Saint Francis

UNIVERSITY MAGAZINE



a letter from the President

Dear Alumni and Friends.

Peace and good! As I write this letter to you, I have just returned from the Association of Franciscan Colleges and Universities (AFCU) biennial symposium. It was energizing to be with colleagues from nearly all twenty-four Franciscan-sponsored institutions to reflect on leadership and vision issues. Our common patron, St. Francis of Assisi, unites us as we "rebuild the Church." As Chair of the AFCU, I had the privilege of addressing the participants.

In my remarks I illustrated how St. Francis of Assisi responded to the Lord's call with a simple faith by highlighting three moments in his life. When the Lord asked Francis to rebuild the Church, he responded to God's call literally, rebuilding San Damiano stone by stone. When St. Francis heard the Gospel message to take nothing for the journey, he responded by saying, "This is what I wish! This is what I seek! This is what I long for with all my heart!" When he embraced the leper, it was a profound expression of love, very simply seeing Christ in the poorest and most marginalized. Brother Masseo, one of the early followers of Francis, asked, "Why after you? I mean, why does all the world seem to be running after you?" Francis replied in all humility, "Because God chooses the foolish to shame the wise and the base to bring to nothing the great."

Today, people still run after St.
Francis of Assisi, drawn to his simplicity of faith and the absolute honesty of his response to God. In my remarks to the AFCU, I reminded the participants that implicit to the mission of our respective schools is our decision to imitate the example of our patron saint. We help our students hear God's call and respond to it, like St. Francis, with honesty and simplicity of faith.

Here at the university that bears his name, the spirit of St. Francis is alive and well. Our new promotional video



"Become That Someone" speaks volumes about who we are. I believe the video (which can be viewed here: www.francis.edu/about-us) is a statement of mission, and not simply a promotional spot. The video articulates our desire that our students become who God wants them to be, and then, like St. Francis, put that call into action. Do check out the video, and help it go viral!

In this issue of the magazine, you will read of new master's degree programs. Our Master in Cancer Care is a unique program bringing together multiple disciplines to care for the whole person. Together with the new Master of Science in Nursing (Leadership/Education track), we continue to send forth graduates who have a Franciscan heart and provide top-notch care for their patients. I am grateful to my faculty colleagues for their efforts in developing and implementing these programs, in accord with the University's strategic plan Francis 2020.

As you read the current issue of the Saint Francis University Magazine, I invite you to enjoy the accomplishments of our students and alumni. Whether it is on the School of Business spring break trip to London, studying abroad in Ambialet, France, or as our students go forth from Commencement, we continue to live the spirit of St. Francis. In the words of our patron, "May the Lord give you peace."

Sincerely,

(Rev.) Malachi Van Tassell, T.O.R., Ph.D. President

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The following person has been designated to handle inquiries regarding the University's non-discrimination policy:

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For further information visit http://www.francis.edu/Nondiscrimination-and-No-Harassmen

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WRITTEN BY | Marie Young, Marketing & Communications

he start of a new fall semester is always a time of renewed energy on campus, and this fall will be no exception with the launch of two new graduate-level programs in the School of Health Sciences: a Master of Cancer Care and a Master of Science in Nursing. "We continue to send forth graduates who have a Franciscan heart and provide top-notch care for their patients," Fr. Malachi Van Tassell said of the educational tradition in the School of Health Sciences. "I am grateful to my faculty colleagues for their efforts in developing and implementing these new programs, in accord with the University's strategic plan *Francis* 2020."

SFU launches first Master of Cancer Care program in the nation

Cancer is a disease that affects millions of people every year. According to the Institute of Medicine (IOM), 1.6 million new cases of cancer are diagnosed each year and nearly 14 million people have survived cancer. It is projected that by 2020, there will be 18 million survivors, and in 15 years (2030), the incidence of cancer is expected to rise to 2.3 million diagnoses per year.

For those diagnosed with cancer, the journey to recovery is a long one, and even after the medical course of treatment is completed, cancer survivors generally have impairments that limit their ability to return to full activities.

Birth of a Master in Cancer Care

Saint Francis University faculty members Dr. Stephen Baker (Psychology), Dr. Stephen LoRusso, (Exercise Physiology/ Physical Therapy), and Dr. Ivan Mulligan (Exercise Physiology/Physical Therapy) are passionate about the need for improved care during this post-treatment period. While each professor approaches healing from his own area of specialization, they see the power in combining forces.

As a result of their interdisciplinary discussions, The School of Health Sciences at Saint Francis University will begin a new Master of Cancer Care (Exercise Physiology Concentration) this fall. As the program grows, the team plans to add more areas of specialization.

Care beyond the medical course of treatment

Inspired by the work of the IOM, the SFU team developed the graduate-level curriculum to educate health care professionals in rehabilitative services related to cancer care. The course work builds upon the University's strengths, and at the same time, supports the IOM's goal of emphasizing care that can help survivors to "regain and improve their physical, psychosocial, and vocational function within the limitation imposed by the disease and its treatment."

According to the IOM, even after the medical course of treatment is completed, many cancer survivors are left with impairments that limit their ability to return to full activities. Examples of these limitations include myelopathy, Danielle MacMurtrie, a newly minted Doctor of Physical Therapy, created an anatomy painting series for the School of Health Sciences in her final years at the University.



Healing Arts

While some youth dream of being doctors or nurses, Danielle MacMurtrie, a 2016 DPT graduate, set her sights on physical therapy. She was first exposed to the field when she was 13 after suffering a back injury caused by years of gymnastics. "I wore a back brace for two years and received frequent PT," she recalled. "It was the first career in which I could picture myself working. Being in the PT gym just felt like home."

Fast forward to the college years and it isn't surprising to learn that Saint Francis University provided a



natural path for her career goals with the accelerated Doctor of Physical Therapy program. What is unexpected is the way the medical study of anatomy has allowed her artistic side to flourish.

The melding of worlds began in earnest early in her time as an undergraduate. Even though she couldn't fit a Fine Arts minor into her schedule, Chuck Olson, Associate Professor of Arts, carved out studio space for her and provided artistic guidance.

Her artistic path continued during her graduate phase with a large scale painting "commissioned" by her PT professor Dr. Stephen LoRusso. The painting series is nearing completion and will be displayed in a location of prominence within the School of Health Sciences.

Learn more about MacMurtrie and the painting project here:

www.francis.edu/Danielle-MacMurtrie-Profile

neuropathy, pain, tendonitis, spinal instability and fractures. Osteoporosis, lymphedema, fatigue, cognitive, cardiopulmonary limitations, and balance dysfunction are also significant limitations experienced by survivors. While these limitations are common in cancer survivors, research has demonstrated that exercise programs, rehabilitation, and counseling have been effective in treating or preventing these impairments. It has been reported that 65% of all cancer patients should undergo these programs, while it is estimated that only 9% actually are enrolled in these types of programs.

"The IOM data coupled with a review of state and local cancer statistics made us look seriously at how Saint Francis University, and our expertise in working with rural populations, could make a difference in the advancement of cancer care at a national level." Dr. LoRusso said about developing the program.

To work through the possibilities, the team attended conferences (American Physical Therapy Association Combined Sections Meetings and one at the National Institute for Health) related to cancer care and had discussions with individuals who are nationally recognized in the treatment of cancer.

What came out of this exploratory period was the proposal for a degree program at Saint Francis that would be the first in the country focusing on the treatment of patients using a multidisciplinary approach.

Center for the Study of Rural Cancer Survivors

The degree program will be supported by the newly established Center for the Study of Rural Cancer Survivors (CRCS). The University is reviewing applications for an Exercise Oncology faculty member to head the Center. The CRCS will follow a three-pillar approach of education, clinical work, and research to address the unique needs of the rural cancer population. In addition to conducting research, the CRCS faculty will work closely with the existing Center for Rehabilitation



Rachel Dieterich (SFUBSN '15), is the first student to be admitted to the new nursing graduate program, MSN (Master of Science in Nursing), Leadership /Education. Rachel is currently a staff nurse on the Labor and Delivery Unit at UPMC Hamot Women's Hospital in Erie, PA. She will continue to work full-time at UPMC Hamot while she completes the online nursing graduate program.

and one-on-one with clients in the DiSepio Institute for Rural Health and Wellness.

About the Master of Cancer Care

For more information, visit www.francis.edu/Master-of-Cancer-Care/ or contact Stephen LoRusso, Ph.D. at slorusso@francis.edu or 814-472-3988.

Creating caring leaders: Master of Science in Nursing (Leadership/Education Track)

Everyone thinks of nursing as a caring profession, and of course it is, yet the same qualities that make nurses great patient advocates can also make them great agents for change in health care settings. The Institute for Medicine (IOM) issued a special report titled "The Future of Nursing: Leading Change, Advancing Health," in 2010 that highlighted the role that nurses will play in improving health care in the United States.

