Saint Francis University Magazine



3 Candles 1 Spirit

The light shines in the darkness, and the darkness has not overcome it.

John 1:5



INSIDE: Uniting After Tragedy ● JFK Campus Club ● Inside the New Experiential Learning Commons

MESSAGE FROM THE **PRESIDENT**

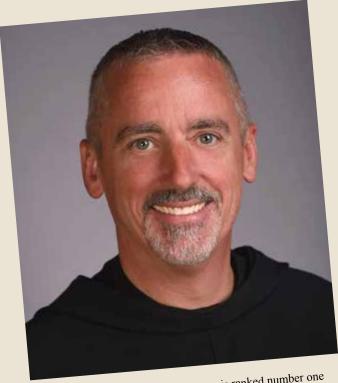
Ordinarily, a greeting letter in the university magazine opens with upbeat news, the highlighting of accomplishments, and gratitude to donors and friends. Rest assured, you will read of such things later in this narrative. Unfortunately, I must begin with more somber news. A national tragedy hit very close to home for us this past August. The Dayton shooting, an all-toofrequent type of event one hears of in the news, affected our own students. Nicholas Cumer, a recent undergraduate and current graduate student, was killed that horrible day.

While finishing up his internship at Maple Tree Cancer Alliance in Dayton for his Master of Science in Cancer Care, Nick ended up taking his mission to save lives to a new level. He and his friends were at the Dayton venue when shots rang out. His quick thinking saved the life of his friend, whom he shielded with his body. Nick, however, succumbed because of the injuries he sustained. He took literally the Scripture, "No greater love does a man have than to lay down his life for his friends" (John 15:13). By his death and heroic actions,

You will read in this issue of the student-led event at which others lived. we memorialized and honored Nick Cumer. At the same ceremony, they remembered two students whose lives ended prematurely by suicide, Liv Juliana '22 and Bryan Smeltzer. Our students raised awareness of suicide prevention and ending violence. At the opening of our academic year Mass of the Holy Spirit, we prayed for the repose of the souls of these students and for the consolation of their families and friends. At the conclusion of Mass, we prayed the Peace Prayer of Saint Francis. Many in our university community then took the opportunity to sign a pledge for peace, in accord with our Franciscan values.

Though triggered by sadness, I am proud of the ways our students and the university community brought light into darkness.

As you read through this issue of the university magazine, you will discover the 2019 President's Report featured prominently in the center. This past year, we have had an array of accomplishments as well as several new academic programs. We launched Francis Worldwide, our online school, in July 2019. We continue our march into the future as a re-visioned, comprehensive university. We celebrate our strong academic programs that meet the needs of society and our students. At the heart of it all is a strong Franciscan presence, a constant since 1847.



Our undergraduate nursing program is ranked number one in the nation. Saint Francis' nursing program has had a 100% pass rate on the NCLEX for six years in a row, almost unrivaled anywhere in the country. This past year, each health sciences program boasted of a 100% pass rate on their respective licensure exams. To top it off, on October 4, our patronal feast day, we blessed and dedicated the Experiential Learning Commons, the state-of-the-art simulation lab addition to Sullivan Hall. The fact that this project was fully funded by alumni benefactors and a grant from the Commonwealth of Pennsylvania is a strong endorsement of our Franciscan and Catholic mission.

As you peruse the President's Report and enjoy the stories in the university magazine, know of my heartfelt gratitude for your generous support of Saint Francis University.

May the Lord bless you and give you His peace.

Sincerely,

Very Rev. Malachi Van Tassell, T.O.R., Ph.D. President

The SFU Magazine is published 2 times per year by the Office of Marketing and Communications in conjunction with the Office of Alumni Engagement.

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Decades of SFU alums are accomplishing impressive feats all over the world and finding unique ways to catch up with their former classmates.

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FINDING LIGHT IN THE DARKNESS

In the span of just a few months, the University lost three students to tragedy. What happened after these deaths is a testament to the rooted faith and community that is Saint Francis University.

On September 25, 2019, hundreds of students from every campus group, every team, and from every academic discipline, joined together in the dark to memorialize their dear friends Alivia Juliana, Bryan Smeltzer, and Nicholas Cumer. They prayed together. They remembered. They wept. Then they lit candles for their friends, casting a soft glow beneath the statue of Saint Francis of Assisi, a beacon that has stood on the campus mall for decades, reminding each passing student of the Franciscan values that will forever bond them: humility, generosity, reverence, service, respect, prayer, joy, and love.





"She always wanted more and relished the experience."

Alivia "Liv" Juliana, 19

Alivia Juliana of Phoenixville, Pa., passed away from suicide on May 15, 2019. She was a rising sophomore in the School of Health Sciences and Education, and a beloved member of the Red Flash women's golf team. Fellow golfer Alex Kiepert '22 remembered Alivia's infectious smile. "Liv was someone who was never far away from her smile and laugh, on or off the golf course." Helping others was very important to her, and she didn't hesitate to exceed her service hour requirements. "Liv's love for life exceeded her grasp," said Fr. Peter Lyons T.O.R. "She always wanted more and relished the experience."

"Bryan always went the extra mile to make people laugh."

Bryan Smeltzer, 24

Bryan Smeltzer of Homer City, Pa., passed away from suicide on May 29, 2019. He was a proud member of the Red Flash band, where he played the tuba. "Bryan was very outgoing and funny, and a good musician," said Director of Bands and Chair of Fine Arts Dan Atwood. Brothers Justin and Tyler Skipper remember Bryan's caring and humorous personality. "He was a big jokester," said Justin '15 '18. "He would go out of his way to know what was on your mind, how you were feeling, and if there was anything he could do for you," said Tyler '18. "Bryan always went the extra mile to make people laugh."





"Nick could relate to anyone on campus."

Nicholas "Nick" Cumer, 25

Nicholas Cumer of Washington, Pa., was killed on August 4, 2019 in the Dayton, Ohio mass shooting. He died shielding others, including a fellow Saint Francis student, from the cascade of bullets that would kill nine and become a global tragedy. Nick was an Exercise Physiology and Master of Science in Cancer Care student, and former graduate assistant for the marching band. Timothy Hornick '15 remembers his friend and Alpha Phi Delta brother as a person he "wanted to be like". "Nick could relate to anyone on campus," he said. "He was the most unique, well-rounded individual I've ever met."



