

Student Life

Although the pursuit of knowledge is the primary purpose of higher education, the collegiate experience also involves the development of the whole person—spiritual, social, recreational, and physical.

The extracurricular experiences of the University include formal and informal indoor and outdoor recreation and organized group activities in which students learn to enjoy new and untried fields and develop the skills and competencies that they bring with them.

Informal recreation is enhanced by the natural location of the University with its on-campus outdoor facilities for golf, hiking, and nearby facilities for skiing and hunting. The friendly atmosphere of the John F. Kennedy Student Center, with its lounge, group meeting rooms, student publication offices, auditorium, food court, student offices, and bookstore, affords the University community an environment for educational growth through group discussions and personal dialogue. The Student Health Center is also located in the Student Center.

Personal growth is also enhanced through social and recreational programs staged in the Kennedy Center by various University community organizations. Accessibility to several urban communities with cultural, dramatic, and sports events provides opportunities for occasional visits for more varied professional performances.

STUDENT GOVERNMENT

The greatest contribution to the enrichment of college life comes from the organized activities coordinated and mostly initiated by the students themselves through the Saint Francis University Student Government Association. Assisted in their endeavors by the Student Development Office and the Center for Student Life, the Student Government strives to foster leadership, to enrich the quality of communication among the students, faculty, and administrators, and to serve as a catalyst in the coordination of activities and services of other student clubs and organizations under its auspices. One of the responsibilities of the Student Government is to appropriate and supervise the disposition of student activity funds to the various student organizations. Another major responsibility is the selection of student representatives to meet with the Faculty Senate and its standing committees. These representatives provide direct communication with and participation in the academic affairs and the process of governance of the University with faculty and administration.

A wide variety of activities and programs including films, dances, speakers, music and drama productions take place in the John F. Kennedy Student Center and the Maurice Stokes Athletics Center. Fraternities, sororities, residence halls, clubs, and other organizations also sponsor social and educational programs in cooperation with the Student Activities Program Board. There are more than 60 recognized student clubs and organizations at Saint Francis University.

INTRAMURAL SPORTS

Intramural programs help to develop the total individual—physically, socially, emotionally, morally, and intellectually—by affording all students, especially those not interested in varsity competition, the opportunity to express themselves by engaging in athletic activities.

The objectives in the intramural program are as follows: to help students realize the value of making wise use of their leisure time during recreation periods; to help students improve socially by engaging in activities with other students; to emphasize the value of group loyalty at the sacrifice of self-interest; and to help students understand and appreciate different sports.

An Intramural Director, Coordinators and Supervisors conduct the programs. Intramurals are publicized in the student newspaper, on campus bulletin boards, and through meetings of sports managers. Facilities used for intramurals include the Maurice Stokes Athletics Center, the golf course and athletic fields. Awards are presented to intramural victors. Intramural offerings vary from year to year according to student preferences; the list provided below indicates the range of activities that have been offered to students.

MEN

Basketball
3-on-3 Basketball
Cross Country
Golf
Racquetball
Soccer
Softball
Tennis
Volleyball
Wallyball
Floor Hockey
7-Man Flag Football

WOMEN

Basketball
3-on-3 Basketball
Cross Country
Golf
Racquetball
Soccer
Softball
Tennis
Volleyball
Wallyball

COEDUCATIONAL

Fitness Run (5K, 10K)	Swimming
Golf	Volleyball
Kickball	3 Point Shooting
Soccer	

RECREATION

The relationship between physical fitness and intellectual development, between good health and success in studies, is an accepted educational principle at Saint Francis University. The University also offers a variety of recreational activities that are unstructured and individualistic. Students are encouraged to engage in activities during leisure time which will provide a healthy physical, mental, emotional, and social experience that can be continued throughout a lifetime.

The Maurice Stokes Athletics Center contains many facilities, including two racquetball courts, a swimming pool and a suspended track, as well as a weight room. Outdoor facilities include DeGol Field, several recreational areas and fields, and trails for jogging. In addition, the University maintains a nine-hole golf course where instruction is available from a resident professional.

INTERCOLLEGIATE ATHLETICS

Varsity intercollegiate athletics offer an opportunity for students to participate in competitive sports. The University is a Division I member of the National Collegiate Athletic Association, the Eastern Collegiate Athletic Conference, the Northeast Conference, and the Eastern Intercollegiate Volleyball Association. Cheerleading and Pep Band are also offered. The University supports a comprehensive Division I program for men and women in the following sports.

