






New Student Orientation 2023

NEW STUDENT ORIENTATION 2023




While Students should attend ALL sessions- those marked with  are MANDATORY

Schedule At- A- Glance







Thursday, August 17, 2023 ~ Welcome to the SFU Fam!

	8:30am- 2:30pm	New Student Check In- Stokes Athletic Complex
	12:30pm- 1:15pm	Parent and Family Reception at JFK Lounge
	2:00pm- 2:45pm	Parent and Family Reception at JFK Lounge
	3:00pm- 3:25pm	The Bell Ceremony- Bell Tower near Torvian
	3:30pm- 4:15pm	President's Welcome- DeGol Field - <i>rain location DeGol Arena</i>
	4:15pm- 6:25pm	Dinner on your own/ Parents & Families Depart
	5:00pm	Women's Soccer vs. Youngstown State- Soccerplex

From this point forward~ All Sessions are for New Students Only

	6:30pm- 7:15pm	Orientation Opening Session at JFK Auditorium
	7:30pm- 8:15pm	Commuter/ Resident Meetings <i>Resident Students- @ Residence Hall</i> <i>Commuting Students @ JFK Lounge</i>
	8:30pm- 9:00pm	Student Expectations and Behavior: JFK Auditorium
	9:00pm- 9:40pm	Pizza Break/ Small Group Discussions ~Orientation Counselors
	9:45pm- 11:00pm	Sailesh the Hypnotist Performance- sponsored by SAO

Friday, August 18, 2023 ~ Connect your Academics to your Journey

	7:00am- 8:45am	Breakfast – Torvian Dining Hall
	9:00am- 9:30am	Academic Convocation at JFK
	9:45am- 11:30am	Departmental Advising Meetings
	11:30am-1:30pm	Lunch with your Faculty/ Orientation Counselors <i>School of STEAM and Shields School of Business: 11:30am</i> <i>School of Health Science and Education: Noon</i>
	1:45pm- 2:45pm	What is the True Cost of Underage Drinking~ JFK
	2:45pm- 3:00pm	Break and OC Q & A
	3:00pm- 4:15pm	Threat Preparedness- JFK Auditorium
	4:30pm-6:30pm	Dinner with OCs – Torvian Dining Hall
	6:50pm- 8:15pm	Playfair ~DeGol Field- <i>rain location DeGol Arena</i>
	8:30pm- 9:15pm	Red Flash Rally ~DeGol Field- <i>rain location DeGol Arena</i>
	9:30pm- 11:30pm	Bonfire and Backyard games at Campus Ministry <i>rain location JFK Lounge</i>

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Schedule At- A- Glance

Saturday, August 19, 2023 ~ Students Unite!



9:30am- 11:30am

Student Life Support Sessions – Students Choose 3 to attend.
Career Services ~ Study Abroad ~ Student Involvement ~ Center for Well-Being ~ Campus Ministry ~ Fitness Center ~ Academic Success ~ Residence Life ~ Business Office and Financial Aid

11:30am- 1:00pm

Brunch with OCs- Torvian Dining Hall

1:00pm- 3:00pm

Orientation Fun Center- JFK and Outside

1:00pm

SFU Field Hockey vs. Shippensburg- DeGol Field

2:30pm- 4:00pm

Alumni Ice Cream Social & Small Group Discussions – JFK

3:00pm

SFU Men's Soccer vs. Salem University- Soccerplex



4:30pm- 6:30pm

Dinner – Torvian Dining Hall

7:15pm- 8:45pm

Student Life 101 w/ OCs – JFK Auditorium

9:00pm- 11:30pm

Dance, Snacks and Backyard Games- Behind JFK

Sunday, August 20, 2023 ~ Get Ready to Step Out

10:30am- 1:30pm

Brunch – Torvian Dining Hall

Noon- 2:00pm

Closing Activities: See schedule for full list



1:00pm

SFU Field Hockey vs. IUP- DeGol Field

3:00pm- 7:00pm

Laptop Distribution*- Scotus Hall- as assigned

4:00pm- 5:30pm

Transfer Student Orientation- JFK Lounge

4:00pm- 7:00pm

Walmart Shuttles ~students must sign up in advance

4:30pm- 7:00pm

Dinner- Torvian Dining Hall

8:00pm- 9:00pm

Welcome Back Mass – Immaculate Conception Chapel

**Laptop Distribution is mandatory for students who opted into the program*

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Thursday, August 17 “Welcome to the SFU Fam!”