"If you were to compile all of the positive traits a person could possibly have, you would find Nicholas Cumer seemed to have all of them."

— Friend Rylie Rusnica told the *Troubadour*

A national tragedy echoes through Loretto

On August 4, 2019, Saint Francis University student Nick Cumer was killed during the tragic mass shooting in Dayton, Ohio, which took the lives of nine people. Nick suffered fatal gunshot wounds while shielding friends, including a fellow SFU student, Kelsey Colaric, in the spray of bullets. Kelsey was wounded in the shooting but survived.

"I was working at DiSepio when I heard the news," remembered student Jenna Hartmann '20. "I felt my heart just drop. I couldn't stop crying. I will remember that moment for the rest of my life."

A graduate student in the Master of Science in Cancer Care program at Saint Francis, Nick had recently completed his undergraduate work with us as an Exercise Physiology major. He had been in Dayton as part of his internship program with Maple Tree Cancer Alliance, a non-profit organization that uses exercise, nutrition, and faith to improve the quality of life for those battling cancer. Nick had been offered a full-time position just prior to his death.

"Nick was dedicated to caring for others," said Very Rev. Malachi Van Tassell, T.O.R., president of Saint Francis University. "He touched so many people during his time at Saint Francis. Our community will continue to pray for Nick's family and for the families of those who have tragically lost their lives to gun violence in Dayton."

Among his many achievements at Saint Francis, Nick was recognized at the 2019 Community Engagement Awards among students who had completed 100+ hours of service.

As a member of the marching band and Alpha Phi Delta fraternity, Nick could fit in anywhere. Andrew Ebert '17 recalled Nick's gift for befriending everyone who walked through his door. "No matter who you were or where you came from, Nick would show you love. You were always welcome in his home, no matter what."

Nick's friends weren't surprised to hear he sacrificed his life for others. "We knew right away that he was protecting someone else," said fraternity brother Timothy Hornick '15. Every time we were with him we felt safe. There's no way of forgetting him. Everyone wants to be like Nick."



"We knew right away that he was protecting someone else."

- Timothy Hornick '15



Turning grief into action

While conversations around suicide and gun violence often turn political, students and organizations have instead chosen to start a new conversation, one that keeps Alivia, Bryan, and Nick at its heart.

MARCHING ON

The Saint Francis University marching band has designed a pin to honor bandmates Nick and Bryan, which will be worn by all members during the 2019-20 season. Each pin is adorned with the initials "NC" and "BS" and corresponding colors to represent gun violence and suicide awareness. The marching band sold the pins in the fall, and have donated proceeds to two charities in Nick and Bryan's names.

A PLEDGE FOR PEACE

Like most of the community, a feeling of helplessness set in after the immeasurable losses of Alivia, Bryan, and Nick. While grappling with his own grief, student Randee McGee '21, junior Accounting major and band member, decided to take action. He, along with fellow band members, wrote a Peace Pledge which they recited at the candlelit vigil and encouraged fellow students to sign. "It is an amazing privilege to go through this thing we call life," said McGee. "We should learn to exist with each other in a civil manner and work to combat our inner demons."

PEACE PLEDGE

From this point forward, I pledge to live my life as an instrument of peace, just as Saint Francis described. I pledge to do no harm unto others and act in a manner of peace at all times, especially in times of conflict. I pledge to not discriminate against or bring hatred onto others despite the differences we may have. I pledge to find peace within myself and seek out help from others when the burden upon myself grows too large. I pledge to follow my passions and to encourage others to do the same. By joining in the pledge, I will carry out the actions described above and spread the message to my community, as an instrument of peace to the world.



Nick Cumer (center) and **Bryan Smeltzer** (right) were both members of the Red Flash marching band, leaving lasting memories for their fellow bandmates.

CONTINUING NICK'S WORK

The tragic death of Maple Tree Cancer Alliance intern Nick Cumer has inspired the Dayton, Ohio organization to open a new location in the Pittsburgh area, not far from Nick's hometown of Washington, Pa. The non-profit offers free exercise and nutrition services to cancer patients. Karen Wonders, executive director of Maple Tree Cancer Alliance, told *WPXI Pittsburgh* she felt Nick would have been proud of the new office. "We just want to honor his memory however we can," she said.

WALK FOR AWARENESS

On September 25, Saint Francis students, faculty and staff came together to host a suicide awareness walk and vigil in an effort to raise awareness, remember loved ones who lost their lives, and encourage a dialogue that promotes prevention. During the vigil, the names of 100 suicide victims were read aloud.

Friends and family members carried photos of their loved ones, hoping to combat the societal taboos associated with suicide.



Student groups sponsored tables along the route of the walk, offering information about common warning signs, local resources, and suicide prevention.

Susan Obarsky, assistant director of the University's counseling center, told the Tribune Democrat that suicide programming, particularly during Suicide Awareness Month in September, is vital to prevention. "Over the years, we have been doing programming almost every week, whether it's a passive event, an email blast, or a program where we bring somebody to campus to speak about the warning signs of suicide and prevention. It really opens the conversation and helps to reduce the stigma surrounding suicide."

We can all help prevent suicide. The National Suicide Prevention Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Call 1-800-273-8255.



A new home for **Health Care**

The groundbreaking Health Sciences Experiential Learning Commons is changing the way students learn and giving them an edge in the workforce.



STORY BY / Kara Illig, Lead Editor

The School of Health Sciences and Education recently added a 10,000-square-foot addition to the Sullivan Hall Expansion and Renovation Project that provides state-of-the-art classroom, laboratory and clinical education space to instruct students enrolled in the Health Sciences programs. The Health Sciences Experiential Learning Commons (or ELC, as it is known to the campus community), provides invaluable educational resources to students entering into health care professions.

PREPARING STUDENTS FOR THE REAL THING

In addition to enhanced technological equipment, the ELC's unique simulated spaces set it apart from other schools' healthcare facilities. Students from all disciplines are able to work together interprofessionally, just as they would in an actual hospital or home setting. For example, Nursing, Physician Assistant Science and Physical Therapy students can collaborate in the Acute Care and Skills Labs on all phases of patient care from Urgent to Palliative.

In the Home Skills Lab, Occupational Therapy, Education, Psychology, and Social Work students can practice working together inside a patient's home with a better understanding of the patient's daily homecare needs.