"Although the public is not used to viewing nurses as leaders, and not all nurses begin their careers with thoughts of becoming a leader, all nurses must be leaders in the design, implementation, and evaluation of – as well as advocacy for – the ongoing reforms to the system that will be needed."

-Institute of Medicine, "The Future of Nursing: Leading Change, Advancing Health"

Hospitals are recognizing this new role of "nurse leaders," and as a result, many are seeking leadership skills by requiring nurses to have advanced degrees and sometimes even paying for nurses to earn those degrees.

Nursing as a Teaching Profession

One challenge to the field is producing a large enough number of "nurse leaders" to meet the demand. Many people already realize that there is a nursing shortage in the United States, but what they may not realize is that a shortage in nursing faculty is exacerbating the problem.

According to the American Association of Colleges of Nursing (AACN) report on 2012-2013 Enrollment and Graduations in Baccalaureate and Graduate Programs in Nursing, U.S. nursing schools turned away 79,659 qualified applicants from baccalaureate and graduate nursing programs in 2012 due to an insufficient number of faculty, clinical sites, classroom space, clinical preceptors, and budget constraints. Almost two-thirds of the nursing schools responding to the survey pointed to faculty shortages as a reason for not accepting all qualified applicants into entrylevel baccalaureate programs.

There is widespread agreement in the health care community that greater emphasis and resources must be directed to preparing master's and doctoral-level nurses who can not only function in advanced practice roles, but also serve as faculty in schools of nursing.

Launching an online MSN

Recognizing the national need for nurse leaders, and the desire of some of their own graduates to prepare for leadership roles, faculty in the Nursing Department at Saint Francis University have been exploring ways that the University could begin to provide graduate education in nursing.

As a result of these discussions, the University will welcome its first class of graduate nursing students this fall into the newly launched degree program, a Master of Science in Nursing, Leadership Education (L/E) track.

"The University, our Community of Interest, and our Community Nursing Advisors all agreed for the need for graduate nursing programs. Encouraged by their support, we will start the first class on August 20, 2016," shared

The Capital Campaign for the School of Health Sciences

Renovation & Expansion of Sullivan Hall

In the "real world," health care professionals from different disciplines work together to provide optimal patient care. To fully prepare our future health care professionals, we need to provide clinical space that is as close to reality as possible by allowing disciplines to train together.

Currently, our allied health programs are housed in five different buildings with no central place for interprofessional clinical training. Expanding Sullivan Hall will allow us to create an interdisciplinary clinical simulation laboratory where faculty can teach collaborative teamwork and leadership along with clinical skills in a safe learning environment.

Invest in the Health Sciences

To support this project, visit

www.francis.edu/capital-campaign or contact

Robert Crusciel '86, vice president for advancement

at 814-472-3021 or crusciel@francis.edu.

The University extends a special thank you to Saint Francis alumni Pete and Kathi (Buffoni) Stevenson for their generous gift toward this project.

See page 19.







Dr. Rita Trofino, Nursing Department Chair as well as the Associate Dean, School of Health Sciences. Dr. Trofino, has been working with local hospitals to understand the educational and workforce needs and has established affiliations with several local hospitals in which employees who enroll from these affiliate hospitals can receive a 15% tuition discount.

Although the coursework will be delivered online, a format desired by nursing professionals, two on-site residency experiences, coupled with the high-touch approach of the

Department of Nursing, will make sure that these students have the same educational experience as the generations of undergraduate students who came before them.

For more information on the new MSN program,

visit www.francis.edu/Nursing-Masters or contact
Dr. Camille Wendekier (cwendekier@francis.edu)
or Dr. Rita Trofino (rtrofino@francis.edu).
Saint Francis alumni are eligible for a 15% tuition discount.

On the Road with Dr. Zan

WRITTEN BY | Ray Ponchione .'71, Vice President for Advancement (retired)

Interstate 10 runs nearly straight as an arrow for 113 miles from Tucson to Phoenix. The year was 1986 and I was serving as director of development at Saint Francis College on a road trip with a new colleague,

Dr. Albert Zanzuccki.

We had departed from Tucson nearly an hour earlier on the last leg of a four-day swing through several southwestern states meeting with alumni in Dallas, Houston, Tucson and Phoenix. Dr. Zan wasn't saying much.

From the start of the drive, he had been concentrating on an Arizona roadmap barely noticing the engaging desert scenery. Chiding him for his preoccupation, I suggested he take a minute to check out the views. "Don't you trust my navigation skills?" I asked. Without hesitation and without looking up, he responded, "No, I don't."

What I knew best of Dr. Zan back then was his reputation as a serious man not to be taken lightly. Though, I held him in high regard professionally, I hadn't gotten to know him very well personally. It seemed at the time, that a warm and lasting friendship was not in our future.

Our association had begun a few months earlier after Dr. Zan retired from a significant teaching career at Saint Francis. He had generously offered his services to College President Fr. Christian Oravec, TOR, agreeing that he would work as a volunteer associate with the development program. His role: to encourage business and accounting alumni to contribute to a substantial scholarship endowment for the College's business administration program.

What I knew best of Dr. Zan back then was his reputation as a serious man not to be taken lightly.

Dr. Zan, with his "get it done now attitude" had proposed to reach a goal of \$1 million for the scholarship fund in a rather short period. However, early on we projected that the task, while certainly doable, would take more time than originally thought. Needless to say, he remained resolute. He was prepared for the challenge and tirelessly devoted himself to completing the task.

The southwest trip was one of our earliest fundraising ventures. It ended successfully with a well-attended alumni reception in Phoenix.

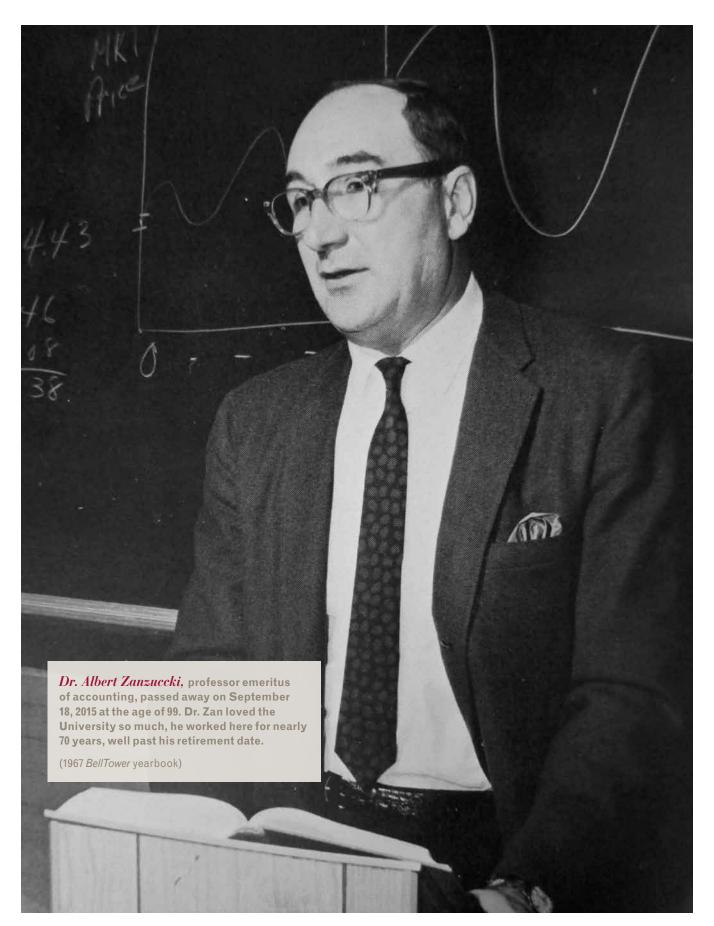
As we drove to the airport for the flight back to Pittsburgh, I rehearsed the route in my mind, knowing full well that my companion would be grading my progress. The drive included some city traffic and a number of lane

changes, but my pre-GPS preparations got us to our destination without reference to a map and without incident. To my relief and lasting pleasure, Dr. Zan's only remark was, "Good driving." In all our travels over the next 25 years, he never again felt the need to consult a highway map.

We got to know each other quite well during the decades that followed the Interstate 10 exchange. The many conversations during our journeys across the country and to New York City, Washington, D.C., Cleveland, Pittsburgh and other alumni locations offered me an opportunity to learn much about the man.

The professional values he taught his students were ones he lived and displayed daily in his life and in his work. That he possessed the singular ability to communicate those values forever influenced the careers and lives of thousands of graduates. I was always struck by Dr. Zan's reaction as one alumnus after another attributed their successes to the fundamentals taught in his classroom. He would merely show a quiet smile and a brief nod.

From alumni and colleagues, I gathered that Dr. Zan maintained a formal and dignified bearing throughout his teaching career. The effect he had on his former students was moving. Those highly accomplished individuals would approach him enthusiastically, but with obvious respect and deference; their body language projecting the muscle



memory imprinted during their undergraduate years in his classroom.

