

Saint Francis University

Donut Heaven!

*35 Years of
Sweet Tradition*

INSIDE:

The New Greek

**A Big Year
for Hoops**

**Tales of the
Loretto Loyal**



2019 • VOL. 1

Alumni Spirit Issue

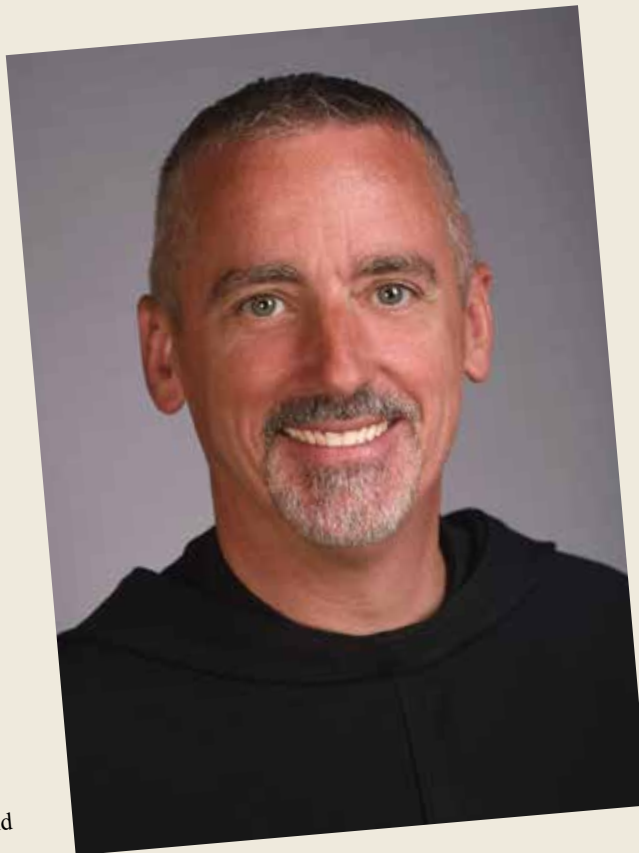
MESSAGE FROM THE PRESIDENT

Peace and good! The term “Greek Life” can conjure up a variety of images: hazing, excessive partying, the movie *Animal House*, etc. Sad and unfortunate events involving Greeks in recent times have made national headlines. Commentators are quick to point out the negatives of the fraternity and sorority culture. Yet with thoughtful programming and oversight, Greek Life can be a positive force in young lives.

At Saint Francis University, our Greek Life program is a point of pride for us with a long history. Record numbers of students participate in our fraternity and sorority program each year—more than 400 during the 2018-19 academic year alone. Today’s Greek student at Saint Francis is a campus leader. He or she is known for strong academics—averaging a 3.47 GPA—and a positive presence in the classroom. Fraternities and sororities are volunteers in community-engaged service both on and off campus. One could say that the Greeks at Saint Francis University are counter-cultural, in a positive way!

In the spirit of Saint Francis of Assisi, who said, “The Lord gave me brothers,” our Greek system fosters life-giving relationships. Alumni of Saint Francis University’s Greek chapters celebrate strong connections and life-long friendships. Unbreakable bonds exist between SFU Greeks past and present. Greek alumni mentor current students. Friendships and professional relationships among the Greek community often transcend age. Fraternity and sorority members from across generations share a common bond. I invite you to enjoy the article on Saint Francis University Greek Life contained in these pages. Learn for yourself how our Greeks are doing it differently from those at other universities, and why they are a community to celebrate.

Enjoy as well another point of pride: The Experiential Learning Commons in the School of Health Sciences and Education at Sullivan Hall. We will dedicate and bless the new state-of-the-art commons on October 4, 2019, the same day as the feast of our patron, Saint Francis of Assisi. We are grateful once again for the generosity of many benefactors. One alumnus donor generously funded this four million dollar project with a two million dollar gift! An additional one million



dollars from several alumni benefactors and a one million dollar grant from the Commonwealth of Pennsylvania made this debt-free project a reality. The completion of Phase One of the School of Health Sciences and Education is another endorsement of the mission of our university.

I believe our Franciscan founders would be pleased with the progress we are making at Saint Francis University. I hope you are, too! Enjoy our stories and accomplishments.

May the Lord give you His peace.

Sincerely,

Very Rev. Malachi Van Tassell, T.O.R., Ph.D.
President

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DONUT *Heaven*

STORY BY / Jen Merry, Assistant Director of Marketing Strategy
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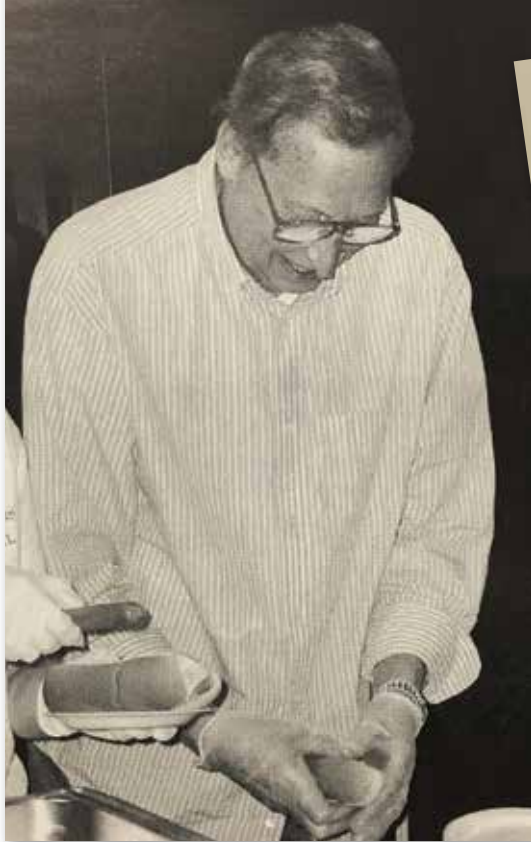


If you stand on the campus mall on the evening before finals, you can smell the sweetness of freshly baked pastries swirling in the air around you.

A winding line of anxious, hungry students forms outside of Torvian Dining Hall, each eager to catch a glimpse of the hundreds of donuts awaiting them inside, wondering which one (or ones) they'll choose. Their collective mood is a tapestry of emotions ranging from pit-in-the-stomach nerves to the excitement of a well-deserved break from hours upon hours of studying for their finals.

Donut Heaven is the signature event sponsored by the Student Government Association (SGA) occurring at the end of every semester. This long-standing tradition has been in place for over 30 years. Members of the SGA greet the students as they come in as well as manage the clean-up process.

Faculty and staff volunteer to serve the student body homemade donuts, along



Father Christian helps serve hotdogs to students at Donut Heaven. *Bell Tower 2004*



Father Brian Cavanaugh, Assistant to the Dean of Students, was instrumental in the planning of Donut Heaven. *Bell Tower 1984*

with hot dogs, ice cream or nachos, coffee, and hot chocolate, from 10:00 pm to 11:30 pm in Torvian Dining Hall for the first three evenings of every finals week.

Students line up outside of Torvian before the doors open in anticipation of the free tasty treats and the opportunity to take a break as they put in late-night cramming sessions during final exam week.

THE HISTORY OF DONUT HEAVEN

Donut Heaven has roots going back as far as 1982, and possibly even further. Rev. Brian Cavanaugh, Assistant to the Dean of Students, and Jeffrey J. Quin, Dean of Students, along with several

members of the Food Services Department, hosted midnight coffee and donut breaks during final examination week.

The 1991 Bell Tower yearbook has the first mention of the event using the moniker “Doughnut Heaven”, or better known amongst students at the time as “Doughnut Purgatory”.

Up until 1993, Donut Heaven was free to students, but a donation of \$.25 was requested for all-you-can eat donuts. In 1993, Dr. Dennis Riegelneegg, VP of Student Affairs, made Donut Heaven free for all students.

The event was reported to be very successful since its inception, but Donut Heaven disappeared around 1996 and students became outspoken about losing such a unique SFU tradition.



Bell Tower 1991



Bell Tower 1985



Then-student Kent Tonkin navigates the line at Donut Heaven circa 1995.

Memories

There have been many wonderful memories made throughout the year during Donut Heaven. There are often surprise guest appearances. You never know when a surprise dash of the red flash will appear! In fall semesters, Donut Heaven takes on a Christmas theme with decorations and music. Students often attend wearing sweats or pajamas and are wrapped in blankets. They just stop whatever they are working on and come as they are.