"The ELC is a living space where interprofessional education is accessed and embraced by our students," said Dr. Rita Trofino, Associate Dean of the School of Health Sciences & Education and Nursing Department Chairperson. "Because of these opportunities, our students are now more prepared, more confident, and more competent going into the workforce."

This interdisciplinary approach to learning promotes better patient care and outcomes in the hospital setting, and more prepared health care professionals who are entering the field sooner.



"The ELC occupies a vital role in enhancing students' preparedness to practice through an experiential and collaborative approach to learning, including simulation that combines independent and faculty-directed learning."

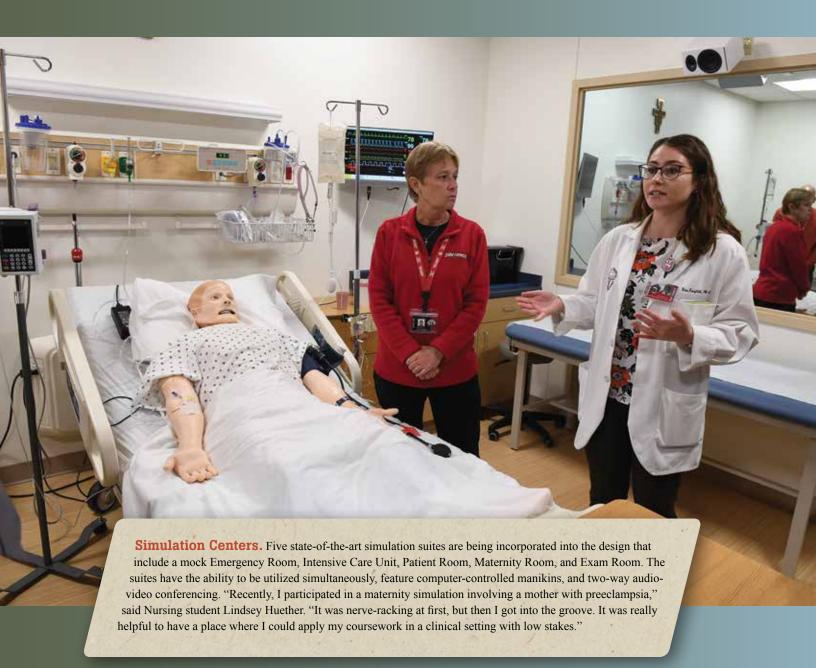
 Brenda Martynuska Guzic, Director of the Experiential Learning Commons



"This space transforms not only our teaching and learning capabilities, but it transforms our students, and it will transform patient care and healthcare."

Dr. Donald Walkovich,
 Dean, School of Health Sciences & Education

A look inside







Sullivan Hall Experiential Learning Commons Blessing and Dedication October 4, 2019





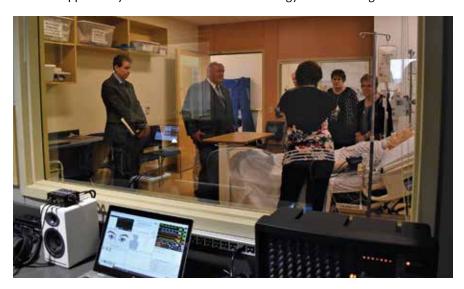
A GENEROUS START

The \$4 million construction project could not have been completed without the help of generous Saint Francis alumni. The University was blessed to receive \$1 million in gifts from alumni and friends, and a \$2 million anonymous donation that helped launch the project toward completion. The final \$1 million was funded through the Redevelopment Assistance Capital Program (RCAP) Grant from the Commonwealth of Pennsylvania.

A recent generous \$2.5 million anonymous donation will usher the project into its next phase, which will include the renovation of Sullivan Hall and the expansion of the on-site cadaver lab to provide hands-on human anatomical education to Physical Therapy and Physician Assistant Sciences students. To help move the second phase of this project forward, please contact Robert Crusciel '86, Vice President for Advancement at rcrusciel@francis.edu or 814-472-3021.

francis.edu/learningcommons

A resource for the community. The ELC has generated interest from the community and local legislators. On September 30, U.S. Representative Glenn Thompson received a tour from Brenda Guzic (above left), Director of the Experiential Learning Commons, and Dr. Rita Trofino (above right), Associate Dean of the School of Health Sciences & Education and Nursing Department Chairperson. The congressman learned about the facility's benefits for both students and industry professionals. EMS, firefighters, and other health care professionals will have the opportunity to use the simulation technology for continuing education.





In September, the University held a ribbon cutting and unveiled Frankie's Campus Club. The fully-remodeled food court includes three new "made-to-order" food stations, spacious seating, conference rooms and multiple HD televisions.

Part of the Club

How Student Government Helped Re-Imagine a Campus Classic

For many students, Saint Francis University is their home away from home.

When a student comes to campus they bring their belongings into a space with a bed, a desk, a dresser, and a wardrobe attempting to recreate the warmth of the home they've left behind.

"At home, you leave your bedroom, stop by the kitchen and grab a snack or venture into the living room to watch TV before retreating back to your cozy confines," said JFK Facilities Coordinator Lori Schrift. "On campus, if you want to get out of your room, grab a snack, take a break from the books or hang out with friends, you come to JFK."

Since 1965, the JFK Student Center has been the place to go when you want to find a comfy sofa, kick off your shoes, put your feet up, and stretch out the way you would at home. There is plenty of room to meet your friends, grab a meal, find some entertainment or just hang out. If you need a quiet place to study, perhaps go to the library. If your idea of studying includes activity and noise around you—and perhaps a latte—you come to JFK.

No matter their graduation year, thousands of alums will tell you that some of their best memories at SFC/SFU happened in the JFK Center. They reminisce about play rehearsals in the theater with Kenny and Bonnie Resinski, or their antics in *The Loretto Troubadour* office while they put together the latest edition of the newspaper.

Perhaps they were members of the Student Activities Organization gathering to discuss fun programs to implement. They talk about Family Weekends and concerts and dances in Frankie's or events in the Lounge.

In many ways, students of 50 years ago and today's students speak the same language when they talk about their college experience at SFU-and JFK is intertwined with what they recall-whether past or present.

NEWEST ADDITION

From once having an on-site barber shop, an ice cream parlor, or gourmet coffee cafe, the JFK Student Center has evolved over the years. Like any evolution, progress begins with a single idea that can lead to transformational change.