They had not forgotten his inspiring presence and his insistence on diligence and excellence. They remembered him as firm but fair, demanding but ever willing to help them succeed. And, lastingly, they appreciated his innate kindness and his genuine warmth that was open to all.

From a personal perspective, Dr. Zan and I had much in common.

of snow. This winter, as I completed blowing and shoveling snow in my own driveway, I would mention to my wife that Dr. Zan would be proud of my success in upholding his tradition.

I worked hard to be on time for all appointments, but Dr. Zan was in the world class category. He was punctual to a fault. When he was to use his car to travel to a meeting or function, he would be at my home at exactly the time we had set. To this day, I am

the eternal gratitude of staffers, he assumed responsibility for daily mail pickup and sorting – a task he accepted with alacrity.

Dutifully, Dr. Zan would make sure to phone me if he could not make it to the office at his usual early hour. That was an unexpected and unnecessary courtesy, but not unusual for Dr. Zan. With a straight face, I told him I would be forced to install a time clock to keep track of his absences.

He was ever loyal to his College and the Franciscan community. He noticed in 2005 or so that the Franciscan cemetery on campus was not mapped for the convenience of visitors. He took it as his responsibility to identify the location of each grave, to devise a coding system and to periodically provide updates of interments to the University and the Franciscan community. His work was summed up by a Franciscan administrator who observed, "A deceased Friar is not officially deceased until so proclaimed by Dr. Zanzuccki."

Shortly before I retired in 2011, after 40 years on the staff, I mentioned to colleagues that collectively, Dr. Zan and I served the University for more than 105 years. It was certainly favorable for me to have been in his company. My time at the University was over, but as usual Dr. Zan continued on.

His presence will always be felt by the University community, alumni and friends. The business scholarship endowment, which was established primarily through his efforts, and the Dr. Albert Zanzuccki Chair in Business Administration, funded in his honor, will perpetuate his memory.

I am pleased to be able to share a few of the many memories I have of the man, and I remain grateful for his friendship and for the wisdom he generously shared. I will always remember Dr. Zanzuccki as a man of dignity, integrity, and good manners.



Dr. Zanzuccki will be sorely missed at the grand unveiling of the new home for the School of Business this fall, but his memory will forever be immortalized within the newly renovated Schwab Hall.

Please come and help us celebrate the future of the school and remember its illustrious past with a ribbon cutting ceremony, tours, and reception in Schwab Hall.

Schwab Hall Ribbon Cutting Ceremony Friday, September 16, 2016 4:00 p.m.

We followed the dictum that Italian gardeners are judged by the quality of their tomato crops. Each summer we were in competition for the earliest ripening and tastiest tomatoes. He usually prevailed but accepted defeat gracefully when I occasionally presented the first red fruit of the season.

We also took great pride in keeping our driveways snow and ice free despite long and harsh winters in Ebensburg. Dr. Zan was known for maintaining the only asphalt driveway in town that consistently displayed its dark hue despite being surrounded by drifts convinced that he parked a block or so away waiting until he could precisely time his arrivals. I can't offer any proof, but his to-the-second appearances seemed more than coincidental.

Through an illustrious accounting career, Dr. Zan earned a splendid reputation. Additionally, he enjoyed high standing among his peers in higher education and renown among his students. Nevertheless, he retained a common touch. He was the first to arrive at his office in the advancement suite starting coffee for his co-workers each weekday morning. And, with

SCHOOL OF BUSINESS CELEBRATES

10 years in London

WRITTEN BY | Mary (Brown) Angelo '13/'14

ow does studying or working abroad change someone?
For the past 10 years, the Saint Francis
University School of Business trip to London has been fostering students' growth through life experiences abroad.

"Only so much can be learned from a book; there is no substitute for life experience," stated Paul Malloy, a 2004 Economics and Finance alumnus.

Malloy never traveled abroad while he was at Saint Francis University, and the regret he felt gave him the push he needed to take a job abroad.

Working in London, England at Vanguard, Malloy is the Head of Fixed Income. He has oversight over both index and active portfolio management and trading, as well as a credit research team.

Not only does he love his job, and London, but he loves the connection he is able to make to his alma mater. For the first time, twenty students, along with Fr. Malachi Van Tassell, T.O.R., Dr. James Logue, and Dr. Randy Frye, visited Malloy at his office after trading hours closed.

Malloy explained his job responsibilities to the students, expressing his passion for his job, and he offered students advice to help them on their journey to finding their own dream job.

The 10th anniversary trip also included a record-high seven lectures related to international business topics coupled with field trips and educational activities. This year's group took a financial district walking tour with 907



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"I took my first international assignment in Brussels, which consequently was the first time I left the United States. I felt a strange combination of fear, excitement, self-doubt, and sense of adventure. That is the abbreviated list; I could have let those reasons hold me back, and chosen what was familiar. I chose to go. The amount of both personal and professional growth over the years is unparalleled in my life."

- Paul Malloy '04



Paul Malloy, '04 Economics and Finance major now working at Vanguard in England, (center) reunites with Dr. James Logue and Dr. Randy Frye as he shares his work experience with students on the 2016 trip.

a noted local historian and author, Warren Grynberg, visited Windsor Castle, and took an eerie Jack the Ripper walking tour in East London with a noted scholar on the subject, Donald Rumblelow. They also heard a lecture at the Bank of England, toured Lloyds of London, heard two lectures at St. Mary's University by Professors Philip Booth ("Catholic Teaching and the European Union-Origins and Outturn") and Christopher Hull ("United Kingdom in Europe: Case Study on Employment Law and Social Policy") while still fitting in a behind-the-scenes tour of the British Parliament from a former employee of a Member of Parliament.

"London is one of the most diverse cities in the world," explained Malloy. "It is great to see students learning about that diversity in a business context and for it to be so deeply embedded into the program."

Malloy is not the only alumnus sharing a connection to the London trip. Founded by Dr. Frye who was inspired by Philip Kennedy '67, an accounting alumnus and a past Business Advisory Board Member, the trip has allowed 210 students to London.

As the trip continues to grow through funding from the Dr. Albert A. Zanzuccki Endowed Chair in Business Program, Dr. Frye looks forward to seeing new students transformed by the experience for years to come.

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"Studying abroad gave me a new outlook on life and other cultures. It was an amazing learning experience."

- Grace Smith, junior Business and Marketing major, 2016 London trip traveler

"You hear it all the time, but you don't truly realize how connected the world is now until you study abroad. On the way back from Windsor Castle, I talked politics with a Chinese business graduate student studying in Germany, and then our Egyptian bus driver joined in and told us about his last trip to Italy. I've never had an interaction even close to that in America, but I had several such interactions in my one week in London."

- Eric Horell 13', Master of Business Administration student, 2016 London trip traveler

"Studying abroad greatly changed my outlook on the business world, and life in general.

Opening my eyes to this new world made me realize that there are so many different cultures and opportunities that we have in life."

- Taylor Peruso, sophomore Accounting major, 2016 London trip traveler

"This was my first time ever travel-

You don't really get to know or understand a culture until you live in it. Being in a place so different than the United States got me to think in a different way. I realized the world is a bigger place than I imagined. I learned to appreciate everything about their culture, but I gained an appreciation of my own culture as well. Now, I just have a desire to travel to as many countries as possible and experience all of the

– Jacob Spryn, senior Mathematics major (Actuarial Science) and Finance minor, 2016 London trip traveler

cultural differences."