8:30 a.m. – 2:00 p.m. Resident Check-In – Stokes Athletics Center

 All new resident students should report to Stokes to begin New Student Orientation and the school year. Everything a new student needs to get you started on your college career—all under one roof! Make sure you pick up your FREE SFU Class of 2026 T-shirt to wear to the Bell Ceremony and President’s Welcome, compliments of your SFU Student Government Association! Once you have completed check in-- make your way to your residence hall to unload and unpack!

11:00 a.m. – 1:30 p.m. Lunch on your own

Torvian Dining Hall & Frankie’s Campus Club are open.

12:25 p.m. Mass – Immaculate Conception Chapel

12:30 p.m. – 1:15 p.m. Parent & Family Reception – JFK Center Lounge

Come on over to JFK, grab a seat, relax, and enjoy the air conditioning and a cool treat, courtesy of the SFU Faculty, Staff, and Administration. Let us serve you while you get to know other parents and family members and celebrate the beginning of an exciting new chapter for your students and families! *Please note: This session will be offered again at 2:00 p.m.*


1:30 p.m. – 2:15 p.m. Commuter Check-In - Stokes Athletics Center

All new commuting students should report to Stokes to begin New Student Orientation and the school year. Everything a new student needs to get you started on your college career—all under one roof! Make sure you pick up your FREE SFU Class of 2026 T-shirt to wear to the Bell Ceremony and President’s Welcome, compliments of your SFU Student Government Association! **Reminder: Commuter Information Session in the JFK Lounge at 7:30pm TONIGHT!**


2:00 p.m. – 2:45 p.m. Parent & Family Reception – JFK Center Lounge

Come on over to JFK, grab a seat, relax, and enjoy the air conditioning and a cool treat, courtesy of the SFU Faculty, Staff, and Administration. Let us serve you while you get to know other parents and family members and celebrate the beginning of an exciting new chapter for your students and families! *This is the same session offered at 12:30PM.*

3:00 p.m.- 3:25 p.m. The Bell Ceremony—Campus Mall @ the Bell Tower

 All members of the incoming class should meet at the Bell Tower **wearing the new Class of 2027 t-shirt you received at Check-In.** The Bell Tower is located directly across from Torvian Dining Hall. The Bell Tower Ceremony is a tradition at Saint Francis in which all students pay homage and respect to those who've come before them. ***Parents can meet their students at DeGol Stadium for the President's Welcome address. * In the event of rain- this event will be cancelled.**


3:30 p.m. -4:15 p.m. President’s Welcome – DeGol Field (Rain location: DeGol Arena)

 We invite all new students and their families to meet with Fr. Malachi Van Tassell, T.O.R., Saint Francis University President, and members of the University community for the official welcome and opening of New Student Orientation. **STUDENTS: Bring your BEST SMILES because immediately following the address, we will be taking your FIRST EVER CLASS PHOTO!**

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4:15 p.m. – 6:25 p.m. Dinner on your own/ Parents and Families Depart


Students and Families are invited to explore dining options both on and off campus. After enjoying your dinner~ finish unpacking, setting up your room, and say “See you later” to Mom and Dad, and the rest of your family, and begin your new independent life as a college student.

5:00 p.m. SFU Women’s Soccer- Stokes Soccerplex

Come cheer on the SFU Women’s Soccer team as they take on the Penguins from Youngstown State University.

From this point forward- all Orientation activities are for our new students only

6:30 p.m.- 7:15 p.m. Orientation Opening Session - JFK Auditorium

 The Saint Francis University Orientation program can help you “**Become that Someone...**” and make your college experience everything you want it to be! You’ll meet the Orientation Counselors (aka OCs) who will serve as your guides for the next four days as you begin your college journey as a member of the Class of 2027. We’ll introduce the New Student Orientation program and explain your group assignments. There will also be time for questions.

7:30 p.m.- 8:15 p.m. Commuter/ Resident Sessions


Commuter Information Session and Social—JFK Center Lounge

Many commuter students make JFK their home while on campus or hang out at other locations. Learn about the services offered to commuter students.