Kent Tonkin, Instructor in the Shields School of Business, and 1995 SFU alum remembers "Donut Heaven was the BEST! I'll never forget waiting outside of Torv to get in for a break, some conversation, and a much needed sugar rush. Being served by the instructors and other members of the Saint Francis community was something truly special; it brought home the point that, regardless of our roles, we truly were a family. It's been a real thrill to volunteer a few times as a faculty member as well."

Alumni and Parents shared their memories and thoughts about Donut Heaven on our Facebook page.

"Part of my fond memories of studying for finals was Donut Heaven. I loved that Fr. Christian would be there serving the donuts along with some of the professors."

— Gerri Campbell

"One of the best memories at St. Francis."

— Felicia Hackman

"Great tradition, glad to see it is still going on after 24 years."

— Becky Hodrick-Shaible

"Once again SFU...you go above and beyond for your students! I can't begin to say how happy we are that our daughter decided to attend St. Francis ♥"

— Melody Wilt Edmiston

"I love the traditions & special touches SFU does for their students! It's a special place."

— Mary Ann Henderson

"Brings back cool memories. #SFC96."

— Bill Turner

"TRIPLE PLAY!"

— Amanda Szwed

"The best tradition SFU has! TRIPLE PLAY!!!!!!"

— Michael Vaughn Jr.



“Donut Heaven gives us the opportunity to connect with our peers in an immediate and tangible way”

— Teresa Narduzzi
SGA President

SGA'S INVOLVEMENT

A few semesters later in 1998, members of SGA decided that if Donut Heaven was to return, they would need to take the initiative to do so. Kristin Moore, then Senator of SGA, and Liz Krepps, then VP of Communications, listed “bring back Donut Heaven” as one of their top goals during their SGA tenure, and today’s students should be thankful that they did.

Not only was Donut Heaven paid for and hosted by the SGA, the students were the ones flipping burgers, serving donuts, cookies, cakes, and popcorn at the event. While SGA students no longer flip burgers during Donut Heaven, the organization has continued to play a big role in the tradition’s success.

“Donut Heaven used to have a fee-for-entry through the early 90’s, but now it is an important line item in SGA’s annual budget,” says Dr. Bobby Anderson, Director of Student Engagement and Leadership Development. Not only does SGA pay for the Donut Heaven food, the organization’s members come out in force alongside faculty and staff, volunteering their time to set up, serve, and clean up after the big event. Anderson, who graduated from SFU in ‘02, also served as an Executive Vice President within SGA as a student. Now he serves as a runner during Donut Heaven, doing anything that’s needed to ensure efficient food service for the students. Perhaps most importantly, the volunteers bring positivity to the occasion, including SGA President Teresa Narduzzi whose role involves cheering people on as they enter Donut Heaven: “My peers are stressed and tired during finals, and bringing the enthusiasm is key.”

“A lot of the work that SGA does is process-oriented and behind-the-scenes,” says Narduzzi. “Donut Heaven gives us the opportunity to connect with our peers in an immediate and tangible

way.” SGA works hard to survey students on issues, receive feedback, elect students to positions that best represent the student body, and work with the administration to improve student life and amenities on campus—the results are impressive. But SGA members know that a significant part of student success is fun and fellowship, so that’s where Donut Heaven comes in.

“The thing I look forward to the most at Donut Heaven is the smiles. The feelings radiate and help everyone through finals,” says Kenny Brumbaugh, Shields School of Business Senator for SGA. Everyone on campus understands how stressful finals can be, so the community comes together to uplift its students.

When asked what their favorite donuts are, Narduzzi says, “standard glazed” and Brumbaugh says, “chocolate glazed.” Year after year, SGA finds that the simple joy of homemade donuts and a break from the books is well worth the effort.





"I volunteer at Donut Heaven because to me it's a very festive time."

— Dr. Pedro Muñio
Chemistry professor

Dr. Pedro Muñio coined the term "Triple Play" when hungry students would request one of each donut variety.

FACULTY INVOLVEMENT

In a show of solidarity and appreciation for their hard work, faculty show up to serve the students during the late night event.

Chemistry professor Dr. Pedro Muñio has served over 100 Donut Heaven events where he has volunteered and passed out donuts. Dr. Muñio coined the phrase "Triple Play" when a student requests one of each of the 3 donut varieties. "I volunteer at Donut Heaven because to me it's a very festive time," says Dr. Muñio. "I get to see a large number of students, many of which I never had in my classes, so it's a great chance to meet them and, if we have a slow day, to socialize with them. I also get to see students from my classes and get to wish them well in their exams. But most of all, I like to see the same faces year after year, from the time students were timid first-year students to the time they became assertive individuals. It always makes me proud to see how the Saint Francis community helps our students to grow and to become excellent professionals and engaged citizens."

Students line up outside Torvian Dining Hall in the dark waiting for Donut Heaven to kick off.





Mr. Terry M. McMullen, Executive Chef (left) and Ms. Luann K. Teeter, Lead Baker (right). Luann, better known as “Lou”, bakes 88 dozen donuts each day of Donut Heaven in addition to all of Torvian’s baked goods.

THE DONUT BAKER

Over 1,000 donuts are served to students nightly during Donut Heaven. The donuts are made fresh each morning by Torvian Head Baker, Ms. Luann K. Teeter, better known as “Lou”. Lou provides all of the baked goods on campus and makes all of the donuts for Donut Heaven each semester. Lou has been baking for Saint Francis for 19 years, but her baking career started in a bakery in 1975.

Lou has never been able to attend the actual Donut Heaven event. Her day starts as early as 3am, arriving on campus just shortly after the event is ending to start baking for the next day. In addition to baking 88 dozen of donuts for Donut Heaven each day, she is also assisting in breakfast service, regular daily baking needs and catering orders.

In Lou’s memory, they’ve never run out of donuts. If there’s any leftovers, they’ll serve them the next morning during the breakfast rush. The most popular variety of donuts are the glazed rings and the cinnamon buns, or as Lou calls them “Persians”. According to Lou, the most difficult part of baking that many donuts is keep-

ing count of them because everyone wants to sample them. After they’ve baked, Luann stacks the trays, covers them with plastic and labels the racks with a cheeky note stating the donuts are reserved for Donut “Hell-o”.

Some semesters Lou gets help from student workers. She recalls a specific time, “when one of the students showed up early to work, she asked me what time the truck comes to deliver all the donuts. She was in for a surprise when I told her the donuts are made fresh, by us!” Recently, dining services has responded to a request from students to bake a few gluten free varieties so that more students could participate. Even with all of the added work of preparing for Donut Heaven nights, Lou thinks only of the students saying, “it’s nice for the kids to get them geared up for finals.”

Outside of Donut Heaven, Lou’s favorite baked good to make is pumpkin rolls. She claims the most requested item from students and faculty are her famous no-bakes. Lou is looking forward to many more Donut Heaven events at the university with no plans for retirement any time soon.

► francis.edu/donutheaven



Unity is not just a motto.

Students in the Gamma Gamma Sigma sorority huddle during the Homecoming Parade. The sorority encourages its members and chapters to join together in the spirit of service, and provides opportunities for the women to learn and develop as leaders. Through partnerships both locally and nationally, the chapter exercises its compassion for improving the quality of life within local communities.

The New Greek

In an era when Greek culture is plagued with controversy and negative news coverage, Saint Francis is reinventing what it means to “Go Greek,” one Franciscan value at a time.

STORY AND PHOTOS BY / Kara Illig, SFU Communications Specialist

“Everyone says it, you can’t explain it, and you don’t understand it until you experience it yourself. Greek Life at SFU is just different.”

— **Kayleigh Holzer ’15 ’16,**
Master of Occupational Therapy
(Delta Phi Epsilon)

Today, Kayleigh is a pediatric occupational therapist at Fleming Therapy Services in Alexandria, Va. When asked about her successes, both personally and professionally, she credits her involvement in Greek Life at SFU. “I would hands down not be the person I am today if I had not experienced Greek Life so thoroughly,” she said. Kayleigh served as chapter president of Delta Phi Epsilon and president of the inter-sorority council during her tenure at Saint Francis. “In my many Greek roles, I learned effective communication skills, gained confidence in leadership, collaborated and delegated, and worked to creatively solve problems. Most importantly, I learned how to do the right thing, even if it was the

unpopular opinion. I learned to trust myself and to do what was right for the good of others. I use every single one of these skills each day as an OT.”