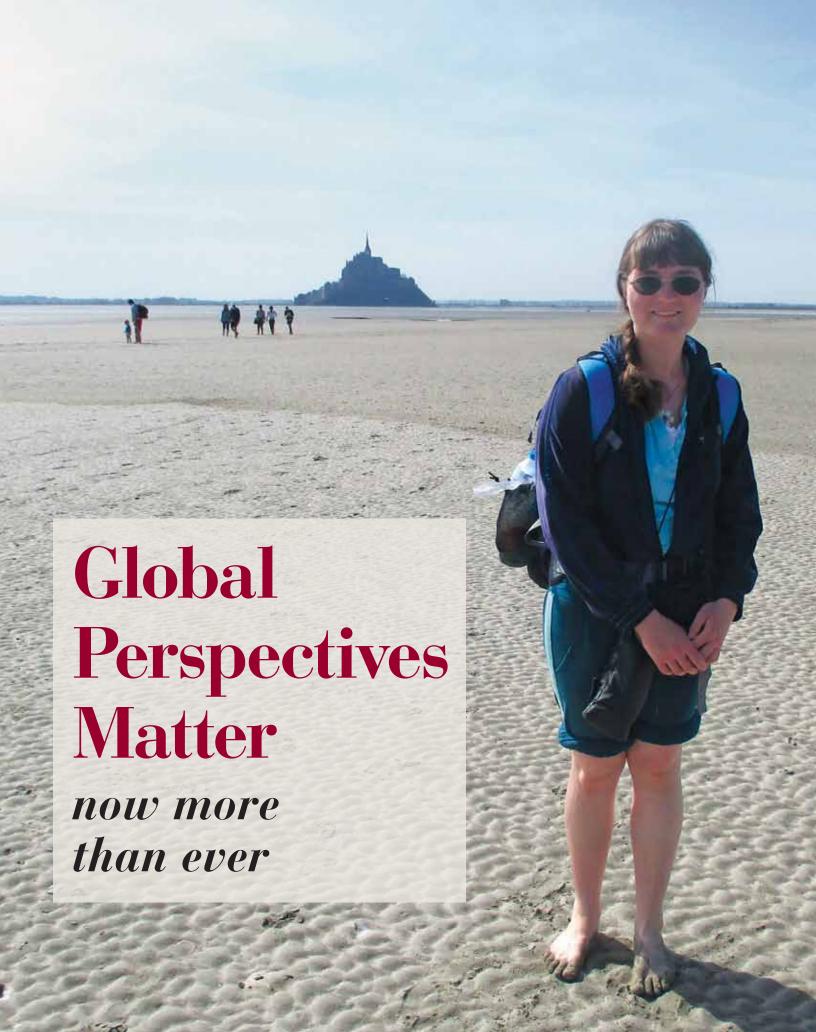




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"Those who choose to study abroad will indubitably be pushed out of their comfort zone, which creates enormous potential for growth."

—Beth Wheeler '13

WRITTEN BY | Rachel (Vasilko) Heckman '13

aving a global perspective is crucial in times like these, and not only because you are better able to read a map," said Alyssa Phillips, a senior occupational therapy and psychology major from Ebensburg, Pa. "It is very easy to be afraid of the unknown and to make fast judgments about people who belong to a culture other than our own."

For the past eight years Saint Francis University students have been making the trek across the Atlantic to Ambialet, a small mountain village in southern France, home to our Semester in France program, to learn and explore. It is safe to say that each of those 300 students have returned with life-changing experiences under their belts, and some have even returned to France to work or attend school. But life-altering adventures are not the only advantages to studying abroad—students also return from their trips with a much greater appreciation for the world and culture beyond our own campus. They gain a global perspective that is crucial in these times when fear is such a knee-jerk reaction.

"Those who choose to study abroad will indubitably be pushed out of their comfort zone, which creates enormous potential for growth. In a world where even the most isolated regions are increasingly connected, it's important for students to have the opportunity to experience a world beyond their own backyard," said Beth Wheeler, a 2013 graduate of Saint Francis. "Study abroad offers students more than the chance to see a new country—tourism can do that. It gives them the chance to become a part of that country, of a community within that country, and, in the process, gives them a deeper understanding of themselves, the world, and their place in it."

Read Beth's whole story and learn more about her experiences overseas by visiting www.francis.edu/alumni-profile-beth-wheeler



Beth Wheeler '13 poses with a work by one of her favorite artists, Murillo, in the Louvre in Paris during her stay in France in 2014.

Career Success in France

Coming to the University as a middle childhood education major, Beth had no intention of studying abroad. Two trips later, she was in love with the world.

Beth's study abroad journey began in Parma, Italy in 2010 when she participated in the Springtime in Italy program with Mr. Charles Olson, Associate Professor of Art. Her love of art and the encouragement of those she admired inspired her to take the chance – one that has altered her life forever.

"Though my experience in Parma was incredible, I still had no intention of going to France until Mr. Olson came up to me in the studio one day and asked me what I would think about doing a semester abroad, explaining that he would be teaching in Ambialet. Since staying behind would have meant losing my art class and my mentor for the semester, I went," Beth said. "Honestly, I haven't a clue what my life would look like today had I not studied abroad. I had never dreamt that I would one day be living overseas, teaching English as a foreign language, and using my second language every day of my life."



Tara Fritz and some of her sorority sisters from Theta Phi Alpha relax on the steps outside the church next to the monastery during their Semester in France in fall of 2014.

Following her Semester in France in 2011, Beth has learned to read and write in French, has planned trips across the Atlantic, and has easily traveled through Europe by herself. In October 2014, she moved back overseas to become an English language assistant through the Teaching Assistantship Program in France (TAPIF), which recruits young people from around the world to spend one or two years teaching their native language in France's public schools. During her time there, Beth lived in the small southwestern town of Auch, population about 22,000, where she taught English classes in three elementary schools, working with children between the ages of five and 11.

"The experience has been, in a word, incredible. In some ways, it's been a lot harder than I thought it would be," Beth said, "[But] I love my job. I love creating new games and activities for the children, interacting with them, and watching them learn. I love the moment that something 'clicks' and their eyes light up—it's beautiful."

Beth spent two academic years in France before returning home this past spring.

Just like Beth, current Saint Francis students Alyssa Phillips and Tara Fritz also credit their passion for culture with semesters abroad. Since their time in Ambialet, both have undertaken a French minor and are planning return trips to the country they love. They say that it was the global experience that shaped them into the people they are today.

"I honestly never thought that a language minor would be one of the most meaningful pieces of my college career, but Marie Olson (lecturer in French) has proved me wrong. Thanks to the seven classes that I have taken with her, I have a huge appreciation for foreign languages, a culture that I had never thought would impact me the way that it has, and individual differences between us all," Alyssa said.

While Alyssa has already spent two semesters in Ambialet,

"Ambialet really became my second home, and the people with me became like family."

—Tara Fritz

once as a student and another serving as the University's resident assistant, she said that she is working toward her next visit to France. She has applied for a clinical fieldwork experience in Albi, a small city located near Saint Francis' site in Ambialet, which would be completed as part of the occupational therapy program at Saint Francis.

Tara, a junior English major from Johnstown, Pa., is also eagerly awaiting her next visit to Ambialet next spring.

"Going to France had been my dream since I took my first French class in the seventh grade, and the actual experience was better than anything I could have dreamed. Ambialet really became my second home, and the people with me became like family," Tara said. "I miss France every day. I feel like I left a part of my heart there, and I want more than anything to go back and do it all over again with fresh eyes."



During her 2013 Semester in France, Alyssa Phillips poses during an afternoon lunch outing Nadine's, a small café located in the village of Ambialet.

Overcoming fear

With the recent terrorist attacks in Paris, Beirut and Brussels students might well be forgiven for thinking twice about studying abroad. However, the threat has done little to deter them from seeking global opportunities, many believing that security risks do not necessarily increase beyond the United States border. In fact, many of these world-travelers believe that study abroad is even more important now than ever before.

"The beautiful thing is that a global perspective teaches you that your first instinct in these situations should be curiosity as a way to understand complicated situations such as the attacks in Paris, Beirut, and Istanbul," Alyssa said. "Curiosity leads to knowledge and knowledge is a better defense than fear, knowledge can change political environments and create understanding in situations like the crisis facing Syrian refugees. Fear, well, it really cannot do any of those things."

As at many other colleges and universities, students at Saint Francis are not letting fear ruin their once-in-a-lifetime opportunity. The Semester in France program still has a waiting list, and other study abroad opportunities, like Spring Break in London and Springtime in Italy, are fuller than ever.

"I think it's important for students to not live in fear, to not hold themselves back from travels or adventures, because fear only restricts us," Tara said. "I think the people of Paris, and France at large, have taught us that life can go on as normal even after an attack on that scale, and I think it's important that students understand that perspective."



Alyssa Phillips and a small group of friends explore the city parks in Paris during their 2013 study abroad experience.

One of our Goals of Franciscan Higher Education is to teach our students to have a global vision – embracing all classes of people and showing respect for all cultures, races and religions. Our study abroad opportunities continue to encourage our students to act as responsible citizens in this world, acting as instruments of peace in the communities we visit.

"To me, developing a global perspective means learning to look at our world with less of an 'us vs. them' mentality, that 'differences are beautiful' begins to become much more than a pretty cliché. A more rational, balanced perspective creates the possibility for more rational and balanced solutions rather than knee-jerk reactions," Beth said. "In today's tumultuous world and political climate, this is incredibly important—and I think study abroad certainly has a role to play in helping create such a perspective."

New: Semester in Siena

The Saint Francis University Office of Study Abroad has announced a new semester-long study abroad opportunity in Siena, Italy. Beginning in the spring of 2017, all students can spend a semester in Tuscany's historic medieval hill town for the same tuition, room and board costs as a semester in Loretto.

"We're excited to add to the rich array of international opportunities for Saint Francis students. Siena is a beautiful city, steeped in history, culture and remarkable architecture," said Tim Perkins, executive director of international education at Saint Francis. "The courses we hope to offer there will add more options for students to fulfill their general education requirements in a remarkable setting, and will allow some students to spend a full academic year abroad."

