

## CURRICULUM VITAE

**Robyn Redline PT, DPT, NCS**  
**1008 Walnut Street**  
**Hollidaysburg, PA 16648**  
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### Education:

<b>Northern Illinois University</b> Dekalb, IL Ph.D. Health Science	2025
<b>Arcadia University</b> Glenside, PA Doctor of Physical Therapy	2008
<b>Penn State University Park</b> State College, PA B.S. Kinesiology	2005

### Licenses:

PA Licensed Physical Therapist/ PT019222  
PA Direct Access Authorization/ DAPT004242

### Certifications:

Board Certified Neurology Clinical Specialist, 2013 & 2024 (re-certified)  
Integrative Behavioral Health Certified Clinician, 2022  
Online Teaching Certification, 2019  
LSVT BIG for LIFE, 2021  
LSVT BIG for Parkinson Disease, 2025  
Certified Yoga Teacher, 2020  
Social and Behavioral Research, 2022  
CPR, 2024  
Mental Health First Aid, 2023

### Employment and Positions Held:

<b>Saint Francis University</b> Loretto, PA Clinical Assistant Professor	August 2011- present
<b>George Ferris NeuroHope Center</b> Altoona, PA PRN Physical Therapist Outpatient physical therapy specializing in neurologic and chronic pain conditions	January 2022- present
<b>Encompass Health (HealthSouth) Rehabilitation</b> Altoona, PA and Satellite locations PRN Physical Therapist	April 2013-October 2021

Inpatient Neurology and Outpatient Orthopedics

**Blair Regional YMCA**

March 2018- March 2020

Hollidaysburg, PA

Fitness Instructor

Running, Cardio-Circuit, and Yoga

**University of Saint Augustine**

August 2017- August 2019

San Marcos, CA and Austin, TX

Online Contributing Faculty

Content in Cardiopulmonary, Neurology, and Motor Control courses

**Home Nursing Agency**

June 2017- July 2018

Altoona, PA

PRN Physical Therapist

Home health, complex medical diagnoses

**Select Rehabilitation**

December 2015- September 2017

Hollidaysburg, PA

PRN Physical Therapist

Transitional and Long-term care

**Hollidaysburg Area YMCA**

October 2010- April 2012

Hollidaysburg, PA

Fitness Instructor

Sports Circuit Training

**Home Nursing Agency**

November 2008- March 2013

Bedford, PA and Altoona, PA

PRN Physical Therapist

Home Health, Complex Medical Diagnoses

**HealthSouth Rehabilitation Hospital**

March 2008- April 2013

Altoona, PA and Bedford, PA

Staff Physical Therapist

Stroke Team Co-coordinator

Inpatient Rehab Neurology and Outpatient Orthopedics and Vestibular

**Current Teaching Responsibilities in the Graduate Level Physical Therapy Program at Saint Francis University:**

Fall Semester:

PT 641: Psychosocial Aspects of Patient Care

PT 610: Pathology and Differential Diagnosis: Neurology

PT 620: PM3- Neurology 1 Lab Instructor

Neurology Wellness Clinic

Spring Semester:

PT 611: Pathology and Differential Diagnosis: Other Systems

PT 623: PM6- Neurology 2 Lab Instructor  
Neurology Wellness Clinic

Summer Semester:

PT 721: PM8- Other Systems Lecture and Lab

### **Peer-Reviewed Publications:**

Redline R, Almonroeder TG. Evaluating the Factor Structure and Construct Validity of the Program Sense of Belonging Questionnaire. *Journal of Physical Therapy Education*. Published online October 18, 2023:10.1097/JTE.0000000000000461. doi:10.1097/JTE.0000000000000461

Cammarata, JL, Kennedy, B, and Redline, R. Interprofessional Neurological Wellness Clinic. Published in ACAPT National Interprofessional Education Consortium Compendium in March 2024. Available digitally at: <https://www.pathlms.com/acapt/courses/64250>

Redline, R PT, DPT, NCS, CYT and Mueller, R PhD, MFT (2023) "Effects of Yoga and High - intensity Exercise on Heart Rate Variability and Stress - A Pilot Study," *International Journal of Exercise Science: Conference Proceedings*: Vol. 9: Iss. 11, Article 28. Available at: <https://digitalcommons.wku.edu/ijesab/vol9/iss11/28> (abstract)