Kayleigh is one of hundreds of students who have been transformed by their experience as a Greek at SFU, who have found their purpose through community service and Greek-related philanthropy, and who, above all, have learned what it truly means to *Become That Someone*.

A BAD RAP

It's no secret that when Greek Life makes national news, it's rarely good news. For decades, there had been a lack of accountability and justice related to hazing deaths, extreme alcohol and drug use, and sexual violence. Recently, however, there appears to be a societal shift in what is considered acceptable behavior for Greeks. The storied “hard-partying” culture is being rewritten by national organizations like the Northeast Greek Leadership Association, the North-American Interfraternity Conference, the National Panhellenic Conference, and the Association of Fraternity/Sorority Advisors.

These organizations—and a number of others—have defined the new ideals of Greek culture to include service to others, academic achievement, and leadership within their respective organizations, institutions, and communities. Programs that aren't adhering to these ideals are examined and challenged, and many are forced to shutter chapters. Prospective students and their parents are alarmed by the negative reputation associated with Greek programs, and are factoring that into their college decision process.



HISTORY & TRANSFORMATION

In 1948, then Saint Francis College became the first Catholic college in the nation to establish a chapter of a national social fraternity: Delta Sigma Phi. Since then, Greek chapters have proudly bonded thousands of alumni in brother and sisterhood. But as is the case with many storied institutions, an ebb in participation in the '90s and early '00s reduced the number of chapters to just one fraternity and three sororities. A lack of interest and a mission drift impacted membership, and it seemed as though the blanket stigma associated with Greek Life would lead to the end of a decades-long Saint Francis tradition. It would take an ambitious plan to reinvent

52 years and counting. Alpha Phi Delta brothers pose for a photo in the 1967 yearbook. Proving the bonds of brotherhood have no expiration, members reunite each year at alumni gatherings and their annual charity golf tournament to create new memories.





Alpha Phi Delta brothers, Dan Myer and Tanner Yawitz, attend the annual Great Greek Meet & Greet event in the JFK Student Center. The national Italian heritage fraternity logged a 3.55 average G.P.A. during the spring 2019 semester. The fraternity has raised money for the Special Olympics and Team Red, White & Blue, an organization that aims to help veterans through physical and social activity.

SFU's Greek presence while holding true the community's spirit that is revered and beloved by alumni.

Mike "Goody" Asselta '67 (Alpha Phi Delta) says it's that spirit that led to lifelong friendships he made as a Greek at Saint Francis. "My Alpha brothers and I still see each other every year at a charity golf outing we organize," he said. "We've also donated campus memorial benches and plaques to honor our brothers who have passed away."

In 2004, then newly-appointed University President Father Gabriel Zeis '75 decided he was up for the challenge. A member of Tau Kappa Epsilon during his undergraduate days at Saint Francis, Fr. Gabe believed Greek Life could be rebuilt while maintaining its positive contribution to the student life experience. The program, he felt, wouldn't need to be reinvented as much as reminded the values of Saint Francis of Assisi: Humility, Generosity, Reverence, Service, Respect, Prayer, Joy, and Love.

In 2006, then admissions and financial aid counselor Dr. Bobby Anderson '02, B.S. in Management Information Systems and '06, M.B.A. (Delta Sigma Phi), expressed interest in helping implement Fr. Gabe's mission to rebuild the Greek program. He moved into the role of Assistant Director of Student Engagement under the leadership of Dom Peruso '72, History, and in 2015, to the Director of Student Engagement.

"Dom had already established a new local sorority, Omega Zeta Nu, and had helped to establish interest groups for the revival of Tau Kappa Epsilon, Phi Kappa Theta, and the creation of Psi Up-

silon," Bobby recalled. "I began in the department in the summer of 2006, and over the course of the next seven years, I was able to see the reemergence of Tau Kappa Epsilon, Phi Kappa Theta, Psi Upsilon, Alpha Phi Delta, Phi Lambda Psi, Theta Phi Alpha, Alpha Phi Omega, and Sigma Chi."

From 2004-2005 until today, the Greek community at Saint Francis has grown from four chapters to twelve, and from fewer than 100 students to more than 400.

THE SFU DIFFERENCE

At other universities, the words "hazing" and "pledging" gets tossed around freely. At Saint Francis, those practices have been replaced with extensive staff oversight and an emphasis on personal and academic development.

The New Member Orientation (NMO) program is a comprehensive, 5-week event that works alongside the University to ensure students aren't compromised academically. Each chapter is required to submit an application to host a NMO program, which includes a lesson plan outlining the content of all that will be discussed, how the program aligns with their organization's core values, and the intended learning outcomes of each program. Additionally, each active chapter member must submit individual Risk Management Agreements at the same time as their application. If they don't, or if the application is not approved, the chapter is not permitted to host an NMO program that semester.

Luke Trotz, Assistant Director of Student Engagement and



What does Greek Life at SFU mean to you?

Current and former students reflect on the impact Greek Life has had on their lives.

"Being a sorority woman at SFU means being a representative for my school, my philanthropy, and my chapter as a whole. By being a member of Phi Lambda Psi, I know that what I am doing is representative of something larger; a piece of the history of this campus."

— Ashley Astle '21
Middle Level Education/Special Education/
Science, minor in ASL (Phi Lambda Psi)

"Life as a fraternity man at SFU is not like you think it is. There is a deeper meaning to the life of a Greek at SFU."

— Aidan Sweeney '20
B.S. Communications (Alpha Phi Delta)

"To be a sorority woman at SFU means something different to each sister. For me, it's about being an active member in my community. I try to identify and resolve problems, to support my sisters, and to work hard."

— Megan Oravetz '20
Occupational Therapy and Psychology,
minor in ASL (Omega Zeta Nu)



Fun in Loretto: The Phi Lambda Psi sorority teams up for a snowy game of soccer to kick off the first day of Greek Week.

Fraternity and Sorority Advisor, oversees the Orientation program. “The purpose of these processes is to ensure that each member of every organization is aware of our expectations as a department, and as an institution, and to ensure that the content being emphasized throughout New Member Orientation is aligned with each organization’s mission and values,” he said.

Because this process is undoubtedly time-consuming for the student, the NMO offers a mandatory study-table to provide students protected time to focus on their studies, as well as weekly workshops that focus on various topics, such as the history of SFU Greek Life and fraternalism in America, risk management and bystander intervention, community building, and organizational and professional development.

The combination of SFU’s unique Greek approach and the high-caliber of students that enroll at Saint Francis, is what gives our approach an ability to avoid many of the common concerns and significant troubles that seem to plague many other campuses.

The results are in the numbers. “The academics among Greeks

here are exceptional,” said Aidan Sweeney ’20, B.S. Communications (Alpha Phi Delta). “I can proudly say that Greeks in spring of 2018 had a cumulative 3.47 G.P.A. and a 3.38 G.P.A. in the fall.” SFU was twice named the top Greek Life community in the continental Northeast for academic achievement according to Gamma Sigma Alpha National Greek Academic Honor Society. In the spring 2019 semester, Greek G.P.A. was 3.47, a tie with spring 2018 for the highest average in the history of Greek Life at SFU.

AN ASSET TO THE COMMUNITY

Philanthropy and service are embedded into every Greek mission. Each chapter is affiliated with a charity that it advocates for exclusively. Chapters collectively raise thousands of dollars each semester, and log hundreds of volunteer service hours.

One example of these efforts is the accomplishments of Phi Delta Kappa Sorority in 2019. The chapter donated \$5,972.67 to the Make-A-Wish Foundation during the spring 2019 semester, granting them the title of “Wishmakers” for the second year in a row by the Make-A-Wish of Greater Pennsylvania & West Virginia. These funds granted the wish of one special individual named Cole to embark on his dream vacation to a Disneyland Resort.

In total, throughout the 2018-2019 academic year, the sorority has documented over 1,400 hours of service. Michelle Hildebrand ’20, Nursing, is currently the sorority’s President, and Jennifer Schmith ’20, Occupational Therapy & Psychology, was the sorority’s Philanthropy Chairperson responsible for leading these philanthropic efforts. For these achievements, Phi Delta Kappa was recognized for Excellence in Service at the 2019 Student Government Association Student Involvement Awards.

BUILDING STRONG LEADERS

Running successful chapters requires strong communication among members, an understanding of fiscal responsibility and budgeting, and the ability to resolve conflict in a professional manner. Students find themselves drawn to positions of leadership within each chapter, and within the Greek program as a whole.

