

2009 DiSepio Institute 5K Fitness Challenge  
St. Francis University - October 31

**MALE 5K**

1st Overall - Pedro Muino, 43, in 18:59

14-19

1. Mike Koehle	22:43
2. Joshua Field	38:13

20-30

1. Nick Deskevich	20:51
2. Christopher Johns	21:21
3. Cory Hegarty	21:56
4. Sean Gdula	22:39
5. John Krimmel	23:16
6. Adam Sciulli	25:06
7. Tyler Mattera	26:28
8. Brett Kudlawiec	26:43
9. Ben Gallagher	27:31
10. Andrew Leydig	27:38
11. Jeremy Falletta	36:03
12. Justin Reed	53:03
13. Matt Allison	53:08
14. Jacob Walsh	54:03

31-40

1. Dustan Burkey	23:28
2. Kent Tonkin	27:18
3. Aaron Patalune	32:09

41-50

1. Bob Anderson	24:47
2. Tom Fritz	25:14
3. Paul Baron	26:22
4. Ken Balough	26:57
5. Raymond Osmolinski	27:24
6. Edward Thomas	27:49

51-60

1. Mike Houck	22:43
2. Joe Vargo	26:11
3. William Epsy	27:46
4. Joe Cicero	33:22
5. Mike Reed	53:10

61+

1. Denny Kelly	24:14
2. Douglas Bradley	32:47

-----**MALE 2**

**MILE WALK**

1ST Overall - Jacob Wyland, 10, in 28:30

2. Matthew Wyland	30:30
3. Lee Wyland	31:10

**FEMALE 2 MILE WALK**

1ST Overall - Starla Snyder, 46, in 25:43

2. Hannah Wentz	25:45	11. Cynthia Hollifield	33:52
3. Tammy Fox	26:00	12. Mary Ann Smith	33:56
3. Erin Koehle	26:57	13. Sally Schmidtd	33:57
4. Sue Koehle	26:58	14. Betty Lou Niebauer	35:08
5. Marie Wyland	28:30	15. Barbara Dumm	36:09
6. Mary Lou Niebauer	29:14	16. Lisa Giaston	35:09
7. Chrysa Wyland	30:00	17. Bett Collett	36:16
8. Laurie Thomas	30:20	18. Pat Fitzgerald	36:17
9. Anna Wyland	31:09		
10. Cindy Casher	33:51		

**Half-Mile Fun Run**

1. Samantha Thomas	4:02
2. Mikayla Fox	4:02
3. Carly Osmolinski	4:04

**FEMALE 5K**

1ST Overall - Victoria Balzarano, 43, in 25:41

13-u

1. Emily Martz 32:48

14-19

1. Irene Boyle 25:52  
2. Jennifer Nicholson 25:55  
3. Megan Hine 26:09  
4. Becky Cresswell 27:36  
5. Courtney Wendekier 28:33  
6. Cassandra Kline 28:34  
7. Rochelle March 30:43  
8. Nicole Boehm 34:21

20-30

1. Michelle Meyer 26:51  
2. Caitlin Epsy 27:26  
3. Ashley Gallagher 27:31  
4. Jessica Sklinar 27:42  
5. Denise Eckert 28:32  
6. Marissa Buterbaugh 28:35  
7. Lindsey Jerin 28:58  
8. Meg Bearer 29:31  
9. Krisitin Garanich 31:52  
10. Justine Roberts 32:06  
11. Brittany Grauberger 33:13  
12. Tawnya Plunkard 37:49  
13. Ashley Opfar 45:40  
14. Megan Kyper 54:45

31-40

1. Melissa Kirsch 28:41  
2. Michelle Cicero 30:44  
3. Madeline Grecek 31:24  
4. Sarah Bradley 32:53  
5. Misty Plunkard 32:58  
6. Lisa March 34:01  
7. Kimberly Stewart 35:22  
8. Mary Bearer 39:15  
9. Kate Remillard 41:31  
10. Julie Hanlon 43:39  
11. Joy Bell 43:36

41-50

1. Kathie Beatty 27:27  
2. Susan Stepp 28:10  
3. Laura Spengler 28:11  
4. Lori Gress 29:42  
5. Maureen Repko 31:28  
6. Kim Nenvikas 31:34  
7. Starla Snyder 32:27  
8. Melanie Mertens 36:09  
9. Joannie Nedwreski 37:27  
10. Jane Maslonik 39:27  
11. Veronica Fleming 39:27  
12. Sandy Walsh 40:17  
13. Janet Long 48:25

51-60

1. Peg Calvert 26:58  
2. Tina Honkus 31:06  
3. Mary Cicero 32:46  
4. Susan Kyper 41:05  
5. Betty Wallace 41:31  
6. Mona Petre 43:51  
7. Tina Illig 48:38  
8. Deb Stock 49:23  
9. Siri Epsy 63:04

61+

1. Donna Frank 39:04  
2. Kathy Johnson 40:21  
3. Mary Ann Boslit 54:44  
4. Sally Henry 58:24  
5. Gretchen Semuskie 65:21  
6. Mary Yohner 65:24