Residence Hall Meetings – Residence Halls

Meet your new neighbors and learn what it’s like to live in a residence hall. This initial floor meeting is an opportunity to meet the RAs and students on your floor, as well as to review residence hall policies and procedures.

8:30 p.m.— 9:00p.m. Student Expectations as Members of the Saint Francis Community – JFK Auditorium

 As a member of the Saint Francis University community, your new status comes with great expectations and responsibilities designed to keep you on the path to success. Lynne Banks, Associate Dean of Students, will review the Student Code of Conduct and share the keys to success at SFU!

9:00 p.m. – 9:40 p.m. Pizza Break and Small Group Discussions with Orientations Counselors

It’s been a long day, and we know you may be feeling a bit overwhelmed. Take a break with your OCs and just review the day. The OCs are here to assist you with all questions throughout NSO and beyond!


9:45 p.m. –11:00 p.m. Sailesh the Hypnotist~ Sponsored by the Student Activities Organization—JFK Student Center

An experienced performer with more than 20 years under his belt, SAILESH, The Hypnotist has performed a staggering 5000+ shows at Colleges, Universities, and clubs, many with repeated bookings. Dubbed “The World’s Best Hypnotist,” MTV Europe, his live show has been described as a cross between a concert and the best party ever! Sailesh makes audience members the stars of the show, taking the entire audience on a journey using hypnosis, improv, music, and interactivity to create a whole lot of laughter and a ton of fun!

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Friday, August 18 “Connect your Academics to your Journey”

7:00 a.m. – 8:45 a.m. **Breakfast on your own – Torvian Dining Hall**



9:00 a.m. – 9:30 a.m. **First Year Academic Convocation- JFK Auditorium**

During this convocation, students will be welcomed into the academic community, a community of scholars.



9:45 a.m. – Noon **Department Advising Sessions—Various Locations**

You will meet with faculty members of your department in the rooms listed below. **It is extremely important that you bring your class schedule with you and that you report to the classroom associated with the major listed on your schedule. You will also be discussing your summer reading “How To College”. All new students are required to attend.**

Exploratory Majors: All Schools- Padua Hall 110

School of STEAM: Dean, Dr. Pete Skoner

Communications, Events and Office Support: Ms. Samantha Gorman

- Aquarium & Zoo Science- Science Center 133
- Biology/ Biochemistry – Science Center 101 (*includes Ecology & Environmental Biology, Marine Biology, Molecular Biology, Pre-Medicine, Pre-Pharmacy, Secondary Education*)
- Medical Laboratory Science- Science Center 101
- Chemistry/ Biochemistry - Science Center 230 (*includes Environmental Chemistry, Fermentation, Forensics, Nano chemistry, Pre-Medicine, Pre-Pharmacy, Secondary Education*)
- English- Scotus Hall 208
- Languages (Spanish)- Scotus 208
- History and Political Science - Scotus 209 (*includes Government Service, International Studies, Pre-Law, Public Administration, Social Studies Secondary Education*)
- Mathematics- Science Center 015
- General Engineering and 3-2 Engineering- Science Center 024
- Environmental Engineering- Science Center 019
- Computer Science and Cyber Security - Science Center 005

Shields School of Business: Dean, Dr. Randy Frye

Dean’s Administrative Assistant & Events Coordinator: Ms. Lianna Weir

- Accounting/Economics/Finance- Schwab 106
- Business Analytics - Schwab 106
- Management Information Systems- Schwab 106
- Management/Marketing- Schwab 106
- Criminal Justice- Schwab 313
- Communications - Schwab 313

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School of Health Sciences & Education: Interim Dean, Dr. Kerri Golden

Dean's Administrative Assistant: Ms. Kimberly Beck

- Education- Scotus 105
- Exercise Physiology – DiSepio 201
- Health Care Studies/Public Health - Library 206
- Nursing – Sullivan 204
- Occupational Therapy - Raymond 218
- Physician Assistant Sciences – Sullivan 102
- Physical Therapy - Stokes 221
- Psychology -Library 205
- Social Work- Library 205

Division of Professional Studies: Dean, Dr. Tricia McFadden: An online orientation was conducted on August 10, 2023. This session was scheduled on a date and time to meet the needs of our online adult learners. For further information on the Division of Professional Students, please visit francis.edu/professionalstudies