Megan Swisher ’08, B.S. Marketing (Phi Delta Kappa) was her sorority’s secretary in 2006 and president in 2007. She is now a



President Fr. Malachi Van Tassell T.O.R. poses with 2019 Gamma Sigma Alpha Greek Life Honor Society inductees, who must have a minimum cumulative G.P.A. of 3.50 or higher to qualify for the recognition.



Members of the Phi Delta Kappa sorority attend State College’s Relay for Life. For the past two years, they have been the highest fundraising team at the event.

Supply Chain Manager at Del Monte Foods in Pittsburgh. “Greek Life gave me an introductory taste of what I would experience in the ‘real world’, both personally and professionally. Holding a leadership position, especially president, was like running a small company. It taught me people skills, time management skills, and problem-solving skills.”

Jason Burkett '09, B.S. Chemistry (Tau Kappa Epsilon) is an Associate Physician & Assistant Professor in Emergency Medicine at Geisinger Commonwealth School of Medicine. He held leadership positions as Hegemon and chapter educator. “My experiences within our TKE chapter and in the greater Greek community at Saint Francis taught me to develop and nurture lasting relationships, to lead by example, and to care for my community and engage in philanthropic efforts. All of these things played a vital role in shaping my future as a physician. My entire career is now dedicated towards caring for our Geisinger communities and educating the next generations of physicians, nurses, and other allied health professionals.”

THE FUTURE

President Fr. Malachi Van Tassel T.O.R., honorary member of Psi Upsilon, has expressed his pride in the new Greek program, and is committed to its continued growth. “What the Student Engagement department has done for this program was unfathomable less than 20 years ago. Franciscan values are embedded into our institution’s fiber, and the Greeks have proven that they understand and respect the mission of the University. I can’t wait to see what the future holds.”

Luke has lofty goals for the program. “Ultimately we want to lead our Greeks to moments of self-actualization where they say to themselves: Yes, this is why I am here or This is why I do what I do. Witnessing students in that moment is one of the most rewarding privileges of what we do.”



Jennifer Schmith (Phi Delta Kappa) accepts the ‘Excellence in Philanthropy Award’ on behalf of her sorority at the 2018-19 Student Government Association Involvement Awards. Jennifer has been the sorority’s Philanthropy Chair for the past two school years. The sorority has documented over 1,400 hours of service throughout the 2018-2019 academic year.

3.47
G.P.A.

The average of all SFU Greek members in spring of 2019, and the highest collective G.P.A. on record.

“Being in a fraternity at SFU means you are not only held to the highest standards as a student, man and person; it also means being a part of a larger group of support and friends. The alumni network is incredible and far-reaching. The Greek community on campus is extremely active and engaged, making you a part of an exciting and vibrant culture.”

— Josh Mills '20
Biology with Pre-professional and
Molecular concentrations
(Phi Kappa Theta)

“There are the friendships and connections you build within your Chapter, Fraternity (or Sorority), and the greater Greek Life community at Saint Francis that extend far beyond your undergraduate years.”

— Cullen Frye '13
B.S. Management Information Systems
& Accounting (Psi Upsilon)

ATHLETICS

The Flash Flood fan section “whited out” the DeGol Arena during the men’s NEC championship game on March 12, 2019.



A Big Year for Hoops

It was an exciting year for Red Flash basketball, with both women’s and men’s teams closing monumental seasons at NEC championship games.

It was SFU’s first home championship game since 1990-91. And while it wasn’t the outcome they were hoping for, the Red Flash Men’s Basketball team gave it their all in a jam-packed, DeGol Arena, as they fell 85-76 to Fairleigh Dickinson in the NEC Championship game. The game was broadcast on ESPN 2, and a max-capacity crowd of 2,610 fans packed the Stokes Athletic Center in an electrifying “white out” showing to support their home team. “This group has done a lot of things, collectively, individually, that no team has ever done at Saint Francis,” Head Coach Rob Krimmel reflected after the game. The men’s basketball team closed its 2018-19 season with a 89-72 loss at Indiana in the

opening round of the National Invitation Tournament. It was SFU’s first appearance in the NIT since 1958.

The women’s basketball team ended its season by falling to top-seeded Robert Morris, 65-54, in the NEC Championship on March 17. “It was a great season and one that no one really expected,” said senior Jess Kovatch. “Toward the end, we kind of figured it was now or never, and we really started to come together as a team. “I am really proud of all of the obstacles that our team overcame this year.” The Red Flash finished 16-17 overall and 11-7 in the NEC. The team used a quarterfinal home win over Bryant and a semifinal win over second-seed Sacred Heart to earn a spot in the NEC title game.



Guard Keith Braxton goes for three during the NEC Championship. The junior wrapped up the season with top conference accolades such as NEC Player of the Year, First Team All-Conference, and three-time NEC Player of the Week.



Women’s Basketball celebrates after they upset second-seeded Sacred Heart in the NEC Semi-Finals on March 14, 2019. Jess Kovach led the Red Flash with 23 points and seven rebounds, while Karson Swogger added 16 points and seven boards.

Jess & Jess: A Meeting of Greats

It's rare for any team to have one legend. Women's basketball has two.

It's impossible to read about the current women's basketball program without seeing star guard Jessica Kovach's name. The graduating senior earned the Eastern Collegiate Athletic Conference All-Star honor for the fourth straight season, and is the all-time leading scorer and three-point shooter in NEC men's or women's basketball history. She is the nation's active career leading scorer with 2,795 career points and ranks second all-time in NCAA women's basketball history with 461 three-pointers.

She adds NEC Player of the Year honors to that long list of accolades, including being named to the Wade Trophy watch list for the nation's best college women's basketball player. Kovach was on the Liberman Award watch list for the nation's top point guard and the Drysdale Award watch list for the nation's top shooting guard. Kovach is a Top-10 Finalist for the Senior CLASS Award and the only mid-major player named as a finalist.

No one had seen a player as elite as Kovach...since Jessica Zinobile '00. The two met in February, the night Zinobile was honored with her number hanging in the DeGol Arena. She is the first female athlete to receive such an honor, joining basketball Hall of Famer Maurice Stokes (#26), and NBA stars Norm Van Lier (#12) and Kevin Porter (#10).

"Twenty years ago when I was playing here we always heard the name Maurice Stokes, so for my name and my jersey to go up next to his is a huge honor," said Zinobile.

Zinobile is one of the most honored women's basketball players in Northeast Conference history. Among her many

Jess Zinobile was recognized in a ceremony on February 9. Her jersey was hung in the rafters inside DeGol Arena, cementing her place as the first women's basketball player in Saint Francis history to achieve the honor.



Past and Present: Record-breaking women's basketball legends Jessica Kovach '19 (L) and Jessica Zinobile '00 (R) meet for the first time during Legend's Night.

achievements, Zinobile was selected as the NEC 20th Anniversary Most Valuable Player and to the 25th Anniversary all-time team. She was a two-time NEC Player of the Year in 1997-98 and 1999-00 who led the Red Flash to four NEC championships and four NCAA Tournament appearances.

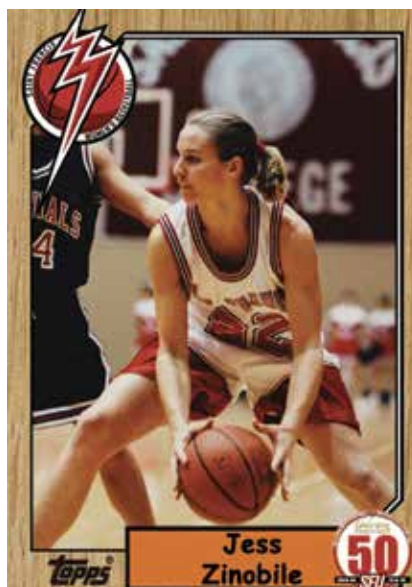
Zinobile was also voted the NEC Tournament Most Valuable Player (1997, 1999

and 2000) on three occasions, named the league's Newcomer of the Year in 1996-97 and was a three-time All-NEC first team pick. She has also held both NEC and SFU career records, and is an inductee of the Northeast Conference Hall of Fame and SFU Athletics Hall of Fame.

Following her extraordinary college career, Zinobile was selected in the fourth round of the WNBA draft in 2000. She remains the only NEC player ever drafted by the WNBA. She now lives in North Carolina, where she works as a detective in the Charlotte-Mecklenburg Police Department.

Kovach described breaking Zinobile's scoring record as "an unbelievable honor" and credited her teammates and coaches for her Red Flash successes. "Coming in as a freshman, going all the way back you don't really think about that. Throughout my four years, I have to thank my teammates for giving me the ball and my past coach for creating plays and making sure I was open and setting me up for success."