### **Dissertation Publication:**

Redline R. Mental Health and Belongingness of Doctor of Physical Therapy Students: a Mixed Methods Study Centering Black Student Voices. Graduate Research Theses & Dissertations. Published online January 1, 2025. <https://huskiecommons.lib.niu.edu/allgraduate-thesesdissertations/8083>

### **Peer-Reviewed Scientific and Professional Presentations:**

Redline, R. "Mental Health, Belongingness, and Academic Achievement of Black DPT Students" APTA Education Leadership Conference, Kansas City, October 2025. (Platform Presenter)

Redline, R., Cammarata, J., Kennedy, B., Rowles, L. "A Seven-Week Service Learning Experience Improves PT and OT Students' Attitudes Towards Interprofessional Collaboration." APTA Educational Leadership Conference, Oakland, CA, October 2024. (Poster Presentation)

Redline, R., Kennedy, B., Scanlan, S. Cammarata, J., Randall, J., Davis, N. "Well-being and Belongingness in Physical Therapy Students." APTA Educational Leadership Conference, Philadelphia, PA, October 2023. (Poster Presentation)

Redline, R., Bettwy, A., Wirfel, H., Roberts, N., Spinelli, A., Meyers, A., Emery, C., Sanders, H., Cammarata, J., Baker, S. "Does Personality Impact the Effects of Biofeedback on Heart Rate Variability and Stress in College Students?" APTA-PA State Conference, Lancaster, PA, October 2023. (Poster Presentation)

Redline, R., Mueller, R. "Effects of Yoga and High-intensity Exercise on Heart Rate Variability

and Stress: A Pilot Study.” ACSM MARC Conference, Harrisburg, PA, October 2022. (Platform Presentation)

**Non-peer Reviewed Professional Presentations:**

“Motor Learning, Mental Health, and Motivation” May 2023  
West Central District APTA PA Meeting  
Altoona, PA

“Are You Inflammaging?” March 2019  
Blair Regional YMCA  
Hollidaysburg, PA

**Membership in Scientific/Professional Organizations:**

American Physical Therapy Association Member  
Academy of Neurologic Physical Therapy Section member  
Academy of Physical Therapy Education Section member  
Pennsylvania Physical Therapy Association member  
American Council of Academic Physical Therapy  
Nu Rho Psi, National Neuroscience Honor Society Member

**Community Service:**

Guest Lecturer: Penn State University Park, Kinesiology Department 11/2019  
Community Education Sessions: Blair Regional YMCA, Area Women’s Clubs  
Care Clinic Pro-Bono Physical Therapy Saint Francis University  
Neurology Wellness Clinic Saint Francis University  
Balance and Mobility Screenings- George Ferris NeuroHope Center

**University Service:**

Guest Lecturer: Exercise Physiology Yoga Class Spring 2018- Present  
SHSE Simulation Committee 2022- present  
Patient Role for Highschool Stroke Experience 2022, 2023  
Alumni Donor- Proposal for Dementia Care Programming Fall 2022  
SHSE Awards Committee Spring 2022- Present  
Guest Lecturer: PA Yoga Class Fall 2022  
Guest Lecturer: Nursing Yoga Class and Transfers Lab Spring and Fall 2022, 2023, 2024  
Faculty Development Committee Fall 2020- Present (Chair from Fall 2021 to present)  
Yoga Instructor at DiSepio Institute Fall 2021  
Dolly Parton’s Imagination Library program Kick-off Fall 2021  
Middle States Commission of Higher Education, “Kick- start Your Day” Yoga video Fall 2021  
Covid Vaccine Clinics 2021