11:30 a.m. – 1:30 p.m. Department Lunch

School of: STEAM and Shields School of Business Majors

11:30 a.m.- 12:30 p.m. Lunch with your Faculty —Torvian Dining Hall

School of Health Science and Education and Exploratory Majors:

Noon- 1:00 p.m. Lunch with your Faculty— Torvian Dining Hall

12:00 p.m. Mass (optional) —Immaculate Conception Chapel

1:45 p.m.- 2:45 p.m. What is the True Cost of Underage Drinking? – JFK Auditorium

The true cost of underage drinking is much more than purchasing alcohol, dealing with the hangover, or paying for the damage you may have done. Hear straight from our local District Judge, as well as representatives from PA Liquor Control Enforcement, SFU Student Conduct, Residence Life and University Police, as to what is truly at stake for you.

2:45 p.m. – 3:00 p.m. Break with Orientations Counselors

Take a stretch break with your OCs and just review the day. The OCs are here to assist you with all questions throughout NSO and beyond!

3:00 p.m.- 4:15 p.m. Threat Preparedness – JFK Auditorium

Safety is a top priority of the Saint Francis community. Discover how you can stay safe throughout your college experience by learning about tips that promote a safe campus environment.


Representatives from The Fatula Group, University Police Student Development will offer valuable advice about campus safety.

4:30 p.m.—6:30 p.m. Dinner with your OC—Torvian Dining Hall

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 **6:50 p.m.—8:15 p.m. Playfair –DeGol Field** *(Rain Location Stokes DeGol Arena)*

The world's largest icebreaker! PLAYFAIR is the most popular campus attraction in history for New Student Orientation Programs. PLAYFAIR is totally unlike anything else you have ever experienced. It's entertainment! It's fun! It's the perfect way to make new campus friendships!

8:30 p.m.—9:15 p.m. Red Flash Rally DeGol Field *(Rain Location Stokes DeGol Arena)*

It is so awesome that here in the tiny town of Loretto, our University is recognized as one of the smallest NCAA Division-I athletics programs. SFU is home to one of the most successful student-athlete programs in the country. Any athletic team is only as good as the fan-support behind them...come learn more about your SFU #FlashFam and how you can show your #FlashFever to lead our teams to V-I-C-T-O-R-Y!!!

9:30 p.m. – 11:30 p.m. Bonfire– Campus Ministry Center *(Rain Location- JFK Lounge)*

Join your fellow students outside the Campus Ministry Center for hot dogs, mountain pies, and S'mores! Sponsored by Campus Ministry and FOCUS

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Saturday, August 19 “Students Unite!”



9:30 a.m.- 11:30 a.m. Student Support Services help YOU to BECOME THAT SOMEONE! - Various Locations) *Students are to attend at least ONE session Choose 3 sessions to attend.... Offered at 9:30am; 10:15am and 11:00am. Students must sign up in advance as space may be limited. Each session runs approximately 30 minutes and will assist you with your transition to SFU! (Attendance will be taken and students who attend 2 separate sessions will be entered into a drawing for a \$25 gift card to Sheetz. Students who attend 3 separate sessions will be entered into a drawing for a \$50 Amazon Gift Card

Conference Sessions and Descriptions:

Career Services~ Schwab Hall 102: Questions about jobs on campus, majors/careers internships, Handshake? Join Career Services in Schwab 102 to get to know our team and hear all about our services and online resources for students!

Study Away Programs ~ Schwab Hall 202: The world is your classroom! Have you considered studying abroad but aren't sure where to go, what courses are offered, or how it would even fit into your busy schedule? Join Ms. Leona Horner, Director of Study Away, to learn more about the countless opportunities that are available for all students!

Student Involvement ~ JFK Lounge: Want to get involved on campus? Not sure where to begin? Don't stress! Join the Center for Student Engagement team in the JFK Lounge to hear about the different clubs and organizations available and tips to get involved or even start your own club!

Fellowship with Campus Ministry ~ Campus Ministry Lounge- Saint Francis Hall Want to grow in your faith on campus or are you wanting to know the faith outreach opportunities at SFU? Well, here's your chance to find out! Join Fr. Stephen and the FOCUS missionaries as they give a brief presentation about all things Campus Ministry. Since Campus Ministry is the umbrella organization for all faith outreach on campus, you will be introduced to the many opportunities offered by our Campus Ministry!