September 6, 2019 is a day Student Government Association President Teresa Narduzzi will remember forever. That day was the ceremonial opening of Frankie's Campus Club Food Court and a



newly-remodeled lower level of the JFK Student Center.

These new amenities wouldn't have come to fruition if it wasn't for a vocal student body, active student government, and a University Leadership who were ready to listen.

THE CHALLENGE

In the fall of 2017 the Student Government Association (SGA) was hearing buzz around campus that students wanted a different variety of foods available during evening hours.

"The modern college student is extremely busy, and students who come to Saint Francis love to get involved in various sports, clubs and organizations," said Narduzzi, a senior Communications and Marketing major. "A lot of practices and events don't wrap up until 9:00pm, and with Torvian Dining Hall closing at 7:30pm there weren't any other options to get food."

The meal plan that includes three meals a day could only be used at Torvian Dining Hall. Any other options including Frankie's, Padua Cart and Adamucci Café were not included and items had to be purchased with "Flex-Cash".

"At that time, SGA President Marcus Mihelcic's term was ending and he told me, 'Teresa, I think progress can be made here. You should continue pursuing the idea of meal plan reform.' That's when we started developing our strategy to do just that," remembers Narduzzi.

PROGRESS

To get the ball rolling and confirm food availability was indeed an obstacle, the SGA and its 38 senators decided to distribute a survey in the spring of 2018 to gauge student satisfaction with the college meal plan options.

"We had a huge response," remembers Narduzzi. "Nearly 500 students completed the survey, and the data confirmed what we were hearing around campus."

Two points stood out the most. One, this wasn't just a student-athlete issue. Many students were in need of something "on the go". And two, most students prefer to eat dinner sometime between 7:30 and 9pm.

Food on campus is run by Parkhurst Dining Services. Before the SGA could





A student grabs a quick lunch at Cinco Cantina in the new Frankie's Campus Club, which serves Mexican favorites such as tacos, burritos, and more.



The Student Government Association and Student Activities Organization work throughout the school year to create innovative proposals that will improve the overall student experience.

offer solutions to their problem, they needed to see what options were available and if Parkhurst would be willing to work with them to achieve their goal.

"We met with Parkhurst Director Reggie Esmi, and he and his team were more than willing to hear our concerns and accommodate us. It was refreshing to know that Parkhurst had the students' best interests in mind and was willing to work with us to achieve our goals," said Narduzzi.

TOWN HALL EVENT

Later that spring the SGA gathered the data, drafted a proposal and presented it to the President's Council addressing the issues and presenting the solution of creating a block meal plan and extended dinner hours.

A block meal plan allows students to have a set number of meals per semester rather than a set number per week.

In the fall of 2018, during the SGA town hall, over 300 students gathered in JFK Auditorium to hear first hand from administration if things could change.

A hush fell over the crowd as Father Malachi approached the microphone and confirmed to the student body that not only will dining hours be extended and changes be made to the student meal plan, but a total overhaul of the lower level of the JFK Student Center would begin in 2019.

"The-room-went-BALLISTIC," remembers, Narduzzi. "People were cheering, I was crying, and we felt like we were heard. He showed us, right then and there,

blueprints and ideas of the renovation, and for the first time this idea seemed real. Something that started as a "What if we changed dining..." is leading to a full remodeling of a fabled SFU location that will not only help current students but make Saint Francis University attractive to future students as well."

WHY STOP THERE?

Construction began in April of 2019. The head of the university's physical plant, Dave Williams, drew up blueprints but wanted SGA's input.

"This was very much appreciated," said Narduzzi. "They easily could have given us some good news, changed the menu and simply painted the walls, but no. They wanted to make sure that they were meeting the needs and addressing the solutions. You don't get that at every university. That's one of the many things that makes Saint Francis unique, it's a dialogue. It's people in a room identifying a problem and working together to find a solution."

The SGA's collaboration didn't end with the President's Council and Parkhurst Dining. They then approached the Office of Institutional Research with the Director of Institutional Research and Effectiveness, Kate Deater, to better determine what types of food students wanted.

A survey was taken for what types of food should be served, and the students decided on a Mongolian Grill, Cinco Cantina, and the Deli Station.

"As a swimmer, I take full advantage

of the Frankie's Campus Club," said Narduzzi. "My favorite is Cinco Cantino. I love guacamole, and when they put that dob of guac on, I'm like, "WHOO!"

RENOVATION AND REMEMBRANCE

What's unique about Saint Francis is that each semester the President of the Student Government Association meets with Father Malachi. During one of these meetings they discussed what to call the new area.

"It didn't seem right to change the name completely," said Narduzzi. "Frankie's has a connection to current and former students. Once it was revealed that decades ago it was called the "Campus Club" that helped us firm up our decision."

The latest incarnation would be called: "Frankie's Campus Club," tying the past to the present.

"JFK is where students can come and be themselves," says Narduzzi. "They want to come and hang out. They want to come eat. They want to come work on that group project or check out a cool event that's going on. And I can't help to think those same thoughts tie us to the generations that came before us."

Thanks to University leadership and student government, JFK will remain a place that will forever feel the same, but still be constantly evolving to meet the needs of students who are happy to call Saint Francis home.

► francis.edu/studentexperience

2019 Student Government Association President

Teresa Narduzzi poses in the lower level of the newly-renovated JFK Student Center.
Always serving the student body, the SGA was the driving force behind meal plan reform, and advocates for new campus amenities.



Student Government Association

The visual voice of the student body

The Student Government Association, or SGA, serves as the main branch of government for the University's student body.

SGA members are involved in many discussions to improve life on campus. In addition to these responsibilities, they also fund many of the school's recognized student clubs and organizations and sponsor multiple leadership-development programs on campus each year.

A unique aspect to the student government at Saint Francis is that the SGA has a seat during faculty senate meetings. And, since 2014, the SGA president has weekly meetings with the president of the University to identify which procedures are doing well and which may need to be improved. It's also a great time to present any ideas in this informal setting.

Student Senate

Additionally, the SGA has a system of inter-senate committees that work throughout the school year to create innovative proposals that will improve our campus.

Student Organizations

Many student organizations are funded by the SGA. Therefore, in many cases, the SGA is the reason why organizations have money to spend. Organizations are funded based on the quality and extent of the programs they have sponsored during the year.