**Department Service:**

Curriculum Committee  
Student Progress Committee

**Honors and Awards:**

2011 Outstanding Employee Achievement Award, HealthSouth Rehabilitation Hospital

**Grants:**

Faculty Development Grant Summer/ Fall 2021 Project: HRV Research

Faculty Development Grant Spring 2023 Project: HRV Research

**Continuing Education**

- LSVT BIG Renewal Course (2.5hrs) January 12, 2025
- Is It Really Back Pain? A Case-Based Approach to Differential Diagnosis (2hrs) Dec 11, 2024
- The PT as a Primary Care Provider for Patients With Low Back Pain (2hrs) Dec 10, 2024
- Trauma-Informed Assessment and Evaluation of Musculoskeletal Pain (3 hrs) Nov 15, 2024
- Child Abuse Recognition and Reporting in Pennsylvania (3 hrs) Sep 10, 2024
- Ethics for Physical and Occupational Therapy Professionals (3 hrs) Sep 9, 2024
- Limb Loss Symposium (4.5hrs) April 9, 2024
- APTA DEI Certification (10 hrs) November 10, 2023
- Trauma-Informed Care for the Physical Therapist (2 hrs) October 6, 2023
- Breathing is the Foundation: Optimize Breath Control and Movement (2 hrs) October 6, 2023
- Behavioral Health Lab (16.6 hrs) February 6- March 4, 2023
- Combining Motor-Learning Principles with High-Intensity Training to Enhance Locomotion Post-Stroke: Identifying the Skill of Gait-Training (2 hrs) February 24, 2023
- Are They Even Awake? Evidence-Based Management of Disorders of Consciousness After Severe Brain Injury (2 hrs) February 24, 2023
- Mind over Movement: Fear-Avoidance Behaviors Impacting Movement and Participation in People with Parkinson's Disease (2 hrs) February 24, 2023
- The Push-Pull of Implementation and De-Implementation Strategies in Neurologic Rehabilitation (2hrs) February 23, 2023
- Prediction Tools and Clinical Outcomes in Neurologic Rehabilitation: What, When, Where, and How to Measure (2hrs) February 23, 2023
- Advanced Principles of Patient-Client Management: Called to Care (15 hrs) January 9 – February 4, 2023
- Navigating at the Intersection of Chronic Pain and Substance Use Disorders (2 hrs) January 10, 2023

- Foundations of Heart Rate Variability (3hrs) December 12, 2022
- LSVT BIG Renewal Course (2.5hrs) December 8, 2022
- Aging Gracefully: Informed Choices for Health, Wellness, and Well-Being (2hrs) December 6, 2022
- Ethics for Physical and Occupational Therapy Professionals (2hrs) December 6, 2022
- Mindfulness to Cultivate Empathy, Resilience, & Therapeutic Presence (2.5hrs) December 6, 2022
- Child Abuse Recognition and Reporting in Pennsylvania (3hrs) December 5, 2022
- Maladaptive Coping Strategies (6hrs) November 14- December 3, 2022
- Special Topics in Behavioral Health 3: Big Picture Considerations (11hrs) Oct. 24-November 12, 2022
- Therapeutic Neuroscience Education (33 hrs) September 12- October 22, 2022
- Special Topics in Behavioral Health 2: Treatment Paradigms (9 hrs) August 22- September 10, 2022
- Special Topics in Behavioral Health 1: Diagnosis (10hrs) August 1- 20, 2022
- Introduction to Behavioral Health for Rehab Providers (9hrs) July 11-30, 2022
- Exercise and Cancer: Indications, Safety, and Evidence-Based Interventions (1.75 hrs) July 29,2022
- Strategic Mindfulness Training for Stress Management(3hrs) July 12, 2022
- Integrating Mindful Principles and Practices Into Patient Care (2hrs) July 12, 2022
- Mindfulness-Based Cognitive and Emotional Strategies for Pain Treatment (1.75 hrs) June 27,2022
- Fundamental Mindfulness Principles and Practices (2 hrs) June 26,2022
- An Introduction to Mindfulness for Pain Treatment (1.75) June 22, 2022
- A Clinical Application of Easing Pain via Neuroplasticity (2.75) June 20, 2022
- Wound Care Documentation: Assessment and Intervention Mistakes to Avoid (3hrs) June 3,2022
- The Ultimate HandsOn Wound Care Clinical Lab (6.75 hrs) June 2, 2022
- Master the Most Challenging Wounds (6.75 hrs) May 31, 2022
- Virtual Pain Summit (8 hrs) March 3 and 4, 2022
- Neuroplasticity and Motor Learning (1.75 hrs) December 17, 2021