MEN

Basketball
 Cross Country
 Football
 Golf
 Soccer
 Tennis
 Indoor and Outdoor
 Track and Field
 Volleyball

COACH

Don Friday
 Felix Moreno
 Dave Opfar
 Nick Wheeler
 Michael Casper
 Frank Spaid

 Felix Moreno
 Mike Rumbaugh

WOMEN

Basketball
 Cross Country
 Field Hockey
 Golf
 Lacrosse
 Soccer
 Softball
 Swimming
 Tennis
 Indoor and Outdoor
 Track and Field
 Volleyball

COACH

Susan Robinson Fruchtl
 Felix Moreno
 Elizabeth de Simas
 Chris Cascino
 Stephanie Marcon
 Brenda van Stralen
 Sabrina Lane
 Patrick Gallagher
 Frank Spaid

 Felix Moreno
 TBA

Scholarships are available in all sports.

FRATERNITIES AND SORORITIES

The activities of the five social fraternities and five sororities associated with the University are coordinated by the Interfraternity-Sorority Council which is directly responsible to the Associate Dean for Student Life.

The philosophy governing Greek societies is that they exist to help implement the goals of Saint Francis University relative to developing the whole person spiritually, intellectually, and physically.

Fraternities active on campus include:

- Delta Sigma Phi – Beta Phi chapter (1948)
- Phi Kappa Theta (University recognized 2007) – Pennsylvania Tau Colony
- Psi Upsilon – Sigma Phi Chapter (2005)
- Tau Kappa Epsilon – Delta Phi chapter (re-colonized 2005)
- Alpha Phi Delta – Beta Lambda Chapter (re-colonized 2008)

Sororities active on campus include:

- Delta Phi Epsilon – Alpha Sigma chapter (international) (1990)
- Gamma Sigma Sigma – Gamma Phi chapter (national service) (1972)
- Omega Zeta Nu (local) (2005)
- Phi Delta Kappa (local) (1977)
- Phi Lambda Psi (Local) (re-established 2008)

CLUBS AND ENTERTAINMENT

Athletic, academic, and special interest clubs provide outlets for individual interests and initiative by making it possible for a student to take part in sports and extracurricular activities of various kinds. Membership is optional and allows for casual or full participation in the following: the *Bell Tower* (yearbook), RED Student Radio, Star Productions (drama), *Troubadour — The Voice of Academia* (newspaper), Student Ambassadors, Returning Adult Organization, SFU Singers, Students for Life, Scuba, Multicultural Awareness Society, Habitat for Humanity, Ultimate Frisbee, Dance Club, Honduras Hugs Mission Group, Students Working Against Tobacco, Best Buddies, B.R.I.D.G.E., Peace Club, Ski Club, Environmental Awareness Society, and Musicians Circle. In addition, the four classes (Freshman, Sophomore, Junior, and Senior) elect officers and sponsor activities for members of their class throughout the year.

Through these clubs as well as through the Student Activities Organization and the Center for Student Life, a program of films, topical lectures, concerts, recreational tournaments, travel, musical and other cultural events are scheduled throughout the academic year.

Major departments sponsor academic clubs to broaden students' understanding and appreciation of their disciplines through group activities beyond the scope of the classroom. The following academic clubs are sponsored: Accounting Club, Visual Arts Club, Biology Club, Current Affairs Club, Investment Club, El Circulo Espanol, Historians Roundtable, Education Club, Literary Guild, Math, Engineering and Computer Science Club, Physician Assistant Student Society, Philosophic Club, Pre-Law Club, Criminal Justice Club, Occupational Therapy Organization, Le Cercle Français, Psychology Club, SIFE, Socratic Club, Social Work Club, Student Nurses Organization, Chemistry Club, and Physical Therapy Organization.

Four professional organizations are also active on the campus of Saint Francis University. These groups include: Alpha Psi Omega (drama), Kappa Mu Epsilon (mathematics), Phi Delta Epsilon (journalism) and Sigma Tau Delta (international English honor society).

CAMPUS MINISTRY DEPARTMENT

BUILDING CHRISTIAN LIFE AND COMMUNITY SERVICE

The college years are a time not only for intellectual growth but also a time for development in social awareness and spiritual discovery. Saint Francis University recognizes this important facet of education as a part of its Catholic and Franciscan heritage, and the University continually strives to preserve and build upon the spiritual ideals of the founders.