Kovach has signed a professional contract to play with the TV Saarlouis Royals out of Germany, fulfilling her dream of going pro.



"This is where I should be"

Red Flash welcome Coach Keila Whittington



"Saint Francis University is a special place, and having an opportunity to coach at a Catholic University is very near and dear to my heart."

— Coach Keila Whittington

Athletic Director Susan Robinson (left) welcomes **Coach Keila Whittington** (right) to the Red Flash family as the eighth women's basketball coach in the program's history.

This Spring, the Red Flash welcomed Keila Whittington to SFU Athletics as the eighth women's basketball coach in the program's history. Now more than ever, she says, she is ready to begin her head coaching career at Saint Francis University. "This is where I should be."

SFU Athletics prioritizes students first, embracing the mind, body, and soul, with a strong focus on excellence in the classroom as well as competition. Keila understands the importance of mentoring young people and has a great understanding of the Franciscan mission. "I'm not just a part of the women's basketball program, or the Athletic program, I'm a part of the University, I'm a part of a church community, I'm reaching out to people," says Keila about her drive to provide service and fellowship to her community. She feels that

"She is ready to hit the ground running to continue our strong tradition of success here at Saint Francis."

— Susan Robinson
Director of Athletics

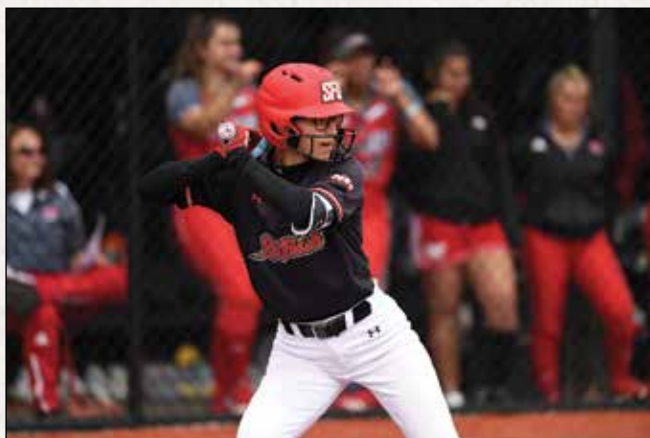
it is very important for her to coach at a Catholic University, and feels "extremely honored and blessed to be the next head women's basketball coach at Saint Francis University."

Keila already knows that Saint Francis University is a uniquely "special place," but has been sure to note that every step of her coaching path has been a part of God's plan, having had successful coaching experience at South Alabama, Rhode Island, Indiana, Oregon, Penn State, and most recently Marist College where she served as assistant coach from 2016-19 and 2007-09. "Each next step, each next place that I went to and my job responsibilities, the things that I did, the people that I met, to be in those places at that time and to experience those things in people's lives, I have no doubt that that's where I was supposed to be at that time."

Saint Francis University is excited to have Keila Whittington embrace our history and traditions and lead our Women's Basketball team to the next level.

THE FRONT PAGE

Red Flash teams finished the season strong, setting records, earning tournament invitations, and making a difference in their community.



SOFTBALL

Under the guidance of first-year head coach Jess O'Donnell, Red Flash Softball won the third consecutive Northeast Conference Championship. Senior student-athlete Haley Norton graduated as the NEC career leader in home runs and RBIs. The team set numerous records, including 480 hits—narrowly beating out the previous record of 479 set in 2017.



WOMEN'S TRACK & FIELD

Junior Sara Phelan became the first female in program history to qualify for the National Championships with her record performance at the NCAA National Championships in Austin, Texas, where she recorded a top throw of 42.82 meters in the women's javelin competition. The throw was good enough to land her on the USTFCCA Honorable Mention All-America Team. "This has been an overall amazing experience," said Phelan. "The atmosphere at these championships was something I had never experienced and is something I will never forget."



MEN'S VOLLEYBALL

The Red Flash won three games vs. nationally-ranked opponents, beating George Mason twice and Princeton once. The team qualified for the Eastern Intercollegiate Volleyball Association Tournament, losing in the semifinals. Redshirt junior Michael Fisher was an American Volleyball Coaches Association Honorable Mention All-American and an EIVA First Team All-Conference selection.



MEN'S TRACK & FIELD

The team scored the most amount of points ever in SFU men's Track & Field history at the Northeast Conference Outdoor Track & Field Championships. Their efforts captured the first NEC team title since 2003. Head Coach Douglas Hoover was named NEC Coach of the Year, and student-athlete Dashaun Jackson became the first individual to qualify for NCAA National Championships since Ryan Sheehan in 2004, where he finished 4th overall.

Red Flash athletes garnered individual and team recognition in multiple sports throughout the 2018-2019 academic year. Visit sfuathletics.com/archives for more highlights.



FLASHLIGHTS from '18 -'19 seasons

- **Women's Basketball** appeared in second straight NEC championship game
- **Men's Basketball** won its first NEC regular-season title since 1990-91 and hosted the NEC Championship on ESPN2
- **Men's Cross Country** earned NCAA APR Public Recognition Award for **high team GPA of 3.304**
- **Women's Cross Country** earned NCAA APR Public Recognition Award for **high team GPA of 3.658**
- **Women's Tennis** set the Saint Francis team record for highest GPA in a semester with a 3.891 cumulative team GPA in the spring semester
- **Football** senior cornerback Jermaine Ponder signed as an undrafted free agent with the Cleveland Browns and will be in their preseason camp
- **Women's and Men's Golf** unveiled a new indoor golf practice facility
- **Men's Soccer** senior Mario Mastrangelo named NEC Player of the Year



- **Women's Bowling** senior Haley Carroll named first team All-NEC
- **Field Hockey** Senior Brea Seabrook selected to the USA Field Hockey National Team Trial
- **Women's Lacrosse** junior Peyton LeConte and sophomore Emileigh Scott were named to the NEC All-Conference Second Team
- **Women's Swimming** senior Sabrina Bowman medaled in six events at the NEC Championships, winning the gold medal in the 100 Butterfly
- **Women's Track & Field** Junior Michelle Hildrebrand (javelin) and sophomore Taylor Weaver (pole vault) were named to the NEC Outdoor Women's All-Conference First Team
- **Women's Volleyball** freshman Madi Tyus named First Team All-NEC
- **Women's Water Polo** won 10 or more games for the third consecutive season



TALES OF THE LORETTO LOYAL

The first commencement in the Maurice Stokes Athletics Center

STORY BY / Marie Young
Director of Marketing & Communications

Commencement Day at Saint Francis has a rhythm.

Rows of folding chairs appear on Saturday, and stand empty until soon-to-be graduates flow in to fill them on Sunday. For many years, this staging dance took place on the Campus Mall if God blessed Loretto with sunshine, or in Doyle Hall when he preferred rain or snow in May. Commencement Weekend 1972 continued the tradition with everything set up on the mall by Saturday night, ready for the big day.

BEST LAID PLANS

“We woke up that day, and it was just pouring!” remembered Dom Peruso ’72 who was the Student Union President. In the past that meant a Doyle Hall ceremony, but the Class of ’72 was far too big. With 381 students receiving diplomas, this was one of the largest

classes in University history at the time.

Dom has the unique perspective of remembering the day as a young graduate and comparing it to the 41 commencement ceremonies he attended as an employee with the Center for Student Engagement.

“I’m not sure how, maybe through the RAs, but they got word to us to get to Stokes any way you can,” Dom continued. “I said, ‘Are you kidding? Stokes isn’t even finished.’ I guess there wasn’t really wasn’t a Plan B. The class was too big for Doyle Hall, and the alternative was trying to get everyone to the Jaffa Mosque in Altoona.”

“The bleachers weren’t in yet, but we had a roof!”

— Dom Peruso, Student Union President 1972

THE CLASS OF 1972 HOLDS A FEW DISTINCTIONS IN COLLEGE HISTORY AS THE:

- LAST FRESHMAN CLASS TO WEAR “DINKS”
- FIRST CLASS TO GRADUATE UNDER THE ROOF OF THE MAURICE STOKES ATHLETICS CENTER
- FINAL COMMENCEMENT CEREMONY THAT SAINT FRANCIS EVER TRIED TO HOLD OUTDOORS
- CLASS THAT CONSIDERS ITSELF MOST “LORETTO LOYAL” IN TERMS OF RETURNING FOR ALUMNI WEEKEND

The grads and their families arrived to find the folding chairs that had been set up on mall, now lined up on the gravel floor. “The bleachers weren’t in yet, but we had a roof!” Dom joked. “Obviously there were no occupancy permits at that time. There were parents standing on the ledge above where the bleachers would eventually be. There was no railing in place. It was quite the day.”