Event Hosts

From free desserts to leadership training, the SGA has been focused on providing the best results for the campus community and proves to be beneficial for the students. Some events include:

Leadership Conferences: This event features a keynote address and numerous informational breakout sessions that examine a wide range of issues facing student leaders and skills necessary for a successful career after college.

Donut Heaven: Every semester during finals week the SGA co-sponsors Donut Heaven. For the first three days of finals, faculty and staff serve the student body snacks including donuts, hot dogs, ice cream, coffee, and hot chocolate from 10:00 to 11:30 p.m.

Town Hall Meetings: Every semester the SGA invites administrators, the University President, and all students to openly bring up important matters in an open forum. Students are encouraged to be heard, and the Town Hall meeting is their opportunity to do so.

Major Initiatives: The SGA has broken ground and completed some noteworthy projects. In recent years, they have shepherded the initiatives to renovate the JFK Student Center, the Ice Rink, the Lakeview Snowtubing Park, the basketball court behind Saint Giles Hall, and phone charging stations around campus. All of these projects were championed by the SGA to benefit the student body.

Were you a member of Student Government?

Share your story on the University's Facebook page: @saintfrancisuniversity

New Renovation Breakdown

Early September marked the official re-opening of JFK's lower level. Let's take a tour and see what's new.



CONFERENCE ROOMS

The new space also has a spacious conference room available to any student club. The extended Frankie's Campus Club hours make this room an ideal space to gather.



FRANKIE'S CAMPUS CLUB

The food court includes three new made-to-order food stations. The Mongolian Grill, which serves rice and noodle bowls with meats and veggies; Cinco Cantina, which offers Mexican cuisine; and the Deli Station offering freshly prepared pizza, burgers, sandwiches and other foods.







CAMPUS BOOKSTORE

This latest renovation expanded the Campus Bookstore as well. Students can show off their school spirit with the latest apparel or pick up a gift for a new grad or mom and dad. This is also where to go for those all-important textbooks, paper, and notebooks, plus greeting cards, gift items, and health and beauty products. Also, the University partners with Barnes and Noble College. This allows students access to in-store and online textbook rentals.



DIY ROOM

This spacious area is loaded with paper, poster board, markers, and other crafty items so students can create a class project or make posters to cheer on their fellow student athletes.





ESPORTS ARENA

SFU is the first varsity collegiate esports program in Western Pennsylvania and the only varsity collegiate esports program in the state at a NCAA Division I institution. Competitive video-gaming is one of the fastest growing sports in the world. The new arena features 18 professional-grade gaming PCs including towers, monitors, headsets,

keyboards, and custom leather gaming chairs, as

well as two Nintendo Switches.



In April 2019,

Students gathered to sign their names, share memories, and say goodbye to the old Frankie's eatery.

Later that day, hundreds of alums took the opportunity to share their favorite memories on Facebook.



Alumni Sound-off

"My go-to order was a tuna melt with cheese on a plain bagel."

- Lori Kahler-Brown (1996)

"I have many good memories in that space with good friends."

- Laura Neugebauer (2009)

"Fun memories! I'll always remember the dances and eating pizza bagels."

- Joy Anderson Miller (1996)

"I remember many snacks and fun times at Frankie's. It had just opened as Frankie's my freshman year Fall 1991."

- Mary Kay Quirk Ciziunas (1995)

"Lots of memories eating at Frankie's. So many milkshakes. So many nights late studying in JFK."

- Mark Ferris (2008)

"Oh Frankie's! Such great memories!! I sure do remember a lot of dances before we went to Delta for the rest of the night!"

- Lauren Amendola Bohley (1998)

"There was always music playing. I can still hear 'Hey Jude' and 'Magic Carpet Ride'."

- Mary Kuska Carey (1972)

"Where I first heard of, and ate, Wing Dings—47 years ago."

- Ron Bertovich (1976)

"Back in the '90s we had so many great comedians and singers come through there. Ones who are now big time artists! Frankie's was the best place to get away when I was in school."

- Eric Portenier (1996)

"I still crave Frankie's pizza bagels. Nothing I've eaten even comes close."

- Maria Piro (1998)

"I learned my best dance moves at Frankie's."

- Bobby Mead (2005)

"Frankie's was the answer to everything. Need to study? Frankie's. Hungry? Frankie's!"

- Taylor Cavner (2013)

"Banquet on a Bagel was one of my favs. So many great memories at Frankie's."

– Paula Pitonyak Barry (1988)



Saint Francis University





Engineering Celebrates ABET Accreditation

September 16, 2019

The Engineering Accreditation Commission of ABET, the global accreditor of college and university programs in applied and natural science, computing, engineering, and engineering technology, gave official notice of the accreditation of the University's Petroleum and Natural Gas Engineering program, as well as the re-accreditation of the University's Environmental Engineering program.

Moving Up U.S. News & World Report Rankings

September 11, 2019

SFU made the prestigious cut as one of the "Best Regional Universities" in the North Region, jumping up to #23 out of nearly 200 schools in the 2020 list.

Nursing BSN Ranks #1 in Nation

September 9, 2019

The program tied for #1 out of 931 BSN programs across the country. Factoring into the ranking is the fact that the program has achieved a 100% nurse licensure exam pass rate six years in a row.

SFU #8 "Best Bang for the Buck College" in Northeast

September 5, 2019

Washington Monthly's College Guide and Rankings ranks SFU the #8 Best Bang for the Buck Northeast College and #16 Top 200 Master's Universities.

Bachelor of Social Work Tops PA List

August 27, 2019

SocialWorkDegree.org named SFU a top program based on the salary outcomes of students who have graduated from Saint Francis' BSW program as compared to other universities in Pennsylvania that offer a bachelor's degree in social work and are accredited by the CSWE.

Online AS in Early Childhood Education One of Best in U.S.

July 12, 2019

SFU's Online Associate's in Early Childhood Education program, offered through Francis Worldwide, was ranked one of the best in the country by TheBestSchools.org based on the quality of the program, faculty strength, and reputation including the reputation for providing online degree programs.

Online BS in Health Science One of Best in U.S.

May 31, 2019

SFU's Online Bachelor of Science in Health Studies program has been named one of the best in the country for preparing students for rewarding jobs in the healthcare industry by TheBestSchools.org.

