasted Onion and Peppers	Summer Corn Salad	Sugar Snap Peas	Steamed Broccoli			
Dinner Entrée	Pork Tenderloin with Lentils	Unstuffed Cabbage Casserole	Chicken Marsala	Grilled Chicken Thigh and Salsa	Cuban Pork Roast			
Dinner Starch	Creamy Polenta	Rosti Potatoes Cake	White Rice	Penne Pasta/ Marinara	Cilantro white rice	Chef Choice Dinner		
Dinner Vegetable	Roasted Brussels Sprouts	Roasted Green Beans	Green Beans with Mushrooms	Balsamic Brussels Sprouts	Cuban Black Beans			
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