Staffed by a team of Franciscan friars in collaboration with other members of the University community and local service agencies, Campus Ministry envisions its mission as forming a faith community of worship; assisting the University community in becoming instruments of Christ's peace as exemplified by Saint Francis of Assisi; cooperating with the entire community to educate and activate people toward peace and justice in the world; responding to the spiritual and pastoral needs of the University community, and identifying and promoting the use of each person's unique gifts and talents in the service of society and the Church.

The mission of campus ministry is fulfilled in two ways: through the Campus Ministry Department, centering on worship, spirituality, and pastoral care activities; and through the Dorothy Day Center, centering on social outreach and volunteer service programs. The numerous activities of campus ministry are intended not only for the personal development of the student's religious and spiritual values but also to assist students in taking their place in the world as religious and civic leaders. Campus Ministry also reaches out to faculty and staff.

CAMPUS MINISTRY DEPARTMENT: WORSHIP AND PASTORAL CARE

Students of all faiths are invited and encouraged to participate in the various ministries and activities of the Campus Ministry Department. The liturgical ministries include lectors, special ministers of the Eucharist (these only for Catholics), choir members, sacristans, instrumentalists, greeters, and servers. Other areas of involvement include the planning and execution of retreats, continuing religious education, preparation for the Order of Christian Initiation of Adults, Confirmation, Bible study, and prayer/discussion groups.

Among the social activities sponsored by Campus Ministry have been receptions after religious services and dinner with prayer in the residence halls. In addition, the ministry supports Pro-life projects and the University Secular Franciscan Order.

To encourage spiritual awareness and growth, Campus Ministry invites students to participate in attendance at Mass and other worship services. The campus ministry department has two ecumenical ministers on staff. These ministers conduct Christian services at the ecumenical chapel located in St. Francis Hall. All students are welcome to attend the non-Catholic worship services. The Sacrament of Reconciliation is celebrated twice weekly. Monthly devotions and programs are held according to the liturgical season and religious or civil holidays.

The Campus Ministry team has a pastoral presence in the residence halls, with Student Government and Student Activities, with the Greek organizations, and with the Athletic program. For those students who seek a life more in tune with the ideals of Saint Francis of Assisi, the Saint Bonaventure Fraternity of the Secular Franciscan Order offers an opportunity to become more familiar with the Saint of Assisi and a challenge to live the Gospel by following in his footsteps.

Spiritual development is a necessary part of a well-rounded college life and an essential step in taking our place in the world of Church and society. Members of Campus Ministry strive to encourage and support that growth by offering their minds and hearts, gifts and talents, voices and hands to comfort and support, to lead and guide all students on their unique life journeys.

DOROTHY DAY CENTER: SOCIAL OUTREACH AND VOLUNTEER SERVICE

The Dorothy Day Center is the social outreach arm of Saint Francis University and its campus ministry. The mission of the Center is two-fold. One goal is to educate the University students in issues of social concern and justice and to involve them in volunteer service through an array of programs on campus and in the local communities. The second goal is to offer assistance to the economically, socially, and mentally needy of local communities and institutions.

Assistance is offered in three ways. First, through Financial Assistance. Second, through the Clothing Center and Mini-Food Pantry, the DDC provides clothing at a nominal donation and canned/dry goods, some personal hygiene products, and a voucher for food at a nearby store. Third, assistance is offered through volunteer services which reach out to: small children, through a combination of programs such as Plus-1, a type of big brother/big sister program, SMILE, where children without special needs are brought together for large group games and activities on alternate Saturday mornings, and SFU Reads, which offers tutoring services to children from the local area; to youth; and to senior citizens, especially those in nursing homes or confined to their own homes. Finally, students volunteer service at campus-sponsored Blood Mobile drives and at other times when more help is needed in the volunteer programs.

In these times of reduced budgets and lessening government funding, volunteerism is becoming increasingly important to assist the poor and needy. Saint Francis University tries to help students take seriously their responsibility for service to society. The DDC is but one major expression of Saint Francis University students' education and preparation for entrance into the world of Church and society.