2019-2020 Catholic College of Distinction

Friday May 17, 2019

Colleges of Distinction has recognized SFU for fostering

Catholic values in a setting promoting engaged students, great teaching, vibrant communities, and successful outcomes.

ENACTUS Team Wins National Award for Uwork Program

Tuesday May 14, 2019

The SFU Enactus Team took a 2019 Enactus USA Excellence award for its pilot project which provides a series of hands-on professional development workshops to job-seekers through community partners.

2019 Military Friendly School

January 25, 2019

Saint Francis University has been designated a 2019 Military Friendly® School by VIQTORY.

Top 10 list of Pittsburgh Region Colleges with Highest Grad Incomes

October 19, 2018

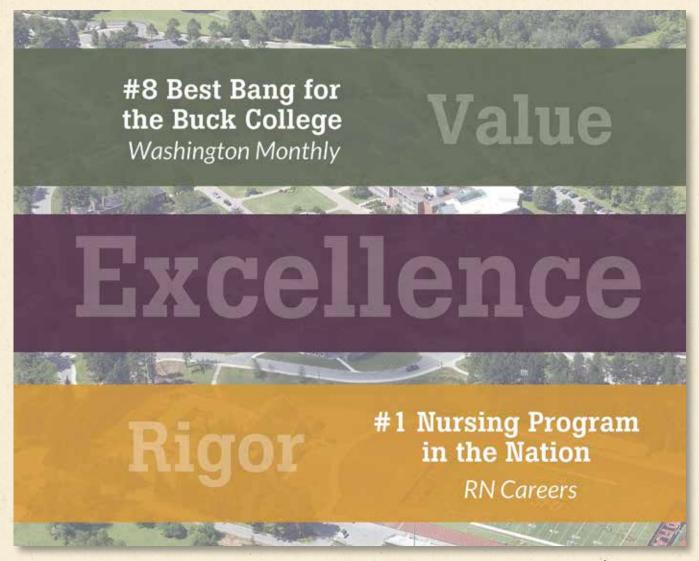
The *Pittsburgh Business Times* ranks SFU #7 for highest paid grads in the region.

Top 20 Percent Nationally for Economic Mobility of Graduates

September 3, 2018

According to a *New York Times* report on economic diversity and student outcomes of colleges and universities across the country, Saint Francis University ranks in the top 20% nationally when it comes to economic mobility of its graduates.

► Explore more: francis.edu/distinctions



The Saint Francis Society

The Saint Francis Society celebrates a community of donors who have pledged to become partners in a shared vision for Saint Francis University. Society members believe in Saint Francis University and its mission so strongly that they commit \$1,000 or more annually to support the University. The Society honors the traditions of the University's past while providing a strong foundation for the University's future. Society members are committed to helping provide the resources necessary to realize the University's vision and mission.

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Presidents' Circle recognizes the contributions and dedicated work of all University presidents. Each University president has left his mark on the character of this great institution. The Presidents' Circle recognizes the University's most generous contributors.

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Annual gifts of \$5,000 - \$9,999

Assisi Circle recognizes the enduring influences of our patron, Saint Francis of Assisi, on the University. Members of the Assisi Circle share in the University's Franciscan ideals and values. Through their annual support, donors in the Assisi Circle help shape the character of the University today and tomorrow.

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Annual gifts of \$2,500 - \$4,999

Founders' Circle recognizes and celebrates the courage and work of the six Franciscan Friars who left family and country to establish a new community of faith and prayer in Loretto. Members of the Founders' Circle embrace the mission and vision of the University and help the University make a significant difference in the world today.

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ATHLETICS

The 2019 fall season was packed with impressive showings from all teams.



FLASHLIGHTS from Fall 2019



- Football senior linebacker Da'Jon Lee finished his career second in SFU history with 21 sacks, and led the team with 93 tackles.
- Men's Soccer hosted the 2019 Northeast Conference Men's Soccer Championships, where they narrowly fell to the Fairleigh Dickinson Knights on penalty kicks. Junior Lucas Rosa was named NEC Offensive Player of the Year and First Team All-NEC.
- Women's Soccer senior Alyssa McGhee was named NEC Offensive Player of the Year and First Team All-NEC.
- Women's Volleyball sophomore Madi Tyus led the team and finished third in the NEC with 326 kills.
- Field Hockey redshirt senior goalkeeper Claudia Marzec ranked second in the NCAA in saves and saves per game.
- Women's Cross Country finished 3rd at the NEC Championships, with senior Laura Roth placing 7th to earn All-League honors.
- Men's Cross Country finished 4th at the NEC Championships, with senior Brenden Miller placing 8th to earn All-League honors.

- Men's Golf sophomore Alex Kiepert shot 65 to tie the Immergrun Golf Club course record on October 6, and freshman Marc-Antoine Hotte won two NEC Player of the Months.
- Women's Golf freshman Sadee LaRose made a holein-one in her first collegiate event, acing a 140-yard par 3 at the Roseann Schwartz Invitational.
- Women's Bowling placed fourth in the Columbia 300 Penguin Classic, with freshman Katie Orisek and senior Hannah Schoeppner named to the All-Tournament Team.
- Men's Tennis junior Sebastian Pinos advanced to the singles B flight championship at the Bucknell Invitational and teamed up with freshman Andrew Teixeira to win the doubles B flight championship.
- Women's Tennis sophomore Romina Cutipa led the Red Flash with a 5-1 record in both singles and doubles in the fall season. Cutipa opened the 2019 campaign with a singles C flight championship at the Bucknell Invitational. Cutipa and senior Lucia Seigford teamed up to win the doubles flight 2 championship at the Saint Joseph's Invitational.





POST-GAME PROGRESS

Athletes use their gifts on and off the field.

Red Flash athletes understand that the essence of "Becoming That Someone" extends far beyond their athletic careers. Two alumni athletes prove that sharing their Franciscan values with others is just what the world needs.

Football alum Maurice Hubbard takes part in mission trip to Africa

Saint Francis football alum Maurice Hubbard '18 had the opportunity to travel to Africa this summer on a mission trip with his church. Over the course of 12 days, Hubbard's view of the world was positively changed and it sparked in him a desire to make an impact with our youth in local communities.