How to Study in College ~ Padua Hall 112: Has anyone ever taught you how to study? Or do you rely on memorization and rereading notes? College exams will look a lot different than high school. Stop by this session for research-proven interventions that will help you be successful in your first semester! Hosted by the Center for Academic Success.

Fitness ~ DiSepio Center of Rural Outreach 2nd floor: Want to stay active and healthy on campus? Want to learn about the campus fitness center and group exercise classes we offer? Come to the DiSepio Institute for Rural Health and Wellness to learn all about the ways you can be active this fall! This session will include a brief tour of the fitness center and information on group exercise classes and how to sign up for them.

Residence Life ~ JFK Auditorium: Have you ever shared a room before? Not sure what to expect, or how to communicate with someone you may not know? Come meet the Resident Assistant staff and walk through some common scenarios that occur when you share a room with someone else, as well as get some insight on how to make your living situation as comfortable and relaxed as possible.

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Center for Well Being ~ Library Suite 201: Join the staff of the Center for Well Being to do a brief tour of the department and learn about the services provided. You will also be able to view the Sensory Room and find out how to reserve time for future needs. Students will love this interactive session and activity!

1:1 with the Business Office and Financial Aid ~ Raymond Hall 125: If you have any questions about your bill or how to apply for additional financial aid, please stop by! **You will need to bring your my.francis.edu login along with your FSA ID and password.** Our staff will walk you through the necessary steps to cover your expenses!

11:30 a.m.—1:00 p.m. Brunch with your OCs - Torvian Dining Hall

1:00 p.m.- 3:00 p.m.: Orientation Fun Center- JFK Lounge & In between Saint Agnes and Saint Clare Halls.

Weekends at SFU are never dull- and we are giving you a glimpse of what you can expect to see. Join your OCs and choose from playing lawn games outside of JFK, participating in Bingo (with prizes!) in the JFK Lounge, or taking a shot at Steel City Axe Throwing Trailer.

1:00 p.m. SFU Field Hockey vs Shippensburg- DeGol Field

Come cheer on the SFU Field Hockey Red Flash as they take on the Raiders of Shippensburg University

2:30 p.m. – 4:00 p.m. Ice Cream Social- JFK Lounge

Take a break from the Fun Center activities and enjoy a sweet treat, compliments of the Saint Francis University Alumni Association. Your OCs will also be on hand to help review the Orientation sessions and clear up any questions you may have.

3:00 p.m. SFU Men's Soccer vs. Salem University – Stokes Soccerplex

Come cheer on the SFU Men's Soccer Red Flash as they take on the Tigers of Salem University.

4:30 p.m. – 6:30 p.m. Dinner with your OCs – Torvian Dining Hall

 **7:15 p.m.- 8:45 p.m. Your Orientation Counselors present "SFU Student Life 101" -- JFK Auditorium**

Make these next few years the "best of your life" through smart and positive decisions. There are many opportunities for fun and excitement at Saint Francis and in the surrounding area. In their own unique way, the Orientation Counselors will have you rolling in the aisles while you learn more about the opportunities available to get you involved at SFU.

9:00 p.m.- 11:30 p.m. Dance the Night Away! --- JFK Lounge

Join your Orientation Counselors and your fellow classmates for your 1st Dance at SFU!

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Sunday, August 20 “Ready to Step Out”

10:30 a.m.—12:30 p.m. Brunch on your own- Torvian Dining Hall

Noon—2:00 p.m. Orientation After Party & Closing Activities

Looking for additional things to do as you prepare for classes on Monday? Not quite ready to say goodbye to Orientation and the fun? Don't worry- you do not have to! Join your OCs throughout the afternoon at these events:

Orientation After Party on the South Quad- behind Torvian
(includes Snacks, Volleyball, Basketball, yard games and music)

Nature Trail walk: Meet at the Torvian Pavilion at 12:15pm

Campus Tour (focus on Classroom Locations)- Noon and 1:00pm- meet at Torvian Pavilion

Or- if you would like to explore on your own.... Don't forget to:

Sign up for Walmart Shopping Trip Shuttle ~ JFK Information Desk
(Leaving campus at 4:00pm; 5:30pm and 7:00pm)

Locate your classrooms on your own

Visit the University Bookstore

Still have questions? Stop by the Torvian Pavilion to talk with staff

1:00 p.m. SFU Field Hockey vs. IUP- DeGol Field

Come cheer on the SFU Field Hockey Red Flash as they take on the Crimson Hawks from Indiana University of Pennsylvania.