A TIGHT-KNIT GROUP

Every year at graduation time, Leah (Mancinetti) Lesak and her classmates join in a group email to reminisce about their big day almost 50 years ago. Saint Francis is famous for graduating students who stay close, and 1972 is one of the most shining examples. They take pride in each other’s post-graduation success and share the burdens of hard times. Couple that with their exuberance for their college days and they have almost unrivaled record of Alumni Weekend attendance.

According to Robert Crusciel ’86, Vice President for Advancement, “The Class of 1972 is a prime example of what’s great about our alumni... they love and support their alma mater and they continue to enjoy life-long friendships with each other. The class has a special kinship with one another that is amazing to witness.



Different Times: Building codes and occupancy permits in 1972 weren't what they are today. All the class of 1972 needed was a roof over their heads.

Their loyalty to each other and Saint Francis is crystal clear. Their enthusiasm for attending Alumni Weekend every five years is something to behold."

"We were always a tight knit group, and we stayed that way after graduation," Janet Farrell said of the Class of '72. During her senior year, Janet served as Recording Secretary for SGA and unofficially maintained her communications role after graduation. "We wrote lots of letters over the years as a way to keep involved in each other's lives. Now we tend to email to stay in touch, but nothing compares to when we see each other during Alumni Weekend. It is like we never left."

"The bonds that were formed in the college among the Pines were among the strongest in my life," shared Mary Kuska Carey,

Miss Frankie 1972. "On a regular basis I can name more than 15 Frankies that I am in touch with on a regular basis and see at least 10 once or twice a year! It was no wonder that the theme of our graduation activities was the *Ultimate Rally*. Rain, mud, tears, hugs, diplomas, and promises to keep in touch which we have done! Returning for Alumni Weekends is something I look forward to every 5 years."

Leah remembers graduation day "as the saddest day not because of the rain, but because we never wanted to leave."

Her day started off with a Saint Francis "Theatre family" graduation tradition. Director Kenny Resinski and his wife, Bonnie, invited graduates and their parents to brunch at their home near campus. "Their three young children were dressed in velvet suits,

EXCERPT FROM A FAREWELL ADDRESS

"Our friendship started to grow four years ago, yet it seems like only yesterday that we were adorned in our most fashionable dinks, experiencing our first encounters with teachers and college classes. Our rallies in the club continued on and on and eventually became rallies in the bar, and here we are -- the ultimate rally almost over. We recall our excitement at the football games and basketball games -- our pride in the "Red Flash" because it represents us. We think of the agonizing all-nighters we had to pull and hesitantly smile at the ten minute coffee breaks that lasted for two hours.

To look back now, the whole thing seems like a whirlwind, for we try to capture every little event and savor it as much as we can. What its reality now, will soon be miles away. It will seem hard to believe that Saint Francis College was a real place to us once, for in a while it will only be a happy memory. Happiness...we have found happiness in everything and everyone here. That's what makes us so worthwhile. Our friendship has resulted in our happiness."

— Delivered by Tom Matarazzo, (Mr. Frankie '72)
President of the Class of 1972

“It was magical and sad at the same time.”

— Leah (Mancinetti) Lesak

and served us homemade donuts,” Leah recalled. Theatre for Leah, awkward Catholic school girl, was the thing that “shifted everything” and allowed her to get the most out of her college time.

When ceremony time rolled around, the weather was still ugly.

“What I remember was the mud!” shared Mary Kuska Carey, Miss Frankie 1972. “It was raining and trekking up the path towards the construction sight was a mess. I was the first college graduate in my family so my parents, grandparents, aunt, uncle and two brothers were all there making their way through the rain, too.” Many in the Class of ’72 were first generation college students experiencing a family milestone that day.

Dressed in their finery, they marched into the shell of Stokes to the sounds of “Pomp and Circumstance” just as they had practiced. Beloved professor Albert Zanzuccki, then Silver Jubilarian, led the faculty procession and Judge Genevieve Blatt, the first woman elected to a statewide office in Pennsylvania, delivered a two-page commencement address. “It was magical and sad at the same time,” Leah said.



Down Memory Lane: Leah Lesak shared this photo from her album that her father took on graduation day.

Afterward Leah remembers picking a rock from between her heel and the sole of her shoe as she carried her cap and gown to the drop off spot in Doyle Hall. She had made it to through the entire ceremony without tears, but the realization that college was over hit hard, and she sobbed through most of the car ride home.

Loretto Loyal: The class of 1972 boasts one of the highest number of alumni returning on an annual basis. This photo is from their 45th class reunion held in 2017.





Welcome to the Alumni Ranks!



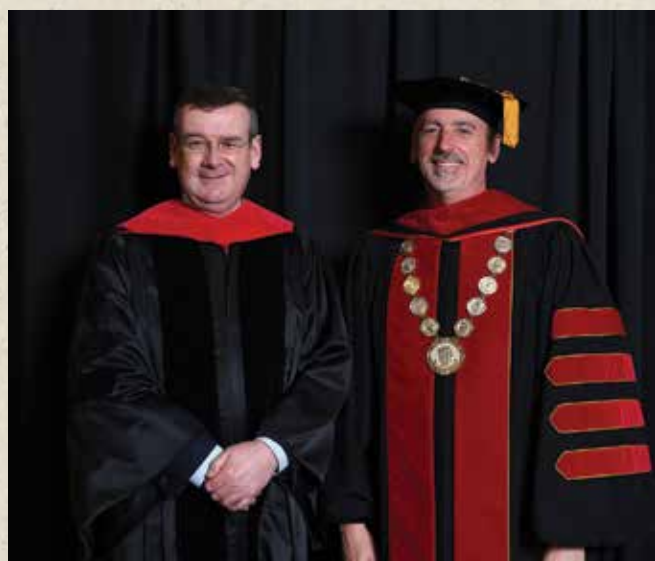
The Class of 2019 turned the tassel on May 12, 2019. The class included 750 degree recipients (421 undergraduate/329 graduate).

The Saint Francis University Alumni Association welcomes you to the family.
#LorettoLoyal





Graduate speaker Michael K. Lauf, M.B.A. '03 has served as the President and CEO of Cape Cod Hospital since December of 2010 and also serves as the current CEO of Cape Cod Hospital. Since graduating from Saint Francis, his work has taken him from community development to healthcare administration, and he has learned that the best attribute of a manager is patience. He loves to tackle complex problems and to steer a billion dollar company by the compass points he learned in Loretto.



Undergraduate speaker Professor Campbell serves as the Vice-Chancellor of St. Mary's University in Twickenham London. Lessons in attentive listening, and what he calls "the unity of life experience," prepared Professor Campbell for careers in politics and diplomacy. As Vice Chancellor of one of the few Catholic universities in London, he tells students that becoming grounded in a village in a mountainous farming region—whether Newry or Loretto—is not a disadvantage, but the opposite.

Photo and Video Galleries francis.edu/commencement



ALUMNI GIVING BACK

Sharing knowledge and insights with the next generation of professionals

Current Saint Francis students are blessed to have the opportunity to learn from the successes and challenges of Saint Francis grads who have come before them. These are a few examples of alumni sharing expertise on campus this past year.