With the popularity of the Semester in France program, Saint Francis is adding a second location where students can gain a semester-long study abroad experience. The new Semester in Siena program is open to Saint Francis students in any major upon completion of their first semester. Students will stay in student apartments throughout the city, where they will also take classes with other University students. Course offerings include classes in economics, fine arts, religious studies and Italian.

Siena, said to be one of Italy's loveliest medieval cities, is located in central Tuscany. Distinguished by its historical brick buildings, the heart of the city is its central piazza, Il Campo, known worldwide for the famous Palio horse races. The fan-shaped Piazza del Campo is also dominated by the Palazzo Pubblico, the Gothic town hall, and Torre del Mangia, a slender 14th-century tower with sweeping views from the top. The city is known for being the home to the University of Siena and Foreigners University in Siena.

For more information about the Semester in Siena program visit www.francis.edu/semester-in-siena.

Congratulations to the Class of 2016!

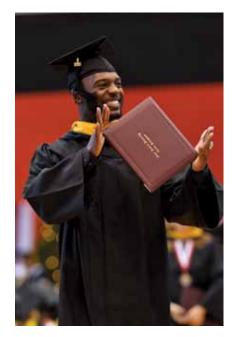
View photos and video from the day: www.francis.edu/Commencement

















Support Bro. Shamus during his 2016 charity bicycle ride...

"Cycling the Atlantic Coast for the Dorothy Day Outreach Center"



The annual charity ride will kick-off from New York City on September 9!

Help Bro. Shamus reach his goal of \$40,000 for the Dorothy Day Outreach Center, and follow him on his 1,500 mile journey down the Atlantic coast from New York to Sarasota.

francis.edu/brother-shamus-charity-ride



#WeRideWithShamus

It's your turn... Host your own "ride" anytime, anywhere

You can join Bro. Shamus on his ride to raise money for the Dorothy Day Outreach Center. Throughout the summer and fall, you're invited to "Ride with Shamus" in your city. Round up your family and friends, and host your own "ride" — anytime, anywhere.

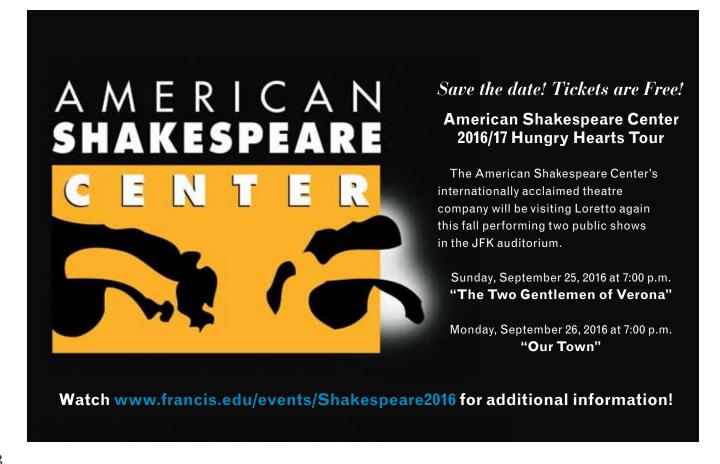
Get creative: Whether you want to bike, run, walk or simply host a picnic, you can bring others together to show your support for his great cause.

Share your pics: No matter what you choose to do, you can show Bro. Shamus that you have his back by posting your photo to Facebook, Twitter or Instagram using the hashtag #WeRideWithShamus.

You might even see your photos on Bro. Shamus' charity ride website. Watch the fun unfold at

www.francis.edu/We-Ride-With-Shamus





ON CAMPUS

our vibrant community

A step toward Sullivan Hall

Alumni contribute \$250,000 in support of expansion and renovation

Thanks to a \$250,000 commitment in support of *The Capital Campaign:* Called to Serve...Fulfilling the Promise, Saint Francis University is stepping closer to a new collaborative space for the School of Health Sciences in Sullivan Hall.

Saint Francis alumni Pete and Kathi (Buffoni) Stevenson of Reston, Va., made the commitment in support of the Sullivan Hall renovation and expansion project. Pete is a 1982 graduate with a Bachelor of Science degree in Business Management. Kathi graduated in 1983 with a Bachelor of Science degree in Accounting. Pete is currently Chairman and CEO of SymmetryTM, a leading enterprise application management and cloud hosting solutions provider. He is also a member of the University's School of Business Advisory Board and has participated in the School's Executive in Residence Program.

"We're thrilled to support the vision which Fr. Malachi has laid out to ensure the continued development and growth of Saint Francis. For us, Saint Francis is a special place where lifelong friendships were born and great memories continue to be created, even to this day. It's exciting to see the University continue its evolution with an eye toward making a meaningful impact in the world," commented the Stevensons.

Originally opened in 1962, Sullivan Hall is slated to become the new home for the University's School of Health Sciences, which comprises more



Let's take the next step:

To learn more about the Sullivan Hall renovation and expansion project, visit www.francis.edu/capital-campaign/ or contact Robert Crusciel '86, Vice President for Advancement, at 814-472-3021 or rcrusciel@francis.edu.

than 40 percent of the Saint Francis University total undergraduate enrollment. The renovated and expanded Sullivan Hall will consist of nearly 45,000 square feet of existing space along with a 23,500 square foot addition to create a new state-of-the-art learning center. In appreciation, the University is pleased to bestow upon the Stevensons the opportunity to name the Physician Assistant Examination Laboratory and the Physical Therapy

Research Laboratory in honor of their families, both of whom attended Saint Francis.

"I am very grateful to Pete and Kathi Stevenson for their generous donation to Saint Francis University's capital campaign for the School of Health Sciences. A transformed Sullivan Hall will provide a state-ofthe-art academic building where our health sciences students can collaborate in their learning endeavors. Their generosity will allow the University to provide enhanced facilities to complement our already-renowned health sciences programs. I thank Pete and Kathi for the faith they place in their alma mater and helping us forward the mission of the University," said Saint Francis President Fr. Malachi Van Tassell, T.O.R., Ph.D.

Continuing to reach higher and go far

Class of 2015 successes featured in First Destination Report

Our students continue to reach higher and go far after graduating from Saint Francis. The Class of 2015 First Destination Report, which is now available, compiles and features the successes of these graduates, portraying how one class is reaching higher and going far.

The report features data collected from the Class of 2015 about their post-graduate outcomes. Job locations, employment and salary outcomes, career snapshots and much more is embedded in this report.

A glimpse of the report's findings

Saint Francis University's overall employment/graduate school rate for the Class of 2015 remains competitive



at 99% employed or attending graduate school within 9 months of graduation (95% employed or attending graduate school within 6 months). This data is related to undergraduate students who

received degrees in the Schools of Arts & Letters, Business, Health Sciences, and Sciences and graduate students who received degrees in the Schools of Arts & Letters, Business, and Health Sciences.

Our graduates secured employment or entered graduate or professional school in the following areas: Health Science, Business, Information Technology, Engineering, Communications, Social Services, Athletics, Education, Science and Research, and other high-demand occupational fields.

See how our graduates are continuing to reach higher and go far after Commencement by reading the full report at

francis.edu/first-destination-report/



Check out our new site...

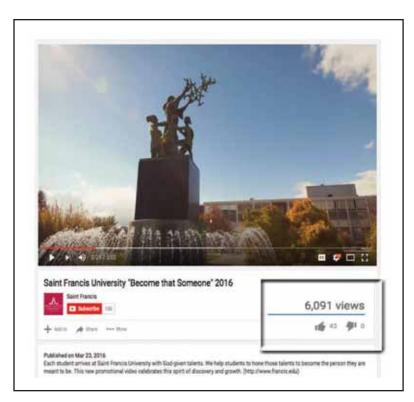
There is so much to explore on Saint Francis University's new website. The newly-designed site first launched this May and has been very well received by both students and alumni alike.

Each page has been updated and revitalized to make searching, sharing and learning even easier. With special navigation bars geared toward individual audiences, such as prospective students, parents, and alumni, visitors are sure to find just what they're looking for quickly and easily.

You can read student success stories, browse alumni profiles, explore new majors, stay up to date on campus news and events, and so much more.

Start exploring at francis.edu.

Visit www.francis.edu/news-and-events for all the latest campus news.



"Become the someone you are meant to be..."

This spring, Saint Francis University released its brand new promotional video based on the theme "Become that Someone." Celebrating the spirit of discovery and growth at Saint Francis, the video has already been viewed over 6,000 times.

Each student arrives on campus with Godgiven talents, and it is our duty to help students to hone those talents to become the person they are meant to be. Throughout the video, Fr. Malachi Van Tassell, T.O.R., University president, discusses how Saint Francis is helping students to build meaningful lives in their chosen fields.

Watch the video and help us share the message by visiting **francis.edu/about-us**.