SELF-FULFILLMENT

VOICES OF SAINT FRANCIS

The voice of the students is best expressed by four student organizations: Troubadour — The Voice of Academia, a bi-weekly newspaper; the Bell Tower, the University yearbook; RED Radio, Saint Francis University's 90.7 FM radio station; and SFU-TV Channel. Each is produced by students with the guidance of the Center for Student Life and a faculty/staff advisor.

HONORS

Honoring outstanding scholastic achievement has been a tradition at Saint Francis University. Recognition for high academic attainment is given by the University through membership in the Saint Francis University Honor Society, publication of the semester Dean's List, recognition at the annual academic awards convocation, departmental honors received at graduation, and awarding of degrees at graduation. Qualified students are also admitted to national scholastic honor societies, including several belonging to the Association of University Honor Societies (ACHS):

ALPHA DELTA MU: An honor society for students in social work, it recognizes upperclass students for academic excellence in their general and major field of studies.

ALPHA KAPPA DELTA: An honor society for students in sociology, it recognizes upperclass students for academic excellence in their general and major field of studies. Member of ACHS.

BETA BETA BETA: Recognizes upperclass students in the life sciences for outstanding academic achievement in their major field. The society strongly encourages and supports undergraduate research.

DELTA EPSILON SIGMA: Its purpose is to honor graduates of Catholic colleges throughout the country for their eminent scholastic achievements. Member of ACHS.

KAPPA MU EPSILON: An honor society for students in mathematics, it recognizes students for academic excellence in their general studies as well. Member of ACHS.

PHI ALPHA THETA: An honor society in history. Member of ACHS.

PHI SIGMA IOTA: Recognizes students for academic excellence in foreign languages, literatures, and cultures. Member of ACHS.

PI SIGMA ALPHA: An honor society in political science.

PI THETA EPSILON: To recognize and encourage scholastic excellence in occupational therapy students.

SIGMA BETA DELTA: An honor society established for students in business, it recognizes upperclass students for outstanding academic achievements in their general and major field of study.

SIGMA TAU DELTA: A national English honor society.

THETA ALPHA KAPPA: A national honor society in theology/religious studies, its purpose is to honor students in their general and major fields for both academic excellence and service to the community. Member of ACHS.

ZETA CHI: A national nursing honor society.

COUNSELING CENTER

The Counseling Center, located in Saint Francis Hall, provides confidential therapeutic services to the University community, including individual, marital, and group counseling. Counseling is provided by licensed professional counselors. Students in need of services are encouraged to call for an appointment during regular office hours. The Center is staffed one evening per week, and weekend appointments are available upon request. Walk-in appointments are available depending on staff availability.

The Counseling Center offers consultation and crisis intervention services on a 24-hour basis. Resident students who desire to speak with a counselor after regular hours should contact the Resident Assistant on duty; commuter students should contact the Office of Safety and Security.

Programming on relevant psychosocial and developmental issues is provided and sponsored by the Center throughout the year. Topics include stress management and relaxation training, sexuality, eating disorders, dating, substance abuse and family issues. The Center staff can also assist students with information about local community resources.

Resource information on mental health issues, chemical dependency and health and wellness is available at the Center and is provided to students upon request.

Resident students who desire to speak with a counselor after regular hours should contact the Resident Assistant on duty, commuter students should contact the Office of Safety and Security.

NEW STUDENT ORIENTATION

The Saint Francis University New Student Orientation Program helps students to learn about all aspects of the University and the environment in which the University community members live. This learning begins with the original mailings to accepted students and through meetings with University personnel, and continues throughout the students' experiences on the campus.

During the first days at Saint Francis, all new students participate in a program which introduces them to the various offerings and activities of the University. New Student Orientation provides incoming students with opportunities for social interaction, an orientation to the University community and student services, interactive group discussions, chances to become involved in extra/co-curricular programs and leadership/skills development programs. This orientation addresses the concerns of resident, transfer, commuter, and non-traditional students.

OFFICE OF CAREER SERVICES

Monday - Friday 8:30 am - 4:00 pm; Evening hours by appointment

The Office of Career Services, located in Scotus Hall, is designed to provide a wide range of services to assist students and alumni with job searching and career planning. The office strives to teach each student to explore and set career goals and to continue on the correct path in searching for a job. Assistance with securing full-time employment which is related to the candidate's interests and goals is a major function of the office. The office also seeks alternative and creative methods of job search assistance by collaborating with various groups both on and off campus.