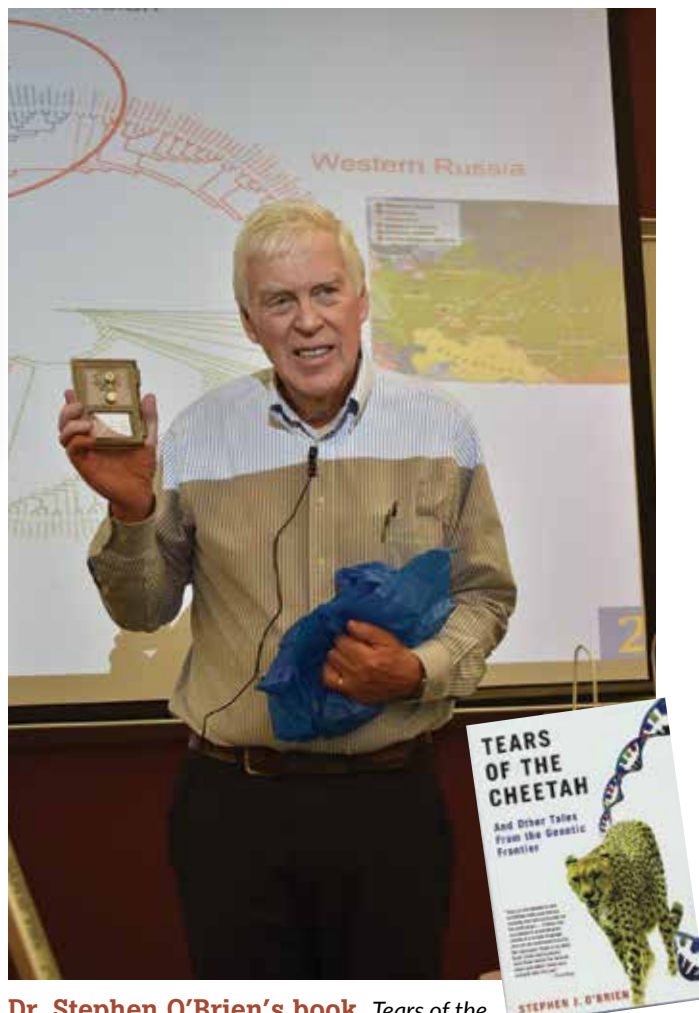
DR. STEPHEN O'BRIEN '66: BIOLOGY SEMINAR SERIES

The School of STEAM welcomed back Dr. Stephen O'Brien '66 to kick-off the Biology Spring Seminar Series in February. Dr. O'Brien and special guest presenters met with current and prospective Biology students weekly for seven weeks in a comprehensive and timely seminar series titled: "Science and Society Through a Genomic Lens."

The spring seminar series connects alumni and professionals with undergraduates and the community to discuss research and work in genomics. Students learn about cutting edge science, discover career opportunities, and make connections with distinguished scientists. SFU is one of only a few universities where undergraduates have such a unique opportunity.

For undergraduate students, it is hard to imagine that the student standing next to you in the lab could one day discover something that profoundly stuns the scientific community—something like the fact that all cheetahs are each almost genetically identical. Meeting Dr. O'Brien put that into perspective. "I can't get over is how much this man has done in his lifetime already," said a student.

Dr. O'Brien, one of the world's foremost authorities on human and evolutionary genetics, started his career at Saint Francis University and went on to earn a Ph.D. from Cornell. He is credited with the discovery of CCR5-D32, the first of twenty human AIDS restriction genes, authored or co-authored over 800 scientific articles, and published the following books: *Tears of the Cheetah and Other Tales from the Genetic Frontier*, *Atlas of Mammalian Chro-*



Dr. Stephen O'Brien's book, *Tears of the Cheetah* explores the mysteries of survival among the earth's most endangered and beloved wildlife.

mosomes, and Genetic Maps - Locus Maps of Complex Genomes. He joined the National Cancer Institute where his specialization in the genetics of a more docile feline, the common house cat, has been invaluable in human disease research.

The students that have attended the series have found them to be diverse and insightful. "For my future career, I plan on becoming a pharmacologist where I will be studying drugs," said a student. "Knowing that certain animals have an immunity to certain



Business students networked with accomplished alumni at the first ever Mentorship Day on October 19. The Shields School of Business hopes to expand upon the success of the event and looks forward to the growing opportunities mentoring will offer for alumni and students.

diseases may be useful information for trying to develop a cure for certain diseases.”

Another student reflected, “Dr. O’Brien definitely influenced me to try things outside my comfort zone for my future career, because you never know what may happen—and it could be something pretty great. This series definitely was interesting and inspiring.”

BUSINESS ALUMNI MAKE MENTORSHIP A PRIORITY

More than 30 Shields School of Business alumni traveled from across the country to attend the inaugural Mentorship Day at Saint Francis University on October 19, 2018. More than 200 Finance, Accounting, Marketing, Management, and other Business majors had the opportunity to meet with the accomplished alums, many of whom were in their shoes just a few years ago.

The day was filled with engaging events such as Speed Net-

working, a Shark Tank-style competition, and a number of seminars covering a range of topics from Doing Business Globally and Branding Yourself Online, to Women in Business and Resume/Interview Tips, Techniques, and Internships. The students had many opportunities to speak with alumni one-on-one, asking questions and receiving personalized career and academic guidance.

Dean of Shields School of Business, Dr. Randy Frye ’90 Master of Human Resource Management, thanked his former students for giving back to their alma mater in such an impactful way. “We all need mentors, people who support us, provide us guidance and are sounding boards in our busy and sometimes complicated lives. I thank every alumni out there who has chosen to become that someone, and to become that mentor.”

Alumni were notably excited to be back in Loretto, commenting on the many enhancements made to the University, particularly within the newly-renovated Schwab Hall. The Shields School of

Business home recently underwent a multi-million dollar upgrade, including the addition of new classrooms and collaborative study spaces, a stock ticker in its grand lobby, and a modern café that serves Starbucks refreshments.

“It’s good to see the new building and all the things that have changed,” said alumnus Sean Barker ’10 Marketing. He went on to tout the value of Mentorship Day, adding “I absolutely got something out of today, and I think the students got a great deal out of it as well. I’ve spoken with several fellow alumni who have echoed the same sentiments.”

Shields’ faculty decided to conclude Mentorship Day with their annual Invest for Success competition, organized by Enactus co-advisors Ms. Nicole Bauman ’09 Accounting, ’16 MBA, Assistant Professor Kent Tonkin ’95 English, ’05 Master of Human Resource Management, and their team of student volunteers. Funded by the Dr. Albert Zanzuccki Endowment and modeled after the television show Shark Tank, the competition gives students a chance to “pitch” business ideas to professional judges for a chance to win startup funding. Distinguished Shields School of Business alumni served as judges.

First place was awarded to Mathematics/ Computer Science student Ryan Alu, who won \$1,500 for his volleyball statistics software solution. Alumni Judge and President of Precision Business Solutions, Brian Shrift ’05, Management Information Systems, was so impressed with the software that he awarded Ryan an additional \$1,000 in funds to bring this project to market. Accounting/ MBA student, Connor McDonnell, placed second and received \$500 to jumpstart an environmental-friendly burial service.

“To see former students to grow into successful, content business people, and to offer advice and insights into our current students—that is the highest level of job satisfaction anyone can have.”

— Dr. John Miko, Associate Dean of the Shields School of Business

“It was an awesome experience,” said Management and Marketing double-major, Kenny Brumbaugh ’19. “I enjoyed networking with alumni and learning about their careers. I’m excited to reach out to them about internship opportunities down the road.”

Dr. John Miko ’92 Mathematics, ’02 MBA, Associate Dean of the Shields School of Business expressed his gratitude to the alumni who have volunteered their time to give back to students. “I cannot tell you what a pleasure today has been, personally, for myself and for the Shields’ faculty. To see former students to grow into successful, content business people, and to offer advice and insights into our current students—that is the highest level of job satisfaction anyone can have. It’s been a very special day for me, and I am very proud of each of them.”

Dr. Miko expects Mentorship Day to be an annual event, and looks forward to the growing opportunities it will provide for both students and alumni.



Jack McArtney (left with Fr. Malachi and Dr. Art Remillard) shared his thoughts on *True North in a Horizontal Era* at the 2019 Ethic Lecture.

TRUE NORTH IN A HORIZONTAL ERA: JACK MCARTNEY ’82

The Wolf-Kuhn Ethics Institute at Saint Francis University is celebrating 30 years of hosting thoughtful, engaging discussions on ethical issues. For this year’s “Ethics Lecture” on March 14, Dr. Art Remillard, Associate Professor of Religious Studies, invited alumnus, Jack McArtney ’82, to participate in a conversation about ethics and technological innovation in an expanding global marketplace.

Jack shared his journey from an “uneven” student in Loretto discovering his purpose to becoming a pioneer in the mobile phone industry. Students listening that evening received his insights gained over three decades of strategic marketing, business development, network operations, public policy, and philanthropic expertise in telecommunications products and services, digital entertainment, online safety, and media literacy.

Jack has managed the integrated network, product, and business development functions for: Verizon Wireless, Verizon Communications, Bell Atlantic Mobile, and AT&T AMPS. He helped design and launch the first mobile networks in the United States, SMS text messaging, built developer programs for mobile app services, and developed Verizon’s Content Standards for all of Verizon’s consumer and enterprise digital media and advertising businesses.