- Academy of Neurologic PT 2021 Annual Conference (5.5hrs) September 8- November 22, 2021
- Movement System Diagnosis (2 hrs) October 4, 2021
- LSVT BIG for LIFE (3 hrs) August 5, 2021
- Teaching People About Pain (4.75 hrs) July 8, 2021
- A Clinical Application of Easing Pain via Neuroplasticity (2.75hrs) July 7, 2021
- Social and Behavioral Research Certification January 7, 2021
- LSVT BIG Renewal Certification (2hrs) December 3, 2020
- Child Abuse: Detection and Reporting for Pennsylvania (3 hrs) October 14, 2020
- Academy of Neurologic Physical Therapy: Core Outcome Measures (5 hrs) August 31, 2020
- Mobilizing Bariatric Patients (6 hrs) June 27, 2020
- The Impact of Diabetes Mellitus in Geriatric Care (2.5 hrs) June 26, 2020
- Pathophysiology and Management of Type 2 Diabetes (1.25 hrs) June 10, 2020
- Motor Learning Strategies: Principles for Application (1.5 hrs) March 4, 2020
- Motor Learning Strategies: Interventions at the Environmental Level (1.25 hrs) March 4, 2020
- Case Studies in Motor Learning Parts A,B,C (2.25 hrs) March 4, 2020
- An Emerging Role for Physical Therapy in Addiction Recovery (1hr) November 12, 2019
- Competency for Imaging Referral: Musculoskeletal Cases (1.5 hrs) October 26, 2019
- Sex Ed After Spinal Cord Injury/ The Experience of Life for Women with Spinal Cord Injury (2hrs) October 26, 2019
- Restoration of Walking After Spinal Cord Injury (2hrs) October 25, 2019
- When the Rubber Meets the Road: Wheelchair Skills in the Real World (2hrs) October 25, 2019
- Sink or Swim? Ethical and Legal Considerations with Productivity (2hrs) October 25, 2019
- Movement System 1- Diagnoses in Neurologic Physical Therapy (1hr) October 11, 2019
- LSVT BIG Certification (12hrs) October 22, 2018
- Respiratory Muscle Physiology (1.5hrs) October 16, 2018

- Cardiovascular Examination: Vascular and Valvular Diseases (3.75hrs) October 9, 2018
- Motor Behavior, Motor Control, and Motor Learning (5hrs) October 1, 2018
- Child Abuse Detection and Reporting for Pennsylvania (3hrs) September 13, 2018
- Ethical and Legal Issues When Treating Vulnerable Older Adults (2hrs) May 7, 2018
- Mindfulness Stress Reduction: Workshop for Healthcare Professionals (6hrs) Sept. 27, 2017
- Inflammation: Causes, Prevention, & Control (3 hrs), November 22, 2016
- Medical Screening for the Physical Therapist (10hrs), October 28-29, 2016
- Inflammation, Chronic Illness & The Brain (6 hrs), September 28, 2016
- Ethics for Rehabilitation Professionals (3 hrs), August 5, 2016
- Child Abuse: Detection and Reporting for Pennsylvania (3 hrs), July 25, 2016
- Medical Screening and Differential Diagnosis- Systems Based Approach (6 hrs), April 29, 2016
- Recognizing and Reporting Child Abuse (3 hrs), March 4, 2015
- Ethical Considerations and Clinical Education (2 hrs), May 21, 2014
- Brain Injury: Stroke, Alzheimer's & Head Trauma (6 hrs), January 9, 2014
- An Algorithmic-Based Treatment Approach to Vestibular Dysfunction (15hrs), May 20, 2012
- 2012 Capital Region Stroke Symposium (6.25 hrs), October 5, 2012
- Teaching Independence: A Therapeutic Approach to Stroke Rehabilitation(15 hrs), July 6, 2011
- Current Management Strategies for Neurodegenerative Disorders (6 hrs), July 8, 2010
- Crisis Prevention and Intervention (8hrs), September 15, 2009
- Introduction to the Neuro-Integrative Functional Rehabilitation and Habilitation Approach in the Treatment and Management of Hemiplegia from Stroke or Brain Injury(14 hrs), March 15, 2009
- Physical Therapist Clinical Performance Instrument for Students (2 hrs), October 16, 2009
- Current Therapeutic Approaches Using Aquatic Therapy (9.25 hrs), May 18, 2008
- Manual therapy and Neuromuscular Stabilization Concepts for the Lumbar Spine and Sacroiliac Joint (15hrs), September 21, 2008