To launch students into their lifelong career planning, the Office of Career Services offers the following:

1. Job search assistance;
2. Job search training;
3. Graduate/professional school assistance;
4. Career and educational testing and advising, including career counseling.

JOB SEARCH ASSISTANCE

Utilizing several services, students can receive assistance finding full-time employment, part-time employment or summer jobs. Specifically, students can take advantage of the following services:

1. On-campus interviews with employers conducting one-on-one interviews;
2. On and off campus job/career fairs, which allow students to explore career and job opportunities;
3. Free resume referral service connecting students with employers;
4. An up-to-date Career Resource Library, which students can use for career research;
5. Evening hours for students not able to meet with staff members during regular office hours.
6. Web-based job posting and career information sites:
www.francis.edu/career and www.collegecentral.com/stfrancis
7. Job search guides and other key resources.

JOB SEARCH TRAINING

Through individual appointments and group seminars, the Career Services staff trains students in all the skills (resumes, interviewing strategies, etc) needed to secure summer jobs, part-time employment, internships, or permanent professional positions. The majority of Career Services' job search training workshops are integrated into the academic curriculum, delivered as part of junior and senior level seminar courses. This enables staff to adjust the content of training seminars to meet the specific needs of different majors.

GRADUATE/PROFESSIONAL SCHOOL ASSISTANCE

For those students and alumni who choose to further their education, Career Services offers many sources of assistance, such as *The Peterson's Guides to Graduate Study*, testing resources and seminars and publications on the graduate school application process and experience.

The Office of Career Services has an ongoing goal that guides its operation: to help individuals discover where they are currently in their career development, to provide them with skills and resources to move forward in their development, and to empower them with strategies for lifelong career planning.

CAREER AND EDUCATIONAL TESTING AND ADVISING

Aimed mostly at freshmen and sophomore students, career and educational advising provides both individual and group assistance to students who are trying to choose a major, change a major, and/or establish a career direction. Through interest inventories and personality assessments, students are able to start or further explore their career goals and objectives.

Finally, the Office of Career Services consistently looks for new ways to improve services offered to Saint Francis University students. This is accomplished through developing student learning based-goals, evaluating services, keeping current on emerging technologies, improving career advising methods, and remaining up-to-date in the ever-changing demographics of college students, job markets, and careers.

HEALTH CENTER

Monday - Friday 8:30 am - 4:00 pm. Wednesdays until 7:30 pm.

The Saint Francis Health Center is located in the JFK Student Center. The Health Center is open on a daily basis during normal office hours and on Wednesday evenings until 8:00 pm. The office is closed for lunch from noon to 12:30 pm. The Center is staffed by a team of health professionals that include a physician, physician assistant and nurses.

All students must submit a completed health form (provided to students upon acceptance to the University) before treatment may be received. Furthermore, all students are required to carry their own health and accident insurance.

Services. Services available to students include general medical consultations, allergy injections and immunizations, disease prevention and education, and other immunizations. Referral to community resources will be made for students on an as needed basis.

After-Hours Medical Emergencies. If a student becomes ill during the evening or weekend hours, he/she should contact their resident assistant for further assistance. If a resident assistant is unavailable, the student should contact Campus Security by dialing extension 3360.

An annual subscription to the Cresson Ambulance Service is strongly advised.

THE INTERCEPT PROGRAM

The University recognizes that alcohol and drug abuse is a serious issue and one that affects the social, emotional and educational development of many college students across the nation. The SFU Intercept Program is a comprehensive, institution-wide drug prevention program that attempts to address this issue with an aggressive, proactive and collaborative effort. Intercept involves education, prevention, treatment and alternative activities. Intercept involves and is supported by students, faculty and staff.

The Intercept Program is located in the Counseling Center in Saint Francis Hall. Certified Alcohol Counselors (CAC) are available for consultation and counseling. Students who have personal concerns with substance abuse or addiction are encouraged to contact the Intercept office for an appointment. All clinical services will be confidential.

With the aid of videos and discussion groups, counselors are available to conduct educational programs which promote knowledge and awareness of alcohol and drug issues. Students are encouraged to question, challenge, challenge, reflect and/or share insights. The Intercept staff can also provide a link for students, staff and faculty to community drug education experts. Students interested in hosting a program in a residence hall, Greek house, or classroom are urged to contact the Intercept Program.

For students pursuing research projects on drug and alcohol issues, the Intercept Program maintains a library of resource materials including books, pamphlets and videos.