The Galloway, N.J. native traveled with Second Baptist Church in Atlantic City, N.J. to South Africa, Malawi and Botswana. While there, the group completed mission work at schools, churches and villages. They provided different items such as flip flops, soccer balls, basic hygiene necessities, bags and food for those in need.

"This was an experience of a lifetime and something I will never forget," Hubbard said. "This trip inspired me to start a foundation of my own that not only gives back to the local communities, but helps those in need in other countries as well. I really want it to inspire others and have a strong impact on our youth."

Hubbard, who graduated from SFU with a bachelor's in Management in 2018 and a master's in Human Resource Management in 2019, was the 2018-19 recipient of the Fr. Gabriel Zeiz, T.O.R. Student-Athlete Development Leadership Award. He was also a member of the Student-Athlete Mentors (SAMs) Leadership Team. The leadership skills that Hubbard developed at Saint Francis proved helpful working with young people in Africa.

"The best part of the trip was interacting with the students," Hubbard said. "I was able to play soccer with them for a while and

"We tend to take a lot of things for granted here, but being there made me realize how blessed we truly are."

— Maurice Hubbard '18

seeing the joy that brought them was amazing. We tend to take a lot of things for granted here, but being there made me realize how blessed we truly are."

Hubbard hopes that sharing his experiences will encourage others to take on similar challenges and make a difference in the world.

"I am just glad I could have a positive impact on the people of those communities and that is what I want to continue to do throughout my journey," Hubbard said. "I think that's what becoming that someone is all about. Giving back and positively impacting the lives of others are what is most important. This is something I've always taken pride in. Nipsey Hussle once said 'Life is what you make it. I hope you make a movement.' That is exactly what I'm trying to do in Becoming That Someone."

Women's Tennis alum **Steph Miller joins Peace Corps**

Saint Francis women's tennis alum Steph Miller '19 has had a service-minded attitude for much of her life. She developed and cultivated that mindset as a team captain for the Red Flash and now has the opportunity to share her gifts with the world.

Miller, who graduated in the Spring of 2019 with a degree in International Human Rights (pre-law) and Spanish with a minor in International Business, has accepted a role working in youth development with the Peace Corps and will spend the next two years serving in Costa Rica. She will primarily serve families and children, but also public schools, community groups and other youth-oriented organizations. The main responsibilities of her role are to empower youth to make informed decisions about education, health and lifestyles.

"I was honestly more shocked than excited because I didn't really think I would receive the invitation to serve," Miller said. "I had not really prepared myself for an acceptance. Upon accepting the invitation, I definitely became more excited about the challenge ahead and also realized the honor of being awarded such an opportunity."

Miller credits the educational experience at Saint Francis with helping shape her worldview through courses such as Cultural

"For me, Become That Someone

is a theme that really embodies

mission to promote world peace

— Steph Miller '19

everything the Peace Corps

stands for, specifically their

and friendship."

Diversity and International Law. The University's overarching theme of "Become That Someone" resonates with Miller as she applies what she learned in the classroom to the communities that she serves.

"The subject matter forced me to think on an international level about issues confronting our human race," Miller said. "Now, I am getting the opportunity to use that knowledge and perhaps even create new knowledge as I become that someone who

strives to shape a better world for those in it."

Following a long and arduous medical clearance and background check, Miller met her cohort of 36 people, who will be serving in Costa Rica. Of the group, 15 will serve in youth development, while 21 will work with Teaching English as a Foreign Language.

"I will stay with a host family for three months while I complete the mandatory training program," Miller said. "After that time, I will be placed in the community. I will serve for the next two years and will begin my life with my new host family there."

Miller added that the language barrier shouldn't present much of a challenge as she has both classroom knowledge as well as real life Spanish speaking experience.

"Last summer I spent three months in Bogota, Colombia working for a human rights organization," Miller said. "Prior to that, I spent one month in a study-abroad program in Nicaragua. That



coupled with many years of classroom Spanish instruction ensures that I will be able to hold my own in a Spanish-speaking culture."

Many of her teammates on the tennis team at Saint Francis were native Spanish speakers. As a team captain, Miller learned ways to effectively lead others while balancing her own schedule. Those skills should prove helpful as she begins a new journey serving others in Costa Rica.

"Being a team captain at Saint Francis taught me how to deal with adversity and be flexible," Miller said. "I learned how to manage my time, as balancing a practice and travel-intensive athletic schedule with an academic schedule is a skill in itself. I also

> learned how to motivate those around me to work towards the common goal of the group. This entails working with different personalities and attitudes with the goal of creating a consensus."

Saint Francis women's tennis the Peace Corps.

head coach Lisa Swope always spoke highly of the type of person and leader Miller was for the Red Flash. She is confident that the skills that Miller utilized at SFU will transition well to

"I couldn't be prouder as a coach to have a student-athlete take the path that Steph chose," Swope said. "It's not surprising she joined the Peace Corps as she is a natural leader and always had compassion for others, caring so much about how the other players were doing. Steph is a great example of the ideals of this team, the athletic department and our university. There's no doubt she will go far helping others."

Miller summed it all up by describing how similar both the mission of the Peace Corps and the "Become That Someone" theme are and what they mean to her.

"For me, Become That Someone is a theme that really embodies everything the Peace Corps stands for, specifically their mission to promote world peace and friendship," Miller said. "Someone has to be the one to be the boots on the ground, to be the change that is needed in the world. I think my daily work will enable me to be that someone."

FLASHBACKS

1960s

◆ Frank Calandra, Jr. '60 has been named a 2019 inductee into the National Mining Hall of Fame.
Calandra has dedicated over 50 years to the mining industry. In that time he grew Frank Calandra, Inc. (FCI) and Jennmar from a single plant to a world-class enterprise with 25 plants employing



thousands globally. He was also instrumental in upgrading standards within the American Society for Testing and Materials (ASTM) and was an active participant in the National Mining Association, National Coal Council, and Center for Energy and Economic Development.

1970s

• Wendy (Milewski) Brooks '77 retired in May 2019 after 34 years as an elementary school teacher. She and her husband Richmond, married 40 years, are now settled into their new home in North Carolina.



• Mick Kennedy '74, Bob Jara '74, Charlie Iorio '74, and Sam Iapalucci '74 celebrated 45 years of friendship at Sanibel Island.