ATHLETICS

tales of the Red Flash

Director of Athletics Bob Krimmel announces retirement

Krimmel leaves a lasting legacy in finishing his eleventh year as director of athletics in 2015-16

Saint Francis University Director of Athletics Bob Krimmel announced plans to retire this summer after eleven years in the position. Krimmel's tremendous impact on athletics can be both felt and seen in the development of Saint Francis University student-athletes and their success on the field.

To many on campus, Krimmel personifies the brand of Red Flash athletics. According to Dr. Frank Montecalvo, Vice President for Student Development, Krimmel's love and concern for student-athletes is paramount. "His experience, leadership and wisdom has impacted the lives of so many students, and he has mentored many athletic personnel. While his positive impact on athletics may easily be seen in the upgrades to facilities and accolades in Northeast Conference rankings, it is his relentless drive to care for our students that is his signature. From the development of the athletics chaplain program to his high expectation for student-athlete well-being, it is his character and integrity that will be missed most. It is this humility, kindness and integrity that embodies the Franciscan experience evident to all who know him," Montecalvo said.

It is under Krimmel's leadership that the 'Become that Someone' theme has developed into the signature statement for Red Flash athletics. "Our student-athletes view him as a mentor that motivates them to become the best person they can be. This, no doubt, has translated into success for Red Flash athletics," said Montecalvo.

Academically, the strong caliber of student-athletes in the classroom is evident. Saint Francis student-athletes recently completed their 35th straight semester with a cumulative GPA of 3.0 or better in the spring of 2016. Thirteen Saint Francis student-athletes have been named Academic All-America during Krimmel's career, advancing Saint Francis' NEC-record total to 41.



Bob Krimmel, retiring Director of Athletics

Krimmel came to Saint Francis with his national pedigree in university athletics, and athletic success followed suit. The Saint Francis football team just completed its first winning season since joining Division I in the early 1990s. Men's and women's basketball programs have also enjoyed recent success. The men's team hosted its first postseason basketball game since 1991 when

it hosted Bowling Green in the 2015 CIT tournament. The women's team has appeared in five NEC Tournament championship games during Krimmel's tenure, winning twice to advance to the NCAA Tournament. Saint Francis swimming team claimed four consecutive NEC Championships from 2010-13. The women's bowling program, which began play in 2010 in one of the more competitive leagues in the nation, has already won two NEC regular season championships and an NEC Tournament championship in 2014. Krimmel also engineered a move for the Saint Francis field hockey program to the prestigious Atlantic 10 Conference. The team qualified for the Atlantic 10 Tournament in 2014, the team's second year in the conference.

Under Krimmel's watch, athletic facilities around campus have been upgraded to ensure continued athletic success. The DeGol Fieldhouse was completed in the summer of 2009, complete with a weight room and the school's first-ever full-time strength and conditioning coach. The fieldhouse was upgraded in the summer of 2014 to include offices and locker rooms for the football, field hockey and lacrosse programs. In the summer of 2015, three facilities received new turf fields. DeGol Field had its artificial turf replaced while Stokes Soccerplex and Red Flash Softball Field were each given artificial turf fields to replace their original natural grass surfaces.

Those who have been blessed to work with Krimmel will remember him for his calm demeanor, positive attitude and strong character. His impact on student-athletes and University personnel on and off the field is so evident. "The institution will forever reap the benefit of his impact at Saint Francis University," Montecalvo said of Krimmel's tenure.

New Director of Athletics Robinson Fruchtl encouraging excellence

Saint Francis University's incoming Director of Athletics, Susan Robinson Fruchtl, was re-introduced to the Red Flash community during a press conference in April. Robinson Fruchtl had been serving as head women's basketball coach at Providence College in Rhode Island since 2012, but prior to her stint with the Friars, she had coached the Red Flash from 2007-12.

Robinson Fruchtl said it was an easy decision to come back to Saint Francis when given the opportunity and that returning to a special place gave her a sense of purpose and mission as she prepares to lead Saint Francis athletics.

While making the adjustment from coach to Director of Athletics will be a challenge, Robinson Fruchtl views the change as a different type of coaching at a broader



Susan Robinson Fruchtl, incoming Director of Athletics

institutional-level. "I'm going to bring the same things that I tried to use with my teams, minus the running," she joked.

Helping student-athletes reach their highest potential will remain the top goal of Red Flash athletics as leadership transitions from Krimmel to Robinson Fruchtl. "Within the athletics department, it is important to strive for integrity and prepare student-athletes for graduation and post-college life," she shared. "It is important to encourage excellence, while doing it together."

Just as Robinson Fruchtl feels a connection to Saint Francis, she wants Red Flash student-athletes to experience that sense of connection within their teams, as well as with coaches and other athletics staff members. Robinson Fruchtl said it is important for student-athletes and staff members to be great teammates and work together. "It's not only important for student-athletes as they participate within their sports, but, as they enter into their professions, to be able to work together," she said.

Robinson Fruchtl wants Saint Francis athletics to be a "lifetime experience" for its student-athletes, where student-athletes want to come back and stay connected with their



Welcome back: Fr. Malachi Van Tassell extended a warm "welcome back" to incoming Director of Athletics, Susan Robinson Fruchtl, at a press conference in April.

programs and the University.

Thanks to Krimmel's years of dedication, Robinson Fruchtl acknowledged that the challenges she faces as she starts are much different than the ones that Krimmel took on at the beginning of his career here. She will be taking the helm of a well-respected program with many positives already in place. She sees the key to continued success lying in the ability to raise funds to support the athletics facilities and fostering talented staff who can provide the best experience for the Saint Francis student-athletes.

While she will miss coaching, for Robinson Fruchtl this was an opportunity that felt right, and she could not turn down the chance to make an impact in a place she loves.

Career Highlights: During her time at Saint Francis, she guided the Red Flash to three consecutive Northeast Conference Championship Games, captured two conference titles and advanced to the NCAA Tournament in 2010 and 2011.

She garnered Northeast Conference Coach of the Year honors at the completion of the 2011 campaign after leading Saint Francis to a 22-11 overall record and a 14-4 mark in the NEC. That same year, the Red Flash won the NEC regular-season title and the tournament title. The team's 22 victories in 2011 are tied for third-most in program history.

During Robinson Fruchtl's tenure, a member of the Red Flash earned All-NEC honors six times and two others were selected to the NEC All-Rookie Team.

Robinson Fruchtl spent eight seasons as an assistant coach at Penn State University (1993-98, 2004-07). The 1992 Penn State graduate helped guide her alma mater to a 161-83 record (.660) during her eight seasons on the sidelines, including four 20-win seasons.

Visit www.sfuathletics.com for all the latest Red Flash news.

ATHLETICS | tales of the Red Flash





An inspiration: Led through life by her mother's inspiration, Paige Butler continues to carry that inspiration with her as she raises awareness for ending drunk driving after losing her mother in a drunk driving accident.

From Tragedy to Triumph

Soccer player raises awareness in mother's memory

Studies have shown that soccer players can run more than seven miles in a single game, but former women's soccer player Paige Butler topped 70.3 combined miles during her second half Ironman in Florida in April (2016). The race consisted of a 1.2-mile swim, a 56-mile bike ride and a 13.1-mile run. For Paige, the race was not just a way to stay in shape now that her collegiate soccer career is over. Her mission has a higher calling.

Last September, just as the Red Flash's season was heating up, Paige received a call that her mother, Sharon, was killed in a drunk driving accident. She was riding her road bike and was only one mile from home when a 28-year-old drunk driver struck her from behind, killing her instantly.

Paige had plans to complete a full Ironman with her mother upon her graduation with a doctorate in Physical Therapy in 2017. While she won't have the chance to compete with her mother, she is still working to match her mother's feat of completing an Ironman. Sharon had finished three.

The half Ironman Paige completed, in under six hours and sixth in her division, holds a special meaning for Paige. It's the same race she completed with her mother after graduating from high school four years ago.

"I always questioned why she put herself through so much

pain doing the Ironman, and now I know why," Paige said. "She did it to prove nothing is impossible, and the first step is to try. That's how I feel with my views to raise awareness for ending drunk driving. I want to raise awareness and fundraise to support Mothers Against Drunk Driving."

In conjunction with her half Ironman, Paige set up a GoFundMe page to raise money for MADD. In just a few short months, she's already raised more than \$8,000. Through these efforts, Paige is hoping that nobody else has to go through the kind of pain and loss she has gone through.

"It just reminds me every day that God wouldn't have given me this life if he didn't think I was going to be strong enough to live it."

—Paige Butler

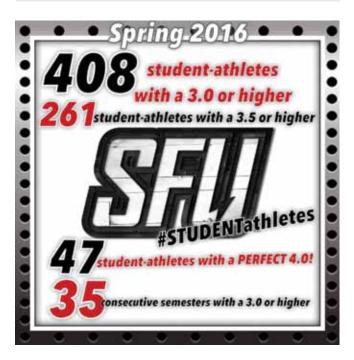
Paige will continue to raise money and awareness while she takes on her next journey: the full Ironman.

