

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A Variety of made -to-order cage free eggs prepared daily any way you'd like them! Whole eggs, scrambled egg mixture, and egg whites, and breakfast potatoes. Brunch is served Saturday which includes a Omelet Bar (served on Bravo) Fresh fruits and yogurts also available daily on the Salad Bar.						
	Breakfast Meat	Sausage Link	Breakfast Ham	Corn Beef Hash	Bacon/Turkey Bacon	Sausage Link	Breakfast Ham
Soup	Full Salad Bar featuring 28 toppings and 5 different fresh seasonal fruits						
		Chicken Noodle	Chili (GF)	Chicken and Rice ,GF)	Italian Wedding	Chicken Noodle	Chefs Choice
Bell Tower Deli	Vegetarian Soup	Vegetable (VGN,GF)	Buffalo Cauliflower (D)	White Bean and Spinach (VGN,GF)	Vegetarian Tortilla (VGN)	Tomato (D)	
	Full Station Feature	Deli	Deli	Deli	Deli	Deli	Deli
	Featured Item	Deli	Deli	Deli	Deli	Deli	Deli
	Full Station Feature						
	Featured Item	Kielbasa w/ Kraut	Sloppy Joe	BBQ Ham	Cheeseburgers	Grilled Cheese	Chefs Choice @ Dinner
	Fried Potato Feature	Fries	Fries	Fries	Fries	Fries	Fries
The Oven	Items available daily: fresh wood-oven pizza, chef-created specials						
	Lunch Feature	Pizza	Pizza	Pizza	Pizza	Pizza	Closed
	Dinner Feature	Pizza	Pizza	Pizza	Pizza	Pizza	Closed
	Theme Meal					Brunch	Brunch
Parkside Lunch	Entrée	Lemon Pepper Haddock (F,S,GF)	Stuffed Shells w/ Broccoli Cheese Sauce (V,D)	Red Flash Chicken (D,S)	Deconstructed Stuffed Peppers (GF,F)	Shrimp Scampi (GF,SH,D)	Chicken Cordon Bleu Pasta (D)
	Entrée	Sautéed Cajun Chicken & Peppers (GF,S)	Dr. Pepper Pulled Pork (F,GF)	Cheese Ravioli w/ Marinara (D)	Creamy Garlic Chicken	Open Faced Turkey Sandwich	Scrambled Eggs (V,GF)
	Vegetable	Green Beans (VGN,GF)	Steamed Zucchini (VGN,GF)	Broccoli (VGN,GF)	Sauteed, Eggplant (VGN,GF,S)	Cauliflower (VGN,GF)	PEI Blend (VGN,GF)
	Vegetable	Mixed Vegetables (VGN,GF)	Balsamic Soy Roasted Garlic Mushrooms (VGN,S)	Succotash (VGN,GF)	Sicilian Blend (VGN,GF)	Asparagus (VGN,GF)	Home Fries (VGN,S)
	Starch	White Rice (VGN,GF)	Roasted Ranch Potatoes (VGN,S,GF)	Wild Rice (VGN,GF)	Butter Noodles (V,S)	Basmati Rice (VGN,GF)	Pancakes (V,D,S)
	Vegetarian or Vegan	Garlic Black Beans (VGN,GF)	Eggplant Teriyaki (VGN,S)	Kung Pao Tofu (VGN,S)	Scalloped Portobello Mushrooms (V,D,GF)	Butter Garlic Gnocchi (V,D)	Breakfast Vegetable Scramble (V,GF)
Parkside Dinner	Entrée	Beef Barbacoa (GF)	Chicken & Gnocchi w/ Marinara (D)	Beef Teriyaki (S)	BBQ Ribs (GF)	Old Bay Cod (F,S,GF)	Manicotti w/ Marinara (V,D)
	Entrée	Fried Chicken	Beef Stew (GF)	Rotisserie Chicken (GF,S)	Beef-a-Roni (D)	General Tso's Chicken (S)	Chicken Fajitas (S)
	Vegetable	Capri Vegetables (VGN,GF)	Stewed Tomatoes (VGN,GF)	Candy Roasted Beets (VGN,GF)	Summer Herb Zucchini (VGN,GF)	Kale w/ Garlic (VGN,S, GF)	Lemon Parm Brussel Sprouts (V,D,S)
	Vegetable	Corn (VGN,GF)	Honey Roasted Carrots (V,GF,D)	Roasted Garlic Green Beans (VGN,GF,S)	Green Peas (VGN,GF)	Roasted Squash (VGN,GF,S)	Cauliflower & Carrots (VGN,GF)
	Starch	Mashed Potatoes (V,GF,D)	Mac & Cheese (V,D)	White Rice (VGN,GF)	Potato Deluxe (V,D)	Brown Rice (VGN,GF)	Spanish Rice (VGN,GF)
	Vegetarian or Vegan	Vegetable Tofu Stir Fry (VGN,S)	Rice Stuffed Zucchini (V,GF)	Vegetable Egg Roll (V,D,D)	Broccoli Garlic Pasta (V,S)	Chick Pea Curry (TN)	Sweet Chili Roasted Broccoli and Rice (VGN,GF,S)
Bravo	Lunch Feature	Smoothie/Smoothie Bowl	Buddha Chicken	Sushi Bowl	Philly Bowl	Chicken and Waffles	Omelet Bar
	Dinner Feature	Loaded Fries	Taco Bar	Hot Dog Bar	Nacho Bar	Closed	Closed
	Chef's Feature						
Inspired Eats	Lunch Entrée	Grille Top Loin	Pork Feijoada	Bruschetta Chicken		Cajun Eye round	
	Lunch Starch	Mashed Potatoes	Brown Rice Pilaf	O'Brien Potatoes	Spicy Red Potatoes	Green Peas	Chef Choice Brunch
	Lunch Vegetable	Carrots w/ Orange	Steamed Broccoli	Lemmon Pepper Pasta	Maple Thyme Carrots	Roast Sweet Potato	
	Dinner Entrée	Greek Chicken Kabobs	Mexican Chicken	Chicken Cacciatore	Citrus Pork Tenderloin		
	Dinner Starch	Cilantro Black Bean Rice	Vegan Corn Bread	Broccoli Rabe Raponni	Charred Lemon Kale	Baked Potato	Chef Choice Dinner
Dinner Vegetable	Lentil Spinach Salad	Vegetable Fajitas	Italian Roast Potato	Jasmine Rice	Balsamic Apple kale Salad		
2/17/2025	MENUS COULD CHANGE WITHOUT NOTICE DUE TO SUPPLY CHAIN OR STAFFING ISSUES						