• Dr. Terry McCreary '77 is now the lead author on Hill's Chemistry for Changing Times, the best-selling liberal-arts chemistry textbook in the world. Dr. McCreary joined the Changing Times team in 2005, working on the 11th and all subsequent editions. He recently retired from 30 years of teaching at Murray State University in Murray, Ky. Dr. McCreary is also the author of *Experimental Composite Propellant*. His affidavits on the properties of propellant were instrumental in the March 2010 ruling by the U.S. Circuit Court that removed ammonium perchlorate composite propellant (APCP) from the BATFE List of Explosives. It is the only time that an item has been removed from that list.

1980s

◆ Gary Kelly '82 has joined Cozen O'Connor within their Pittsburgh office as counsel in the Labor & Employment Department. Kelly comes to Cozen O'Connor after serving as general counsel at General Nutrition Corp (GNC) for nearly 20 years. At GNC, Gary was responsible for developing and implementing the company's legal policies and overseeing all litigation.



◆ Alumni reunited at a tailgate party in Bethlehem, Pa. prior to rooting on the Red Flash in their victory over the Lehigh Mountain Hawks. From left to right: William Monahan '81, Brian Petry '82, Fred Pagliaro '80, Marty Nesbitt '83, Mark Pizzillo '83, John Ryan '82, John Monahan '82.

1990s

◆ Elizabeth Arnstein '94 received the Emily Fogarty Melady Excellence in Teaching Award, given annually to a teacher at Visitation School in Mendota Heights, Minn., where Arnstein has taught since 2001. The award recognizes a teacher who fosters students' academic achievement, growth of the whole



person, and a lifelong passion for learning along with strong leadership and initiative. Arnstein was also recognized for coaching the cross country team, promoting global education, mentoring her peers, and creating a student learning environment that "is differentiated, holistic, creative, and academic."

2000s

 Dr. Heather N. Smith '01 earned a Ph.D. in Administration and Leadership Studies through the Department of Sociology at Indiana University of Pennsylvania.

2010s

- Dr. Macy Rupprecht '12, has graduated from residency at the University of Kansas School of Medicine – Wichita
 Family Medicine Residency Program at Ascension Via Christi Hospitals.
- ◆ Lizeth George '13 received the Theatre Tallahassee award for Favorite Actress in a Character Role in a Musical for her performance as Sister Mary Martin-Of-Tours in the musical Sister Act. This was the first theatrical production George has been in at Theatre Tallahassee, but she is no stranger to the theatre lifestyle; at SFU, she appeared in two STAR Productions (Death Train:



Murder on the Orient Express and Cinderella) under the direction of Kenny Resinski.

Marriages



◆ Matthew Metzger '15 '16 and Kendall (Lackner) Metzger '16 '17 were married on October 20, 2018 in the Immaculate Conception Chapel on campus. They both graduated from the Master of Occupational Therapy program. Matthew is working in home care and Kendall in pediatrics.

How to Submit a Flashback

We love to hear from our alumni! Please share with us information about career changes, promotions, relocations, volunteer work, engagements, marriages, births, and interesting things.

We welcome photos and will publish them as space permits. Digital files are best as long as they are high quality. A larger file size (300dpi or higher) is better than a smaller file size. Photos submitted by mail will not be returned.

Flashbacks can be sent to: sfu-alumni-office@francis.edu OR

Fax: 814-472-3044

OR

Flashbacks

c/o Office of Alumni Relations Saint Francis University

PO Box 600

Loretto, PA 15940

We Want to Expand our Family Tree

Legacy Scholarships

Scholarships of \$4,000 (\$1,000 per year) are available for prospective students with a parent or grandparent who

graduated from Saint Francis. To refer a Legacy prospect, contact the Office of Admissions at **1-866-342-5738**.

Open Houses

Monday, February 17 • Saturday, April 4 RSVP or schedule an individual visit.

francis.ed/visit

As a member of our alumni community, you are part of our family.

We want you to help our family grow.



Deaths

William A. Bauer '59

Robert B. Brown '56

Carl Corsuti '64

Nicholas P. Cumer '16 '19

John L. Deter '50

John Fiore '74

Joseph C. Gaspard '75

Robert E. Gohn '69

Michael Haycisak Sr. '87

Anne (D'Arcangelo) Hyland '62

Rev. Norman Imgrund '60

Marie (Hemberger) Jones '70

David Kelsch '59

Catherine (McCarthy) Kennedy '72

Vincent Kraft '72

Gail (Weaver) LaMott '66

Emmett Lang '70

Earl Lantzy '50

Terry Laughlin '77

Edward W. Layo '51

Brother Stephen Liebal, T.O.R.

Jacqueline (Conrad) Loomis '71

William Losquadro '64

Dennis McCleane '72

Richard McCusker '74

Wayne B. Miller '93

David G. Morris '01

Regis J. Mullaney '65

Robert M. Newham '69

Charles Noel '53

John P. O'Connell '62

George M. Olayos '58

Ryan Painter '99

Jayne (Yingling) Parrish '69

William P. Parrish '49

Robert Penner '95

John "Jack" Pietras '54

Peter Pikus '54

James J. Plowchin '88

Raymond J. Plummer '52

Sister Mary Helen Royack '72

Bernice Rittner '72

John Sariano '76

Ann (Geherin) Scanlan '70

Patricia Schlicht '83

Carol S. Scott '72

Patricia Shandri '56

Joseph Sharkey '86

Ronald Shea '60

Mary Ellen Skop '75

Michael Slebodnick '64

Jane (Schnaubelt) Smithmyer '69

William Snow '59

Donald Thomas '61

Carol (Lint) Urbassik '89

Erin Vaux '04

Bryan Vogel '95

Michael Walker '81

Laura (Frieko) Whitmer '99

Roger Wittaker '68

Ralph A. Wilkinson '51

Thomas Blair Williams '48

Gary Wolfe '70

Brian R. Woods '80

Jefferey J. Wynne '97

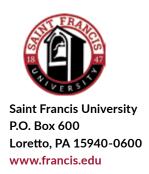
Gary Wyrwas '85

Deacon Bernard W. Yeatts '61

Robert Zanone '74

Richard Zelnosky '59

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President Malachi Van Tassell, T.O.R., Ph.D., invites you to travel with Saint Francis University to Austria, Bratislava, and Munich!

Visit francis.edu/alumni-travel for details.