"I finally found a purpose. That's why I've become so passionate about it. It just reminds me every day that God wouldn't have given me this life if he didn't think I was going to be strong enough to live it. I'm so thankful for the life my mom's given me."

"(I will) just keep pushing, that's what she did. It's worth every 'tri.'"



Making a difference: The Student-Athlete Advisory Committee (SAAC) made a difference this year in a variety of ways. The proof is in the numbers. See how the numbers stack up in more detail by visiting francis.edu/SAAC-making-a-difference/.



Athletics winning academic streak reaches 35th semester

The Saint Francis University athletic department is excited to announce that for the 35th-straight semester, Red Flash student-athletes had above a 3.0 collective grade-point average.

The department as a whole earned an average 3.348 grade point average, up from 3.284 in the fall semester. Overall,

408 student-athletes earned at least a 3.0 grade-point average while 261 earned at least a 3.5. Both numbers are up slightly from the fall (405 at 3.0 and 235 at 3.5). Forty-seven student-athletes had a perfect 4.0 grade-point average. Softball, women's cross-country, and University bands all had five members with a perfect 4.0 this past semester.

For the fourth time, women's cross-country had the top overall team grade-point average at 3.708. Dance, softball, women's bowling and women's volleyball rounded out the top-five overall team GPAs. Men's tennis earned the top GPA on the men's side.



Photos by Mark Selders, Penn State Athletics

Rewriting history: The Saint Francis University men's volleyball team beat 17-year consecutive conference champions Penn State in the EIVA Semifinals. The team advanced to the EIVA Championship but fell to George Mason University.

Remembering Art Martynuska:

The Arthur and Carmella Martynuska Scholarship

n Fall 2015, a group of football Lalumni and friends of Saint Francis University gathered together at Homecoming to cheer on our Red Flash Football team. At the same time, they also began discussing the idea of honoring Arthur Martynuska, former Saint Francis Athletics Director, Head Football Coach, Assistant Men's Bas-



Arthur Martynuska

ketball Coach and Director of Counseling Services, and moreover, loyal husband, father, colleague, and friend.

After several meetings with University staff and other interested football alumni, a planning committee was in place, and they now had a goal: establish a scholarship in memory of Art's extraordinary leadership that spanned more than 20 years.

Once funded, Art's name will be linked forever with the University's football program, Saint Francis University, football alumni, family, and friends. The Arthur and Carmella Martynuska Scholarship Fund will not only keep alive Art's memory but will also have an impact on SFU football today.

The scholarship endowment will provide one scholarship each year to a deserving senior football player who demonstrates Art's characteristics and goals such as community service, enthusiasm, hard work and dedication to excellence on and off the field, helping others and exceptional character in reaching his goals.

The committee has been actively contacting football alumni who knew and played for Art, alumni who knew "Very early in my freshman year, feeling discouraged after a not so good game, Coach Martynuska pulled me aside and said 'Grodzki (he never called me Kevin), you'll never be the most talented player on the field or the court, but whenever you have a chance make a difference. Don't just take things as they are, but grab the situation and put your stamp on it. Do something to make a difference in the outcome, because there will always be a place for people who make a difference.' I certainly embraced that philosophy with my life and career."

—Kevin Grodzki '77

Art through basketball and athletics in general and University employees who worked with him.

Fred Kasserty' 73, when learning of the scholarship effort in Art and Carmella's name commented, "What a wonderful way to pay tribute and to remember two of the most loving, caring and selfless people who have impacted and influenced the lives of so many. This scholarship fund is a way to continue their legacy. I experienced firsthand the love and kindness of Art and Carmie, and this scholarship fund allows me and others a way to pay it forward."



The Arthur and Carmella Martynuska Scholarship Committee

Arturo Martynuska
Brenda (Martynuska) Guzic '75, '87, '11
Cindy (Martynuska) Casher '93
Stephen Martynuska '79, '92
Sean Donoghue '79
Kevin Grodzki '77
Dave Shedlock '79

We all have so many great memories and stories to share about Art, and we want his story to be heard by future SFU football players. We are counting on your help.

Please support The Arthur and Carmella Martynuska Scholarship today!

Goal: Raise \$50,000 by October 2016 and award our first scholarship in Fall 2017.

Your donation will directly support our student-athletes.

There are several ways to support this initiative:

- 1. Send your gift by mail to Office of Advancement, PO Box 600, Loretto, PA 15940 indicating that it is for The Arthur and Carmella Martynuska Scholarship.
- 2. Make your gift on-line by going to www.francis.edu, click on Alumni & Friends, then click on Make A Gift.
- **3.** Call us at 814-472-3126, and make your donation over the telephone by credit card.



SFU Football Today

Head Coach Chris Villarrial was named 2015 NEC Coach of the Year, and nine members of the Saint Francis football team were named to the All-NEC team. Six players were named to the first team, and three were named to the second team.





ALUMNI

flashbacks

1950s

◆ Fr. Jack O'Malley '59, Western Pennsylvania Labor Chaplin, was recognized with a pewter sculpture at a joint meeting of the Allegheny County Labor Council and the United Way of Allegheny County for his 50 years of service to the Church and Labor Unions. Fr. O'Malley was presented with the A. Philip Randolph Solidarity Award for demonstrating a commitment to building the labor movement and ensuring inclusion of people of color in labor leadership positions. This award was given this past April by the A. Philip Randolph Institute at its annual Institute Awards Reception Program at the August Wilson Center in Pittsburgh.

1960s



◆ A group of alumni gathered in Myrtle Beach, S.C. for their annual golf outing. Pictured are (front row, left to right) **Bob** Waeger '68, Pat Normanly '68, Bob Gagnier '68 and (back row, left to right) Mike Asselta '67, Maria (Valderas) Gagnier '71, Dick Jones'68, Ed Landerkin '68, Tom Gill '67, Paul O'Connell '68, George Corbett '68, Vince Fitzpatrick '68.

Any Saint Francis alumni interested in information on next year's event may email Dick Jones at rjones@rcn.com.

1970s

- ◆ Fr. Jim Himmelsbach '70 has retired for the second time. Recently, Fr. Himmelsbach retired from active pastoring at Annunciation Catholic Church and School in Minneapolis, Minn. where he was involved in active ministry at a number of parishes in the Archdiocese of St. Paul and Minneapolis. Fr. Jim had previously retired from the Army in 2001 as a Roman Catholic Chaplain. He continues to provide spiritual direction and mentoring to new pastors and enjoys skiing and kayaking.
- ◆ Christine Carr '73 was awarded the 2016 Partner in Community Development Award by the Non-Profit Housing Association of Northern California (NPH) at its 20th Annual Leadership Awards event on May 4, 2016. Carr is only the third banker (of 112 awardees) to ever receive this distinction. The award is presented on behalf of industry peers and colleagues in affordable housing and community development in northern California.



◆ Tom Clark '77 saw familiar faces in the front row of his comic character show "C.L.Thomas's Tourists, Teenagers, Technology, and Other Things That Ain't Right" in June. Dr. Kirk Weixel, professor emeritus of English, and Mrs. Mary Jeanne Weixel, retired librarian, enjoyed the show and the impromptu reunion.

Flashbacks in this issue include information submitted to the
Office of Alumni Relations between October 2015 and April 2016.
Connect to the Saint Francis University Alumni Association at www.facebook.com/SaintFrancisAlumni

ALUMNI | flashbacks 1980s



◆ Charlie Kates '81 was inducted into the South Jersey Basketball Hall of Fame during its banquet on Feb. 14, 2016. Fellow Red Flash alumni Joe Schoen '81, John McGough '79, Tony Washington '82, and Steve Rogers '83 attended the event.



♠ Members of the Class of 1982 collectively celebrated each other's birthday during a getaway to New York City. Pictured are (back row, left to right) Judy (Hayes) Shaw, Barb (Hutchinson) Serafin, Vivian (Kelly) Birney, Anamarie Rogers, Jill (Kellett) Cox, Cathy (Cox) Flott and (front row, left - right) Christy Attisanti, Pamela (Modrak) Jardine, Cheryl (Bacon) Culloty, Barb (Brennan) McGough, Noreen (McCue) Kelly, and Janine (Dorian) Mooney.

◆ Custom plastics design and manufacturing company MODRoto, Madison, Ind. (MODRoto.com), has named J.R. Ryan '82 its president and chief operating officer. Ryan is responsible for the overall business results, including strategic direction and growth of the rotational molding company's multiple-business



units. Ryan earned his B.S. degree in business manage-

ment and is a former member of the Board of Directors for the Alumni Association. He and his wife, Donna, reside in Solebury, Pa. with their children, John and Natalie.