Today Jack leads an advisory and consulting business, McArtney Group, that focuses on brand reputation and product responsibility in social media, digital media, media literacy, with clients in threat management, security, privacy, healthcare, education, law enforcement, and wireless and broadband telecom operators.

Much of his talk centered on the ethical dilemmas that inevitably arise in our current age of rapid technological development. You can listen to the full podcast at francis.edu/ethics.

FLASHBACKS

1960s



◆ Members of the classes of 1967-1971 gathered for the ninth year in a row in April for a 5-day, 4-round golfing adventure in Myrtle Beach, S.C.

◆ **Blandin (Bill) Karabinos '60** was elected to the Board of Directors of the 11th Armored Cavalry's Veterans of Vietnam and Cambodia in September 2018. Bill continues to serve as the 11th ACVVC Chaplain, a continuation of his position as combat chaplain to the 11th Armored Cavalry Regiment, the Legendary Blackhorse Regiment in Vietnam in 1971 and 1972.

1970s



◆ **Thomas Rossetti '70** recently published a new book detailing his years working for Edward J. DeBartolo, former owner of the San Francisco 49ers, the Pittsburgh Penguins, Pittsburgh's

Civic Arena, and numerous horse racing tracks and other sports teams. The book follows Thomas's career with DeBartolo, beginning as a new hire in Youngstown, Ohio, just as DeBartolo was preparing to expand his business into professional sports. The book is titled *Thank you, Mr. DeBartolo* and is available exclusively at amazon.com.



1980s



◆ **Susanne E. Caldwell '86** published a Catholic children's book, *Celebrate! You are a Child of God!* The book was written to acknowledge and reinforce the dignity and self-worth of every person as a Child of God. The book is available through rose-dogbookstore.com. Suzanne resides in central Pennsylvania where she has lived all her life.

◆ **Louis C. Schmitt, Jr. '84** was elected on November 6, 2018 to a two-year term in the Pennsylvania House of Representatives. He will represent the 79th Legislative District, which is comprised of the City of Altoona, Logan Township, and Allegheny Township. His term runs from December 1, 2018 through November 30, 2020.



◆ **Brian Westfall '81** was recently appointed District Deputy Grand Exalted Ruler for the West District of the Maryland, Delaware, DC Elks Association.

2000s

◆ **Jennifer Christman '03** was selected as one of the 2018 Women Making a Difference by Pennsylvania's Business Central publication. Jennifer is the current chief and executive vice president of Behavioral Health Programs at VetAdvisor/Three Wire Systems, LLC. She is also the president of the National Association for Rural Mental Health, and is a board member for the Veteran Community Initiatives and the Saint Francis University Social Work Advisory Board.



◆ **Megan Sommers '08 '18** was named a 2019 MENTOR National Fellow for the work she did as the Academic Director and Mentor Coordinator at Steel City Squash in Pittsburgh, Pa. She participated in Capitol Hill Day where she had Congressional appointments with Senator Pat Toomey, Senator Bob Casey and Representative Conor Lamb. MENTOR also honored her during Women's History Month as an influential woman making progress in the mentoring world.

2010s

◆ **Lauren Kesslak '10** has been accredited as a Certified Industrial Hygienist as of November 2018 through the American Board of Industrial Hygiene (ABIH). Industrial hygiene is the science of protecting and enhancing the health and safety of people at work and in their communities. Those dedicated to anticipating, recognizing, evaluating and controlling those hazards are known as Industrial Hygienists. They are professionals dedicated to the well-being of people – at work, at home and in the community.

Marriages



Pictured top and right

◆ **Matthew Brown '11 '18** and **Alexa Semelsberger**

'15 '16 of Northern Cambria, Pa. were married on July 22, 2017 and are celebrating two years this July. Eight members of the bridal party are also graduates of SFU.

Alexa currently works as an occupational therapist at the DiSepio Center for Rehabilitation at SFU and also at CSS Medical Center at Windber. Matt is a fourth grade teacher at Cambria Heights Elementary.



◆ **Johnathan Paros '11 '12** and **Latitia Lattanzio '12** were married on December 29, 2018 at Saint Bernard Roman Catholic Church in Pittsburgh, Pa. with the reception at Carnegie Museums of Pittsburgh.

They reside in Cranberry Township.





◆ Lifelong TKE brothers meet up for a round at the Champion Lakes Golf Course in Ligonier, Pa. Front row (L-R): **Ed Daschbach '69, Mike Wagner '71, Gregg Bender '71, Ron Hauck '69.** Back row (L-R): **Bob Hauck '70, Jim Hauck '73, Jim Cuccio '70, Bill Griffin '70, Mike Dugan '69, Dennis Callahan '70.** Not pictured: **Mike Martorella '69.**

Deaths

Marjorie (Kennedy) Altmashofer '86
 Peter Avenoso '61
 Joseph Bastolla '51
 William E. Bearer '50
 Rev. Augustine Belinda, T.O.R.
 Daniel Bennett '95
 Bernard "Bert" Bertolino '52
 Rev. Msgr. Harold N. Biller '60
 Mary Ann (Moxley) Bono '61

Michael Brennan '68
 John Burnham '61
 Ronald Carnevali '61
 Frank Connolly '70
 Adam Depiro M '15
 Robert Dennehy '51
 Ryan Duman '12
 Clare Ann Dumm '90
 William Eckenrode '77

Paul Edwards '79
 Patricia (Kruley) Freeman '65
 Lawrence Gloekler '50
 William David Grab "Willie", "Bill", "Bud" '77
 Paul Haggerty '56
 Robert Harnett '75
 Michael L. Hess '64
 Brother Lawrence Hilferty, T.O.R. '84

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The Troubadour belongs to all of us



Senior Anna Baughman '19, English Literature, published a farewell letter to *The Troubadour* in the student newspaper's April 2019 issue.

When I was approached my sophomore year with the prospect of becoming the school newspaper's new editor, images of Rory from *Gilmore Girls* running around a newsroom, working to a deadline, and delegating responsibilities left and right danced around my head. I quickly learned that this would not be the case for me.

I became the Editor in Chief of the *Troubadour* in the fall semester of 2017. I was just starting my junior year. My staff was a group of maybe five students who were required to write for one of their classes. This didn't exactly inspire the deep rooted passion I was looking for in a staff. But, I didn't have any other options. I had to do what I could with what I had.

My editorship became less about being in charge and having a large staff. It was more about breathing life into something I felt was dead, something that was an integral part to this University, in my opinion. So I worked to put the *Troubadour* on the map.

The *Troubadour* became an extension of me. I often referred to it as my child, and I nurtured it as though it was. I held meetings. I sent out emails. I encouraged people to look at the *Troubadour*. I created social media content.

Involvement did improve. My staff did grow. I met talented people, more talented than I, who produced wonderful articles. I watched their talent grow even more, surpassing me by insurmountable measures, much to my chagrin and delight. I looked around and realized that I wasn't alone any-

more. The *Troubadour* was no longer just Anna Baughman. It belonged to all of us.

By my senior year, I felt myself outgrowing everything. My college years, it seemed, were becoming days of the past. I felt myself looking forward to the future.

The one thing I did not feel like I was outgrowing was the *Troubadour*. As my desire to be doing work in the real world grew, I threw myself into the *Troubadour*, making it my full-time job. I began writing articles, first as a requirement and then because I loved it. The *Troubadour* breathed life into me, the way I hope I breathed life into it.

I'd be nowhere without the Communications Department. Thank you to Dr. Kelly Rhodes, who initially recommended me for a role that became so vital to my identity; to Mr. Brent Ottaway, my first newspaper advisor, whose encouragement, faith and sarcastic nature kept me going when I so often felt lost; and to Dr. Pat Farabaugh, who taught me, in and out of the classroom, everything I know about writing, layout and journalism.

Did I do a perfect job? No. Are there things I would have done differently? Absolutely. But I did everything I could, and I did it all with the utmost love.

I've edited hard articles. I've written hard stories. I've done hard layout.

But through it all, I never knew the hardest thing for me to do would be saying goodbye.

Concert Series FALL 2019



PHOTO: SFU TROUBADOUR

September 7 The Vogues

Back by popular demand
with all their hits from the '60's!

October 25 Josh Gallagher

You may recognize him as a
finalist from *The Voice*, or as a
hometown boy from Cresson, Pa.



PHOTO: FACEBOOK



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November 23 Jourdain Fisher

Comedian and writer for
The Tonight Show
with Jimmy Fallon!

All performances will take place on their respective dates at 8:00 pm in the JFK Auditorium.
Tickets are \$10 for students and \$20 for adults.

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