 **3:00p.m.- 7:00p.m. Laptop U —Groups as Assigned**

This is your ONLY opportunity to receive your new laptop and ask any questions about using the network. Students will be assigned into groups- you must go at your assigned time. The individual session will run approximately 20 minutes. ***(Mandatory for Students who opted into the Laptop Program at SFU)***

4:00 p.m.- 7:00 p.m. Walmart Shopping Trips – Departing from the JFK near Information Desk: (Leaving SFU at 4:00pm; 5:30pm and 7:00pm)

Forgot something? We'll be taking a last-minute trip to Ebensburg to the local Walmart. Maximum 18 people per trip. Sign up at the JFK Information Desk.

4:00 p.m. — 5:30 p.m. Transfer Student Welcome --- JFK Lounge

Transfer Students who did not attend New Student Orientation are invited to this exclusive welcome and Q&A session. An optional campus tour will be offered, and dinner is provided at Torvian Dining Hall!

4:30 p.m.—7:00 p.m. Dinner on your own—Torvian Dining Hall

8:00 p.m. – 9:00 p.m. Student Mass – Immaculate Conception Chapel

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Coming up Next Week....

Thursday, August 24: 12:20 p.m. Mass of the Holy Spirit—Campus Mall

To mark the opening of the academic year, St. Francis University celebrates its annual Mass of the Holy Spirit. Celebrated by our University President, Fr. Malachi Van Tassell, T.O.R., Ph.D., mass is held in the University Mall in the center of the campus, weather permitting, or in the University Chapel in the event of inclement weather. The Mass of the Holy Spirit gathers the entire University family to invoke God's blessing for inspiration, guidance, and wisdom in the new school year. **NOTE: Classes will operate on a compressed schedule for Thursday, August 24- check your syllabus for that class day for the schedule.**

Thursday, August 24- Saturday, August 26: Welcome Weekend

The Annual Welcome Weekend Celebration is the perfect way to begin a new school year with tons of games, food, activities, and prizes to help you enjoy an extra weekend of summer fun with all your classmates and #FlashFam! Welcome Weekend is coordinated by the SFU Student Activities Organization (SAO). Watch for updates on Engage with details about the weekend's events and activities!

Save These Dates!

Wednesday, August 30: 5:30 p.m.—6:30p.m. — Student Involvement Fair Sponsored by the Center for Student Engagement and the Student Government Association (SGA), the annual Student Involvement Fair is one of the best opportunities to get involved in campus life at SFU. Wondering where to start YOUR SFU Student Life? Start at the Involvement Fair!

Friday, September 22—Sunday, September 24: Family Weekend Coordinated by SAO, the annual Family Weekend Celebration is one of SFU's oldest traditions where parents, siblings, and other family members of our students can return to campus for a weekend full of fun and exciting activities and events for the whole family to enjoy together! *A full schedule of events will be available mid-August.*

Tuesday, October 3: REACHING EVERY DOOR: R.E.D. is a day of service in which students go out into Loretto and the surrounding areas to perform service for members of these communities. *NOTE: Classes will operate on a compressed schedule for this day to allow everyone time to participate in this project. - check your syllabus for that class day for the schedule.*

Monday, October 23—Friday, October 27: Mentorship Week Leading up to Homecoming Weekend, Mentorship Week provides a week full of awesome events for students to connect with SFU alumni in a variety of career fields and a great way to start developing relationships and building a professional network as a student at SFU! The week will feature something for everyone with a variety of panels, networking events, class presentations, workshops and more.

Wednesday October 26—Saturday, October 28: SFU Homecoming Celebration Truly the event of the year! #FlashFever will rise, and all things S-F-U will get RED HOT! Gear up, get out, and **Go Red Flash!!!** *(A full schedule of events will be available mid-September)*

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