The Disciplinary Board of the Supreme Court of Pennsylvania has appointed Pittsburgh attorney John "Jack"
 Goodrich '83 as a board member.
 Goodrich will serve a three-year term.
 Goodrich is actively involved in a multitude of legal organizations on national and regional scales. He currently serves



as a member of the Pennsylvania Bar Association and the Allegheny County Bar Association and holds a position on the Board of Governors for PJA (formerly named Pennsylvania Trial Lawyers Association). Goodrich is a former member of the ACBA Rules Committee, and the Civil Litigation Judiciary Committee, and served as an appointed Hearing Officer for the Disciplinary Board of the Supreme Court of Pennsylvania for six years. He currently serves on the Presidents' Cabinet at Saint Francis University.



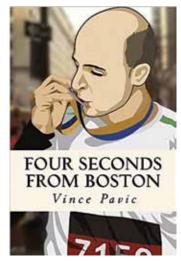
◆ Thirteen women from the classes of '85, '86, and '87 gathered in Saratoga Springs, N.Y. over Halloween weekend where they spent time sharing laughter and reminiscing over their happy days spent at Saint Francis.

1990s

◆ JoEllen Narcavage Gray '90, was recently awarded the Washington Post Agnes Meyer Teaching Award. Gray developed and implemented the LEAD (Learning Engineering And Design) program at Elizabeth Seton High School in Bladensburg, Md. After having successfully taught all levels of high school math to all levels of



learners for more than 15 years, Gray jumped to initiate Elizabeth Seton High School's state-approved STEM program. What began as an honors program for students who wanted to pursue STEM careers has developed into an innovative program for all students.



◆ Vince Pavic '92 '93 (M) published his first book, Four Seconds from Boston, in October. The book details Vince's journey from non-runner to the Boston Marathon. It is available on Kindle in e-format or paperback. Vince is currently the Human Resources Director for the Wicomico County Public School System in Salisbury, Md. He graduated from Saint Francis with degrees in Sociology and Personnel/Industrial Relations.

2000s



- ◆ Kristie Matevish '01 and Mary-Therese Gallagher '07 randomly ran into each other at Giant's Causeway in Ireland!
- ◆ Jennifer Roseman '03, recently had the opportunity to meet former First Lady Rosalynn Carter. Roseman, a Senior Vice President at VetAdvisor® Services in Ebensburg, Pa., is the current president-elect for the National Association for Rural Mental Health (NARMH). The organization presented Carter with the first Victor I.



◆ The SFU Cross Country and Track Alumni won the Reach the Beach Relay for the 4th year in a row on September 19, 2015. Alumni competing on the team were John Balouris '09, J. Ryan Bair '10, Lawrence Quinn '04, Brian Quinn '00, Ben McCulloch '03, Adam Mengel '12, and Kevin Doyle '02.

Howery Award in Atlanta, Ga. in October of 2015. Upon presenting the award, Ros man was given the opportunity to meet with Carter in private.



NARMH is a voice in the U.S. for rural mental health. Roseman has served on the board of NARMH for the last three years and was recently elected president-elect. She is recognized as a subject expert for veteran-centric mental/behavioral health care within rural communities.

◆ Dr. Judith Thomas '05 has been appointed as a Deputed Collaborator by JCD Dr. Luis Fernando Escalante of Rome. In this role, Thomas will gather evidence and submit findings working toward the cause of the Canonization of Fr. Demetrius Gallitzin. Thomas graduated with a Master of Medical

Science degree from Saint Francis in May 2005 and was awarded a Doctorate of Education with a concentration in Counseling Psychology from Argosy University in October 2014.



◆ Sarah Mikula '08 was named the 2016 Rodel Exemplary Teacher. The award honors extraordinary teachers and places them in mentorship roles with high-potential student teachers. Mikula, a teacher at Maurice C. Cash Elementary School in Phoenix, Ariz., has eight years in education, including seven years as a 6-8 grade special education teacher and one year as a first-grade general education teacher.

Births and Adoptions



◆ Melanie Farabaugh '07 and husband Andrew Farabaugh '06 welcomed their son, Landon Henry, born on July 10, 2015. The family resides in York, Pa.



Crystal (Shumgart) Witmer '08 and husband, Shaun Witmer, welcomed their son, Colin, on Oct. 29, 2015.



◆ Virginia (Russo) Conner '09, '10 (M) and husband, Robert, welcomed a baby boy on January 12, 2016. Baby Vince joins older brother, Timmy.



• Robert Kniss '11 and Jessica (Bloom) Kniss '13 announce the birth of their son, Carter Robert Kniss, born Sept. 10, 2015.

Submitting a Flashback

We love to hear from our alumni! Please share with us information about career changes, promotions, relocations, volunteer work, engagements, marriages, births, and interesting things. How to submit a Flashback:

- Email:
- **Fax:** 814-472-3044
- Mail: Flashbacks
 Office of Alumni Relations
 Saint Francis University
 PO Box 600
 Loretto, PA 15940

We welcome photos and will publish them as space permits. Digital files are best as long as they are high quality. A larger file size (300 dpi or higher) is better than a smaller file size. Photos submitted by mail will not be returned.

Alumni Volunteer Program

If you're interested in becoming an alumni volunteer, please contact Eric Horell at ehorell@francis.edu to learn more about how you can recruit the next generation of Red Flash alumni.

As the spring semester closes and we look toward welcoming the new freshman class this fall, the Office of Admissions recognizes all of our alumni volunteers who represented Saint Francis University at college fairs this spring. As always, they represented the Red Flash with pride and enthusiasm. For their time and energy, the University extends heartfelt thanks to:

Beverly Pavlick-Russell '66

Ken Rowinsky '72

Al Scala '72

Jim O'Brien '72

Bob McGrady '75

Ann Clarke '79

Frank Soltis '79

Marriages



◆ Shannon (Kocack) '08 and Chris Behre '09, '11 (M) were married at Saint Francis University on June 6, 2015.



◆ Alexander Sharr '15 (DPT) and Andrea (Hetmansky) Sharr '15 married on August 1, 2015. The couple reside in Southern Maryland. Alexander is currently a 2nd Lieutenant in the Army and employed as a physical therapist at an outpatient clinic. Andrea serves as a third grade teacher at a local Catholic School. The bridal party consisted of several members of the Saint Francis alumni community.

Deaths

Dianne (Mangus) Altemus '65

Gene M. Bearer '80

Charles P. Blair '82

Paul J. Boslett '59

Eugene Clayton Burkey '56

Christopher A. Collier '75

Thomas F. Connors '62

Linda R. (Gridley) D'Esposito '66

Kenneth C. Dalton '58

Jay G. Destribats '56

Kristin M. Elders '97

Robert A. Ford '56

Edward H. Gooderham '57

George Gresko '51

Geraldine "Gerri"

(Karausky) Hall '69

Russell R. Irwin '50

I. Emil Isaacson '70

Joseph R. Kachik '49

Stanley F. Kaczor '43

Joseph T. Kerrigan '51

Eugene C. Kruis '50

Donna (Lancianese) Lajcak '64

Siafa Lavala '09

Alice (McGivney) Mazur '59

Robbie L. McMurtrie '92

Fr. Angelus Migliore

John A. Nagy '68

Fr. Carlo Narpoli

Virginia (Freestone) O'Hara '64

Joseph P. Palian '59

Sister Maryann Palko '92

Gilbert M. Reischmann '63

Debra L. Rentz '94

Mary Ellen (Braha) Stilwell '83

Paul P. Webb '02

William T. Williams '90

Richard M. Yokim '71

WE WANT TO EXPAND **OUR FAMILY TREE**

As a member of our alumni community, you are part of our family.

We want you to help our family grow:

LEGACY SCHOLARSHIPS

Scholarships of \$4,000 (\$1,000 per year) are available for children, step-children and grandchildren of Saint Francis alumni who demonstrate financial need. To refer a Legacy prospect, contact the Office of Admissions at 1-866-342-5738.

FALL 2016 OPEN HOUSES

Saturday, October 22 Saturday, November 12





As a graduate of Saint Francis University, you could receive exclusive savings on auto and home insurance from Liberty Mutual.¹

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by state. To the extent permitted by law, applicants are individually underwritten; not all applicants may qualify.

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Saint Francis University P.O. Box 600 Loretto, PA 15940-0600 www.francis.edu

Mark your calendars:

Cardinal Dolan to visit Saint Francis University March 30, 2017

Saint Francis University is pleased to announce that Timothy Michael Cardinal Dolan, Archbishop of New York, will be visiting the University on March 30, 2017.

While on campus, Cardinal Dolan will celebrate a public Mass at 4 p.m. in the Maurice Stokes Athletic Center and attend a fundraising dinner and awards ceremony in honor of his friends, Lou and Pat DiCerbo of Manhasset, New York. Mr. DiCerbo is a 1959 graduate of Saint Francis, a 1997 Distinguished Alumnus of the University, and a member of the Financial Services Management Hall of Fame.

Additional details will be shared closer to the date of the visit. For more information, contact the Office of Advancement at 814-472-3021.

