Feeling Sick?

UPMC MyHealth@School is your student health center!

Contact us if you feel sick or experience COVID-19 symptoms.

814-472-3008

studenthealth@francis.edu

Emergencies: Call 911

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Suspect COVID 19? What Happens Now?

Call us at 814-472-3008 or email studenthealth@francis.edu.

We will help you set up a virtual appointment so you can be evaluated by a Healthcare Provider.

Next Steps

As you move through the steps, below you must follow up with MyHealth@School by phone or email to inform us of your plan of care.

Sent for testing? UPMC will provide you a testing date and time.

Complete a Release of Confidential Information (supplied by SFU) so we can help support you in the process.

Told to quarantine or isolate? Notify Residence Life (472-3029)

Notify your faculty regarding class attendance. The Center for Academic Success (472-3176) can help you with this.

WHILE WAITING ON RESULTS

Stay in and monitor your health.

Think about the people you have been near.

Answer the phone call from the health department.

GET THE 'ALL CLEAR' FROM STUDENT HEALTH

before returning to class or any campus activities

After Hours Care

Keep us in the loop if you visited somewhere after hours so we can coordinate care. You'll need cleared to return to class or campus activities.

option 1

UPMC Anywhere App via (fees apply)

option 2

nearest Urgent Care
(iCare Ebensburg 814-472-7336)

option 3
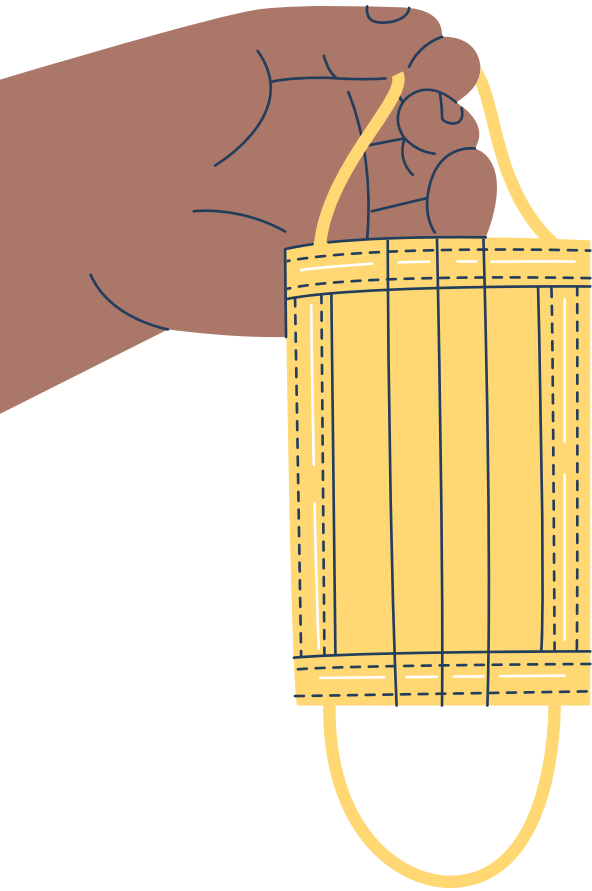
call your
Primary Care Physician

option 4

local Emergency Room
(UPMC Altoona or Conemaugh)

Be Prepared

Hope for the best, but be prepared. Stock up on cold medicine, tissues, etc

UPMC ANYWHERE CARE

download the UPMC MyHealth@School app. Available via Google Play or the App Store

Important Contacts

Need transportation?
Contact University Police
814-472-3360 or
Residence Life
814-472-3029

Need assistance with quarantining or
isolation? Call Residence Life
(814) 472-3029

Need a pharmacy? Mainline Pharmacy
in Cresson will
deliver to you. (814) 886-5667

Protect the

Red

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